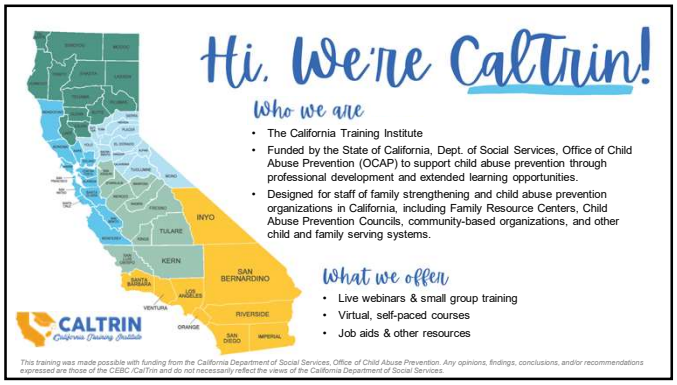

CALTRIN
California Training Institute
Welcome to
FRCNCA Support for Families of Children with Disabilities
THE TRAINING WILL BEGIN SHORTLY! WHILE YOU'RE WAITING...
Icebreaker Question
(answer in the chat)
What was the first concert you ever went to?
Survey & Certificate of Completion
Available following the training.
Connect With Us!
VISIT CALTRIN.ORG & SCAN TO LEARN MORE

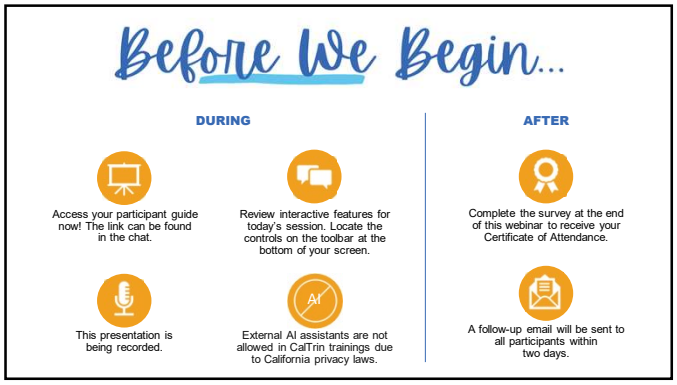
1


Hi, We're Caltrin!
Who we are
The California Training Institute
Funded by the State of California, Dept. of Social Services, Office of Child Abuse Prevention (OCAP) to support child abuse prevention through professional development and extended learning opportunities.
Designed for staff of family strengthening and child abuse prevention organizations in California, including Family Resource Centers, Child Abuse Prevention Councils, community-based organizations, and other child and family serving systems.
What we offer
Live webinars & small group training
Virtual, self-paced courses
Job aids & other resources
INYO
TULARE
KERN
SAN BERNARDINO
RIVERSIDE
VENTURA
ORANGE
SAN DIEGO
IMPERIAL
CALTRIN
California Training Institute
This training was made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention. Any opinions, findings, conclusions, and/or recommendations expressed are those of the CEBC /CalTrin and do not necessarily reflect the views of the California Department of Social Services.

2


UPCOMING TRAININGS
mark your calendars!
Visit caltrin.org to view and register for upcoming webinars or workshops
March 12: Implicit Bias
March 17: Protective Factor of the Month: Social Connections
March 20: Research & Practice Innovations in Healing Interpersonal & Racial Trauma for Black Youth & Families
March 24: Nurturing Parent & Child Development
April 9: Child Labor Trafficking & Intersections with CSE

3


Before We Begin...
DURING
AFTER
Access your participant guide now! The link can be found in the chat.
Review interactive features for today's session. Locate the controls on the toolbar at the bottom of your screen.
Complete the survey at the end of this webinar to receive your Certificate of Attendance.
This presentation is being recorded.
External AI assistants are not allowed in CalTrin trainings due to California privacy laws.
A follow-up email will be sent to all participants within two days.

4


CALTRIN
California Training Institute
FRCNCA Support for Families of Children with Disabilities
Presented by Yvette Baptist, PhD, Robert Rochin, & Dulce Flores

5


CALTRIN
California Training Institute
Speaker SPOTLIGHT
Yvette Baptiste, PhD
Interim Executive Director of FRCNA
Executive Director of the ELAFRC
Robert Rochin
Family Resource Centers Network of California
Education and Training Division Manager
Dulce Flores
Associate Program Manager
Eastern Los Angeles Family Resource Center
Rady Children's Health is not responsible for the creation of content and any views expressed in its materials and programming.

6

FAMILY RESOURCE CENTERS NETWORK OF CALIFORNIA

FRCNCA
Supporting Families of Children with Disabilities

A Program of Heluna Health aka PHFE, Inc.

Funded by DDS Department of Developmental Services

7



Yvette O. Baptiste, Ph.D.
Family Resource Centers Network of CA
Interim Executive Director



Robert Rochin
Family Resource Centers Network of CA
Education and Training Division Manager



Dulce Flores
Associate Program Manager
Eastern Los Angeles Family Resource Center

Presenters

8



Learning Objectives

Describe	• Describe the role of Family Resource Centers (FRCs) in supporting families of children with disabilities and the importance of lived experience.
Recognize	• Recognize why families of children with disabilities may face increased stress and how this can create higher risks without appropriate support.
Identify	• Identify pathways of support across systems and where FRCs can help bridge gaps.
Locate	• Locate the nearest FRC and understand how to make appropriate referrals.

9

A little bit of history...



Late 1800s Settlement houses were created in major metropolitan areas to assist immigrants with support, job training, English classes as a means to assist them in adapting and succeeding in American society.

Late 1970s - Family support as a term emerged to describe local programs designed to support parents with young children through a variety of resources and services.

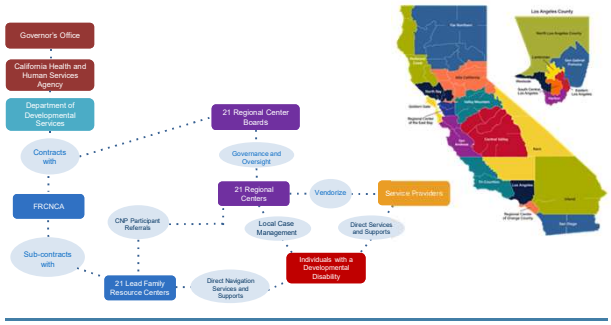
10

more recently....

1990s – During the implementation of Part H (now Part C), California uniquely included Family Resource Centers as an integral part of early intervention

1993 - California Early Intervention Services Act (SB 1085) was passed which included family support, making the Early Start Family Resource Centers (ESFRC) a non-discretionary part of California Early Start.

11



12

What is the Family Resource Centers Network of California (FRCNCA)?



- A network of 47 Family Resource Centers(FRCs) funded by the Department of Developmental Services (DDS) to provide parent support and navigation to individuals and families served by their local Regional Center (RC)
- All 58 California Counties are served by an FRCNCA member agency
- Formed during implementation of Part C of IDEA 40 years ago, many current FRC Directors and parent leaders come from this legacy.
- Built on a foundation of family strengthening to ensure the continuance, expansion, promotion, and quality of family-centered, parent-directed Family Resource Centers.

13



Our Vision is for a California where all individuals with or at-risk for disabilities, and their families, have inclusive, high-quality, and equitable access to the services and supports they need.

Our Mission is to support the sustainability, expansion, and statewide promotion of family-centered, parent-directed, and community-focused practice in family resource centers.

14

OTHER FRCS



- Generic term - used by many organizations
- Target populations may differ
- Scope of service may differ

Familiarity with other FRCs will help ensure appropriate referrals

15

What are the services of the Family Resource Centers?



16

FRC Demographics

Location & Size	Staffing	How services are provided	Additional Funding Streams

17

California Family Centers: Disability Support Services

Programs that support parents and families of children and young adults with disabilities in California.

Early Start Family Resource Centers	Family Empowerment Centers on Disability	Parent Training & Information Centers and Community Parent Resource Centers	Community Navigator Program
Ages 0-3	Ages 3-22	Ages 0-26	Ages Lifespan
Focus: families of infants and toddlers at risk of or with developmental delays and disabilities. Funded by the Department of Developmental Services.	**Focus:** families of children and young adults with disabilities. Funded by the California Department of Education.	**Focus:** families of infants, toddlers, children, and young adults with disabilities. Funded by the US Department of Education.	**Focus:** Regional Center families of children, youth, and adults with disabilities who need individualized guidance to navigate services, systems, and community resources.

18



An FRC IS A PLACE WHERE individuals, families and the professionals who serve them can receive services and supports

19

The Importance of Lived Experience



20

System Barriers and Stressors



21

Five Basic Types of Activities & Services

Peer Support	Information and Referral	Public Awareness and Outreach	Parent Professional Collaboration	Transition Support
				

22



23

Breakout Activity

24

Equity Investments



25



26

Legislation

Taking Action

(1) Utilizing those with lived experience

(2) Focus on cultural and linguistic competency in supporting individuals and families to improve equitable access to regional center services by ensuring programs share a culture/ethnicity/language of local communities

(3) Each program funded pursuant to this subdivision shall assist individuals and families in accessing and utilizing generic and regional center services in their communities, including, but not limited to, assistance in building trust with regional center staff, education on available services, guidance on how to request needed services, and support from peers in the community who have experience with the regional center system.

Reference:
https://leginfo.legislature.ca.gov/faces/codes_displaySection.xhtml?sectionNum=4519.5.&lawCode=WIC#:~:text=(3)%20Each%20program%20funded%20pursuant,peers%20in%20the%20community%20who

27

Community Navigator Program Objectives

Focus on cultural and linguistic competency in supporting individuals and families, across the lifespan, to improve equitable access to regional center and generic community-based services.

Assist individuals and families in understanding and accessing using generic and regional center services



Build trust between families & regional centers



Support from peers in the community who have experience with the Regional Center system

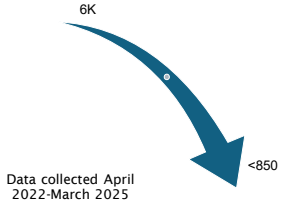


28

DATA: BREAKING DOWN BARRIERS

29

Breaking Down Barriers



30

Statewide Capacity

- 103 Navigators
- 21 Family Resource Centers
- 400+ Partnerships Developed

Data collected April 2022-November 2025

31

OTHER GROUPS WITH WHOM WE COLLABORATE

USC UCEDD CAC
Tarjan Center UCEDD CAC
MIND CEDD CAC
ARCA
SCDD
MIND the Gap Community Collaborative
Early Childhood Systems Coordination and Collaboration Workgroup
CA Family Resource Association
Infant Development Association
CAPTAIN
Family Voices of CA
Lanterman Coalition
National Network of Family Strengthening Networks
Interagency Coordinating Council on Early Intervention
Numerous boards and committees
Help Me Grow
Learn the Signs. Act Early.
Lucille Packard Foundation



32

Individuals and Families Served

- Approx. 10,000+ Families/Individuals Served
- 2,800+ workshops for parents and providers conducted
- 2,500+ Support groups delivered to individuals and families
- 600+ New curriculums developed by navigators

Data collected April 2022-November 2025

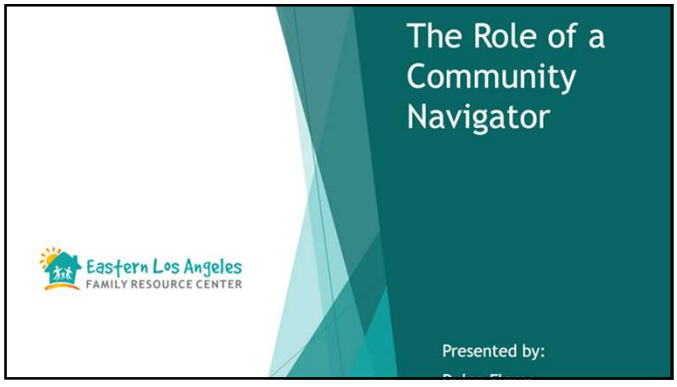
33


Chanel's Experience with Navigation
Chanel Grant

34



35


The Role of a Community Navigator
Eastern Los Angeles
FAMILY RESOURCE CENTER
Presented by:

36

"We might not have all the answers-but sometimes parents just need someone to listen."

37

Intake interview → Goal setting → Coaching session

MiND THE Gap

38



Listening First

39

Clarity Builds Confidence

40



41



42

Feeling Supportive

43

Parent Testimonial

"I felt supported and you didn't judge me. You explained things in a way I understood better than my lawyer. I finally felt like someone was on my side."

44

Ways to Partner

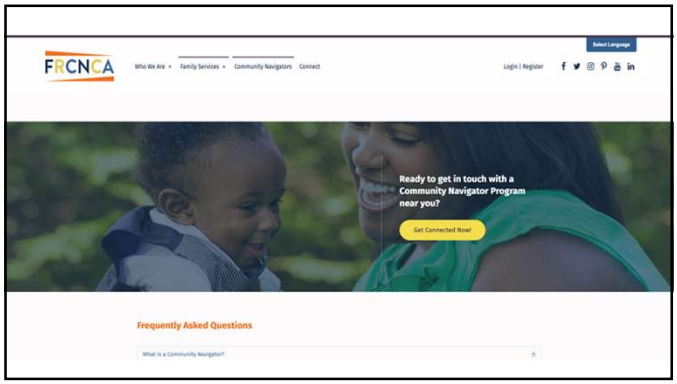
- Recognize the need for specialized support
- Refer individuals and families to your local FRC
- Utilize the resources available at the DDS website, FRCNCA.org or your local FRC
- Locate your local Family Resource Center (FRC) to establish collaboration



45


REFLECT
How will you take the things you learned today and turn them into action that supports individual and family access to services and supports?

46


FRCNCA
Who We Are
Family Services
Community Navigators
Connect
Select Language
Login | Register
Ready to get in touch with a Community Navigator Program near you?
Get Connected Now!
Frequently Asked Questions
What is a Community Navigator?

47


Questions

48


Contact about program:
Info@frcnca.org
FAMILY RESOURCE CENTERS NETWORK OF CALIFORNIA

49


Thanks for joining us!
WHAT'S NEXT?
• Survey and certificate in the chat now
• Follow-up email with resources within two days
• Watch your inbox for the next issue of CalTrin Connect
Stay Connected for More Free Training & Resources!
VISIT CALTRIN.ORG & SCAN TO LEARN MORE
FOLLOW US! AND CHECK OUT TRAINING REPLAYS ON YOUTUBE!

50