CALTRIN
California Training Institute

Welcome to

FRCNCA Support for Families of Children with Disabilities

THE TRAINING WILL BEGIN SHORTLY! WHILE YOU'RE WAITING...

Icebreaker Question
(answer in the chat)

What was the first concert you ever went to?

Survey & Certificate of Completion

Available following the training.

Connect With Us!

VISIT CALTRIN.ORG & SCAN TO LEARN MORE

Hi, We're CalTrin!



CALTRIN
California Training Institute

Who we are

- The California Training Institute
- Funded by the State of California, Dept. of Social Services, Office of Child Abuse Prevention (OCAP) to support child abuse prevention through professional development and extended learning opportunities.
- Designed for staff of family strengthening and child abuse prevention organizations in California, including Family Resource Centers, Child Abuse Prevention Councils, community-based organizations, and other child and family serving systems.

What we offer

- Live webinars & small group training
- Virtual, self-paced courses
- Job aids & other resources

This training was made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention. Any opinions, findings, conclusions, and/or recommendations expressed are those of the CEBC /CalTrin and do not necessarily reflect the views of the California Department of Social Services.

UPCOMING TRAININGS

mark your calendars!



Visit caltrin.org to view and register for upcoming webinars or workshops

March 12: Implicit Bias

March 17: Protective Factor of the Month: Social Connections

March 20: Research & Practice Innovations in Healing Interpersonal & Racial Trauma for Black Youth & Families

March 24: Nurturing Parent & Child Development

April 9: Child Labor Trafficking & Intersections with CSE

Before We Begin...

DURING



Access your participant guide now! The link can be found in the chat.



Review interactive features for today's session. Locate the controls on the toolbar at the bottom of your screen.



This presentation is being recorded.



External AI assistants are not allowed in CalTrin trainings due to California privacy laws.

AFTER



Complete the survey at the end of this webinar to receive your Certificate of Attendance.



A follow-up email will be sent to all participants within two days.



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FRCNCA Support for Families of Children with Disabilities

Presented by Yvette Baptist, PhD,
Robert Rochin, & Dulce Flores

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Speaker SPOTLIGHT



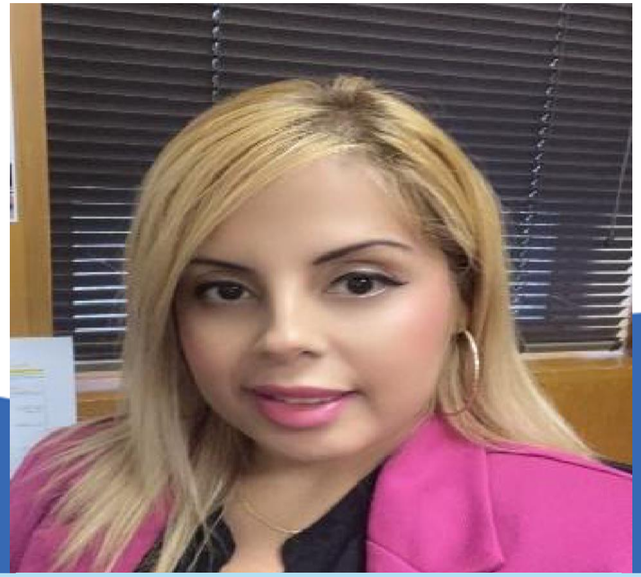
Yvette Baptiste, PhD

Interim Executive Director of FRCNA
Executive Director
of the ELAFRC



Robert Rochin

Family Resource Centers Network of California
Education and Training
Division Manager



Dulce Flores

Associate Program Manager
Eastern Los Angeles Family
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FAMILY RESOURCE CENTERS NETWORK OF CALIFORNIA

FRCNCA

Supporting Families of Children with Disabilities

A Program of

Heluna Health aka PHFE, Inc.

Funded by DDS Department of Developmental Services

Presenters



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Family Resource Centers Network of CA
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Robert Rochin
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Associate Program Manager
Eastern Los Angeles Family Resource Center



Learning Objectives

Describe	• Describe the role of Family Resource Centers (FRCs) in supporting families of children with disabilities and the importance of lived experience.
Recognize	• Recognize why families of children with disabilities may face increased stress and how this can create higher risks without appropriate support.
Identify	• Identify pathways of support across systems and where FRCs can help bridge gaps.
Locate	• Locate the nearest FRC and understand how to make appropriate referrals.

A little bit of history...



Late 1800s Settlement houses were created in major metropolitan areas to assist immigrants with support, job training, English classes as a means to assist them in adapting and succeeding in American society.

Late 1970s - Family support as a term emerged to describe local programs designed to support parents with young children through a variety of resources and services.

more recently....

1990s – During the implementation of Part H (now Part C), California uniquely included Family Resource Centers as an integral part of early intervention

1993 - California Early Intervention Services Act (SB 1085) was passed which included family support, making the Early Start Family Resource Centers (ESFRC) a non-discretionary part of California Early Start.

Governor's Office

California Health and Human Services Agency

Department of Developmental Services

Contracts with

FRCNCA

Sub-contracts with

21 Lead Family Resource Centers

21 Regional Center Boards

Governance and Oversight

21 Regional Centers

CNP Participant Referrals

Local Case Management

Vendorize

Service Providers

Direct Services and Supports

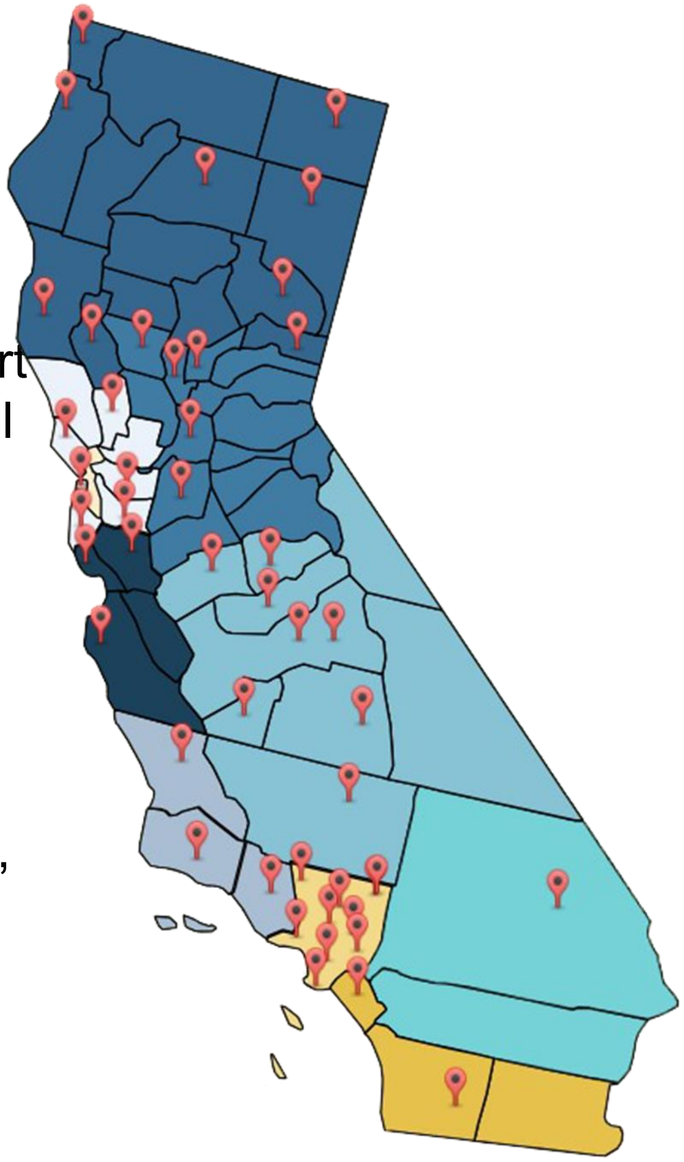
Direct Navigation Services and Supports

Individuals with a Developmental Disability



What is the Family Resource Centers Network of California (FRCNCA)?

- A network of 47 Family Resource Centers(FRCs) funded by the Department of Developmental Services (DDS) to provide parent support and navigation to individuals and families served by their local Regional Center (RC)
- All 58 California Counties are served by an FRCNCA member agency
- Formed during implementation of Part C of IDEA 40 years ago, many current FRC Directors and parent leaders come from this legacy.
- Built on a foundation of family strengthening to ensure the continuance, expansion, promotion, and quality of family-centered, parent-directed Family Resource Centers.



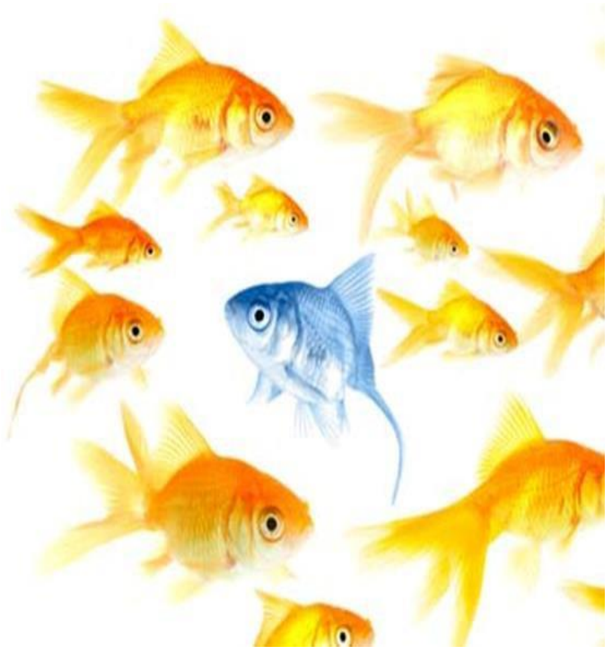


Our Vision is for a California where all individuals with or at-risk for disabilities, and their families, have inclusive, high-quality, and equitable access to the services and supports they need.

Our Mission is to support the sustainability, expansion, and statewide promotion of family-centered, parent-directed, and community-focused practice in family resource centers.

OTHER FRCS

- Generic term - used by many organizations
- Target populations may differ
- Scope of service may differ



Familiarity with other FRCs will help ensure appropriate referrals

What are the services of the Family Resource Centers?

Eastern Los Angeles
FAMILY RESOURCE CENTER



FRC Demographics

Location & Size	Staffing	How services are provided	Additional Funding Streams



California Family Centers: Disability Support Services

Programs that support parents and families of children and young adults with disabilities in California.

Early Start Family Resource Centers	Family Empowerment Centers on Disability	Parent Training & Information Centers and Community Parent Resource Centers	Community Navigator Program
Ages 0-3	Ages 3-22	Ages 0-26	Ages Lifespan
Focus: families of infants and toddlers at risk of or with developmental delays and disabilities. Funded by the Department of Developmental Services.	**Focus:** families of children and young adults with disabilities. Funded by the California Department of Education.	**Focus:** families of infants, toddlers, children, and young adults with disabilities. Funded by the US Department of Education.	**Focus:** Regional Center families of children, youth, and adults with disabilities who need individualized guidance to navigate services, systems, and community resources.

FRCNCA



An FRC IS A PLACE WHERE individuals, families and the professionals who serve them can receive services and supports

The Importance of Lived Experience



System Barriers and Stressors



Five Basic Types of Activities & Services

Peer Support



Information and Referral



Public Awareness and Outreach



Parent Professional Collaboration



Transition Support




FAMILY
CENTERS NETWORK
CALIFORNIA
alpha
RESOURCE
CENTER



Breakout Activity

Equity Investments

LA Times Expose

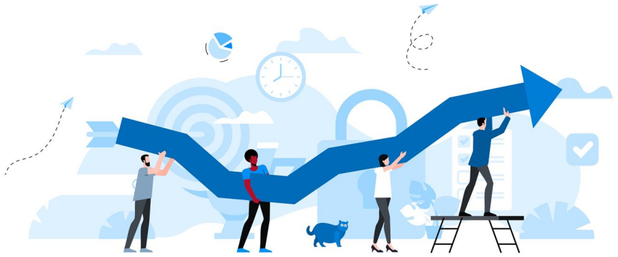
2011

Legislative Hearings

2012-2017

Service Access and Equity Funding

2016-2017



DDS Department of Developmental Services

FAMILY RESOURCE CENTERS NETWORK OF CALIFORNIA

WarmLine Family Resource Center

The McClaney Family Resource Center

ROWELL Family Empowerment of NorCal

Special Kids Connect — Helping Special Kids Reach for the Stars

Exceptional Family Center — Early Start Resource Center

EFRC — Exceptional Family Resource Center

Matrix parent network + resource center

alpha RESOURCE CENTER

Eastern Los Angeles Family Resource Center

The San Gabriel / Pomona Parents' Place — Celebrating 25 Years — Serving the Special Needs Community

Carolyn Kordich Family Resource Center

Parenting Network, Inc.

First 5 Mendocino

Family Resource Network

Family Focus Resource Center — CSUN

Koch • Young Resource Center

comfort connection Family Resource Center

Family Resource Network

Family Resource Navigators

Support for Families — Education · Empowerment · Equity

Westside Family Resource and Empowerment Center — LA County Inclusion Partnership



Legislation

Taking Action

(1) Utilizing those with lived experience

(2)Focus on cultural and linguistic competency in supporting individuals and families to improve equitable access to regional center services by ensuring programs share a culture/ethnicity/language of local communities

(3)Each program funded pursuant to this subdivision shall assist individuals and families in accessing and utilizing generic and regional center services in their communities, including, but not limited to, assistance in building trust with regional center staff, education on available services, guidance on how to request needed services, and support from peers in the community who have experience with the regional center system.

Reference:
https://casetext.com/statute/california-codes/california-welfare-and-institutions-code/division- 45-services-for-the-developmentally-disabled/chapter-16-general-provisions/section-45199- community-navigator-program

Community Navigator Program Objectives

Focus on cultural and linguistic competency in supporting individuals and families, across the lifespan, to improve equitable access to regional center and generic community-based services.

Assist individuals and families in understanding and accessing using generic and regional center services



Build trust between families & regional centers

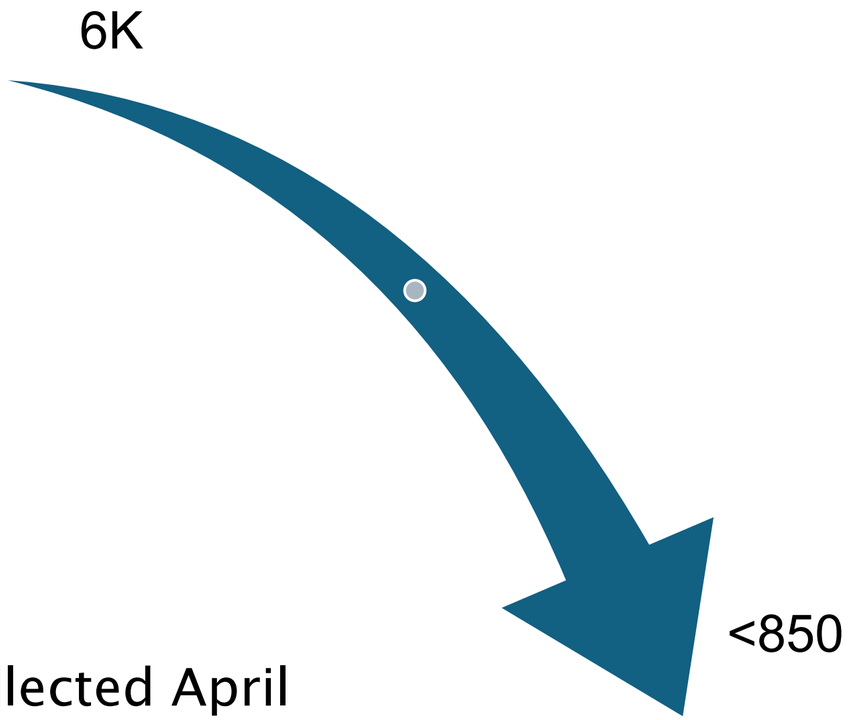


Support from peers in the community who have experience with the Regional Center system



DATA: BREAKING DOWN BARRIERS

Breaking Down Barriers



Data collected April 2022-March 2025

Statewide Capacity

103 Navigators

21 Family Resource Centers

400+ Partnerships Developed

Data collected April 2022-November 2025

OTHER GROUPS WITH WHOM WE COLLABORATE

USC UCEDD CAC

Tarjan Center UCEDD CAC

MIND CEDD CAC

ARCA

SCDD

MIND the Gap Community Collaborative

Early Childhood Systems Coordination and Collaboration Workgroup

CA Family Resource Association

Infant Development Association

CAPTAIN

Family Voices of CA

Lanterman Coalition

National Network of Family Strengthening Networks

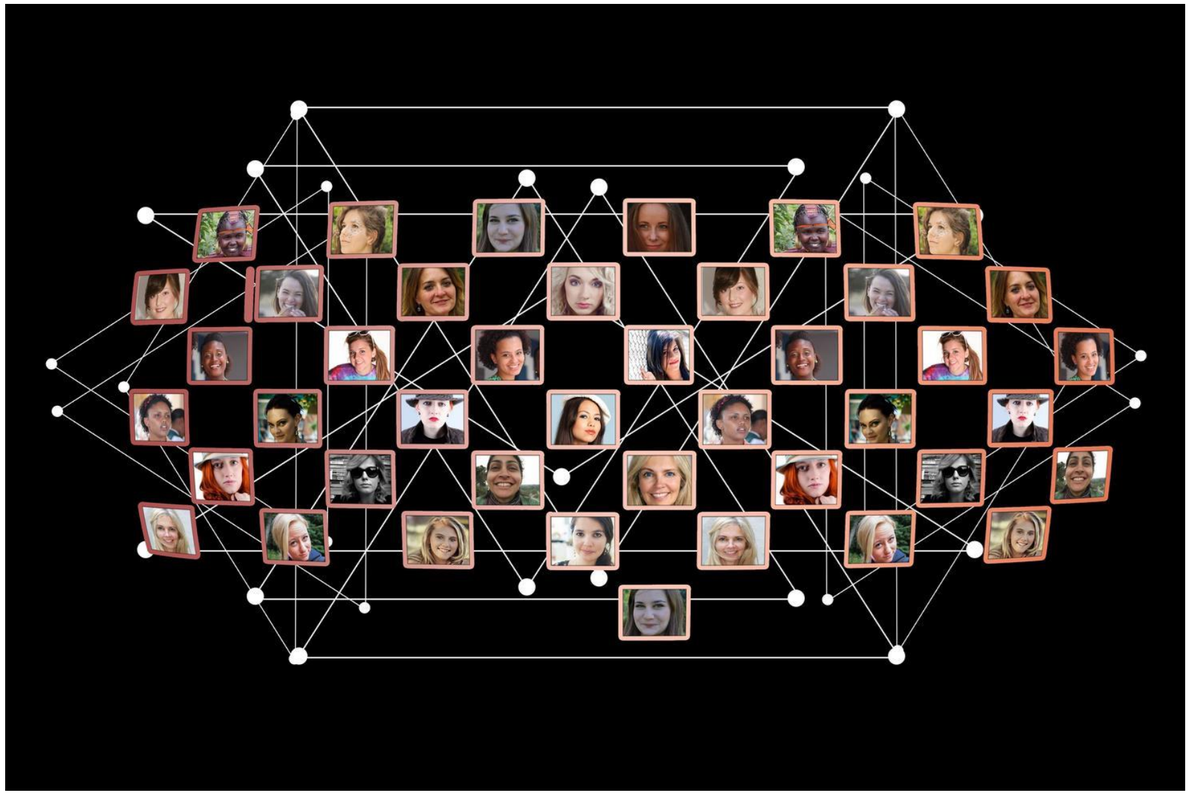
Interagency Coordinating Council on Early Intervention

Numerous boards and committees

Help Me Grow

Learn the Signs. Act Early.

Lucille Packard Foundation



Individuals and Families Served

Approx. 10,000+ Families/Individuals Served

2,800+ workshops for parents and providers conducted

600+ New curriculums developed by navigators

2,500+ Support groups delivered to individuals and families

Data collected April 2022-November 2025

Chanel's Experience with Navigation




Chanel Grant
Deanna Gant

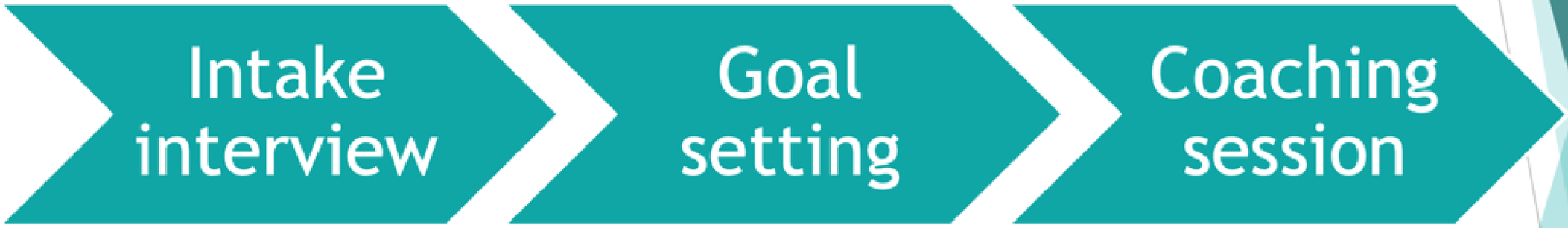
The Role of a Community Navigator

Eastern Los Angeles
FAMILY RESOURCE CENTER

Presented by:

Dulce Flores

“We might not have all the answers-but sometimes parents just need someone to listen.”



MiND THE Gap



Listening First

Clarity Builds Confidence


STEP BY
STEP...


BUILDING A CULTURE OF TRUST
A STRATEGIC APPROACH TO ORGANIZATIONAL SUCCESS

Feeling Supportive

Parent Testimonial

“I felt supported and you didn't judge me. You explained things in a way I understood better than my lawyer. I finally felt like someone was on my side.”

Ways to Partner

- Recognize the need for specialized support
- Refer individuals and families to your local FRC
- Utilize the resources available at the DDS website, FRCNCA.org or your local FRC
- Locate your local Family Resource Center (FRC) to establish collaboration





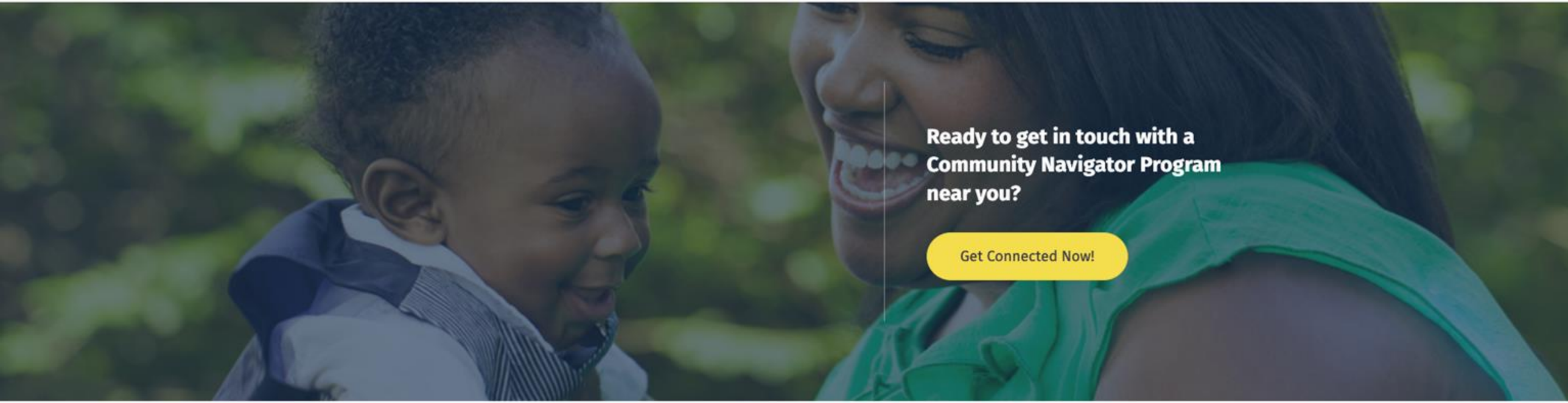
How will you take the things you learned today and turn them into action that supports individual and family access to services and supports?

Select Language

FRCNCA

Who We Are + | Family Services + | Community Navigators | Connect

Login | Register



Frequently Asked Questions

What is a Community Navigator? +


Questions

Contact about program:
Info@frcnca.org

FAMILY RESOURCE CENTERS NETWORK OF CALIFORNIA

Thanks for joining us!

WHAT'S NEXT?

- Survey and certificate in the chat now
- Follow-up email with resources within two days
- Watch your inbox for the next issue of *CalTrin Connect*



Stay Connected for More Free Training & Resources!

VISIT CALTRIN.ORG &
SCAN TO LEARN MORE

FOLLOW US! AND CHECK OUT
TRAINING REPLAYS ON YOUTUBE!