

The Strengthening Families Protective Factors Framework



**Strengthening
Families**

An initiative
of CSSP

Parental Resilience

Managing stress and functioning well—facilitated by individual, relational, community, or societal factors—when faced with stressors, adversity, or trauma

Social Connections

Healthy, meaningful, trusting, and sustained relationships with people, institutions, communities, or a higher power that promote a sense of connectedness, belonging, and mattering



Social & Emotional Competence of Children

Providing environments and experiences—grounded in early relational health—that build positive social skills; enable children to regulate thoughts, emotions, and behaviors; and promote effective communication, problem-solving, and decision-making skills

Knowledge of Parenting & Child Development

Learning about prenatal, infant, and child development, and using developmentally and contextually appropriate parenting practices

Concrete Support

Identifying, accessing, advocating for, and receiving high quality and equitable support including the basic necessities everyone deserves and specialized services to address specific needs