### THE TRAINING WILL BEGIN SHORTLY While Yoy're waiting...

ENGAGING INDIGENOUS FAMILIES & COMMUNITIES

### ? Icepteaker Question (answer in the chat)

What song always lifts your mood?



### Survey & Certificate of Completion

Available following Part 2 of this training.





# Hi. We're Caltrin!

- The California Training Institute
- Funded by the State of California, Dept. of Social Services, Office of Child Abuse Prevention (OCAP) to support child abuse prevention through professional development and extended learning opportunities.
- Designed for staff of family strengthening and child abuse prevention organizations in California, including Family Resource Centers, Child Abuse Prevention Councils, community-based organizations, and other child and family serving systems.

What we offer

- Live webinars & small group training
- Virtual, self-paced courses
- Job aids & other resources

This training was made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention. Any opinions, findings, conclusions, and/or recommendations expressed are those of the CEBC /CalTrin and do not necessarily reflect the views of the California Department of Social Services.

## UPCOMING TRAININGS mark your calendars!

Visit caltrin.org to view and register for upcoming webinars or workshops





**03/26 I** When Trauma Reactions & Neurodevelopmental Disorders Overlap



03/27 I Engaging Indigenous Families & Communities (Part 2)



**04/04 I** Fostering Tribal-County Collaboration: The Cahto-Mendocino Experience



**4/16 I** Protective Factor: Concrete Support in Times of Need



#### DURING



Access the notetaking slides now! The link can be found in the chat.



Review interactive features for today's training. Locate the controls on the toolbar at the bottom of your screen.



### AFTER



Complete the survey at the end of Part 2 of this training to receive your Certificate of Attendance.



A follow-up email will be sent to all participants within two days following Part 2.



### **Engaging Indigenous Families and Communities**

**Presenters:** 

**Shannon Crossbear** 

Veronica Willeto DeCrane, MEd



Rady

San Diego

for Children & Families







### **Shannon Crossbear**

Owner and Sr. Consultant, Trainer, & Facilitator Strongheart Resource Development



### Veronica Willeto DeCrane

Training & Technical Assistance Manager National Native Children's Trauma Center

RCHSD is not responsible for the creation of content and any views expressed in its materials and programming.

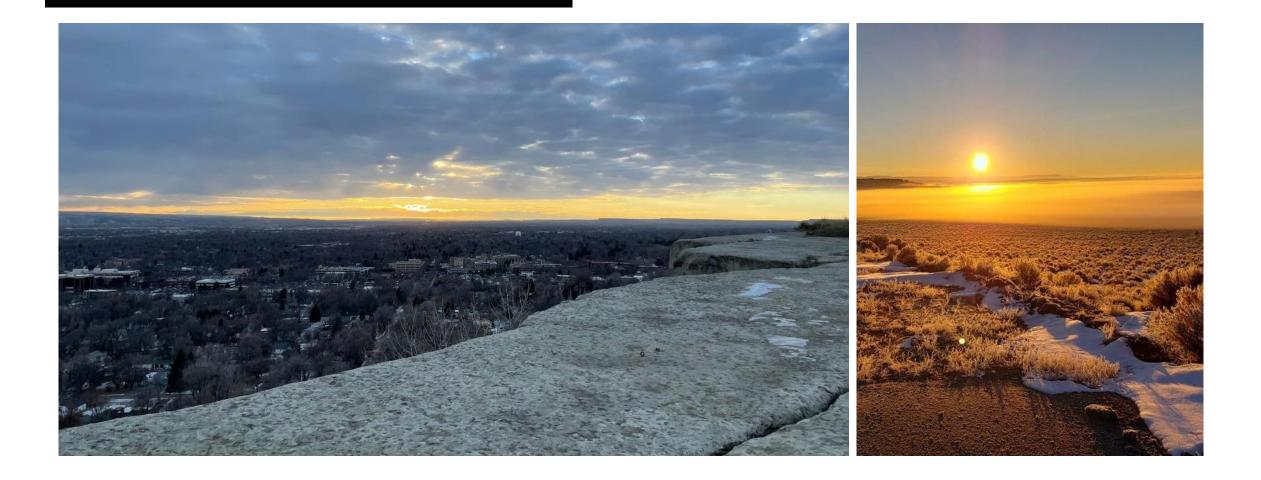
### Introductions

Please introduce yourself in the chat and share the ancestrial lands on which you reside.

This Photo by Unknown Author is licensed under CC BY-SA

### **Shannon Crossbear**





### Veronica Willeto DeCrane

### **Our Time Together**

Describe Indigenous cultural contexts and how they are distinct. Describe and understand the importance of tribal sovereignty and the 4 R's in working with tribal communities.

Define engagement within different cultural worldviews.

Identify Indigenous family and community engagement strategies and how this differs from engaging tribal organizations.

Assess current practice in engaging Indigenous families and communities.

Explore tools and resources to aid in engagement.

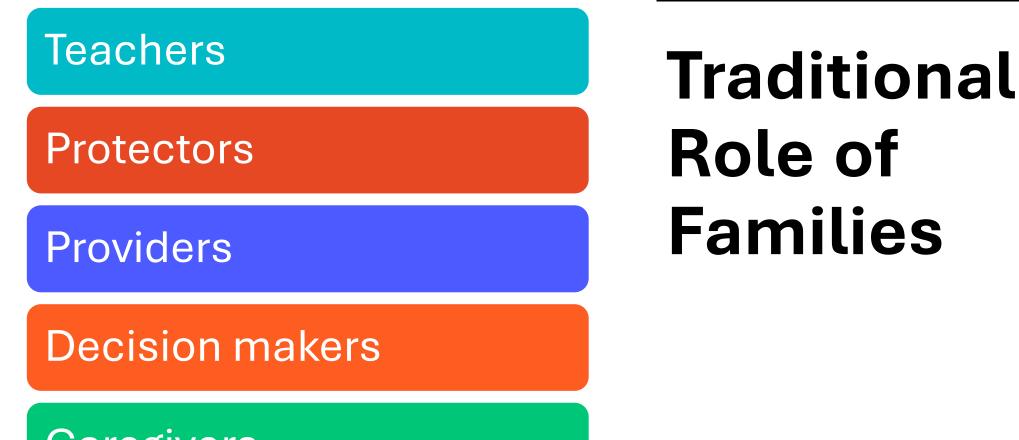
### Considerations

What is the reason for the engagement?

Who specifically do you hope to engage with?

What do you hope the outcome will be?





Caregivers

Knowledge keepers

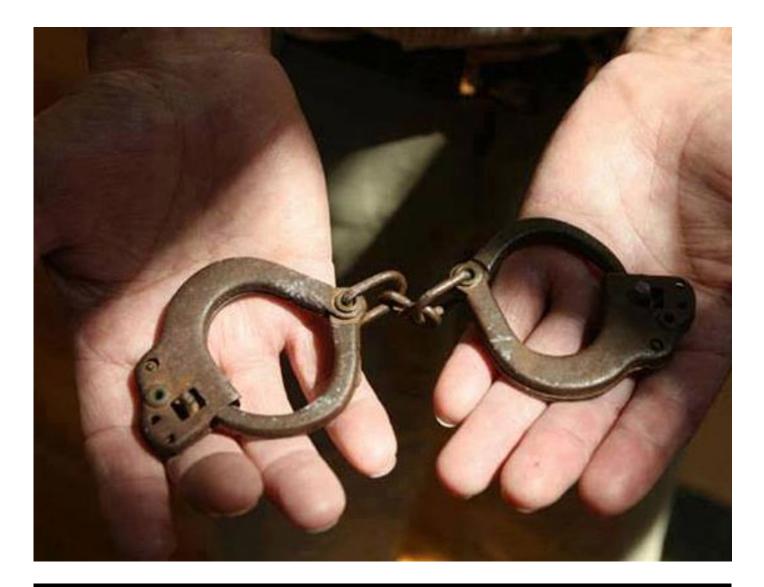
"The cumulative psychological wounding across generations, including the lifespan, which emanates from massive group trauma."

## Removal

"A great general has said that the only good Indian is a dead one. In a sense, I agree with the sentiment, but only in this: that all the Indian there is in the race should be dead. Kill the Indian in him, and save the man."

#### **General Richard Henry Pratt**

Carlisle Indian Industrial School Carlisle, Pennsylvania



### Impact of Adverse Boarding School Experiences on Indigenous Families

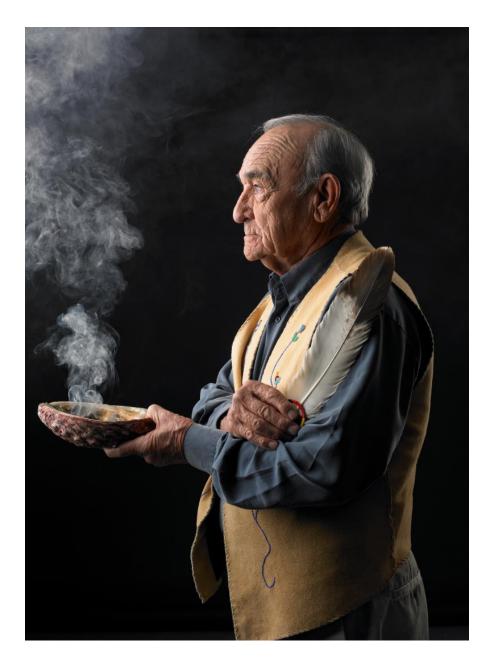
- Ineffective or destructive parenting
- Authoritarian and inconsistent or rejecting of child
- Insensitivity to child's needs
- Lack of parental involvement or bonding
- Poor school relations
- Weak spiritual foundations
- Unhealthy family norms
- Weak ethnic identity



(Yellow Horse Brave Heart, 2003)

## Community and system-level traumas experienced by many Indigenous families





### **Service Impacts**

- Historic mistrust
- Cumulative Trauma
- Services come from a Western perspective
- Lack of cultural knowledge/competency

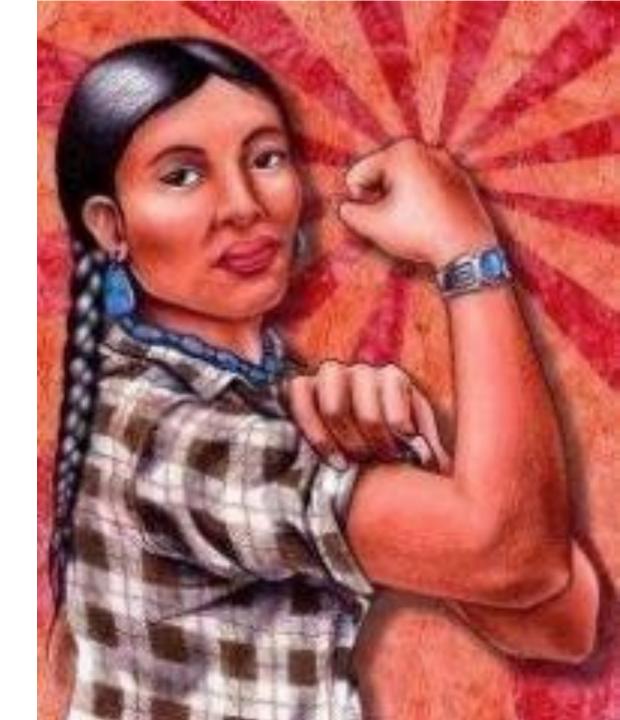
### **Barriers to Engagement**

- Trauma responses
- Historic mistrust
- Parenting skills
- Substance use
- Mental health issues
- Bias
- Stereotypes
- Prejudice
- Discrimination

- Systemic racism
- Poverty
- Child care
- Transportation
- Language
- Child custody
- Domestic violence
- Living in two worlds
- Tribal enrollment

### Intergenerational Transmission of Healing

- Less researched
- Not all families carry the burden of what happened generations ago (Durham & Webb, 2014)
- Healing can be difficult in the face of current day trauma



## Indigenous Resilience



The "ability of American Indians to maintain optimism during adversity is related to spirituality, compassion, empathy, humor, friendships and familial and community strengths."

(Goodluck, 2002)

### **Discussion**

Let's talk about the experiences of your families and communities.

- How does historical and contemporary trauma impact the Indigenous families and communities you work with?
- 2. What barriers are the Indigenous families you work with struggle with?
- 3. Have you seen healing and resilience with the Indigenous families you work with?

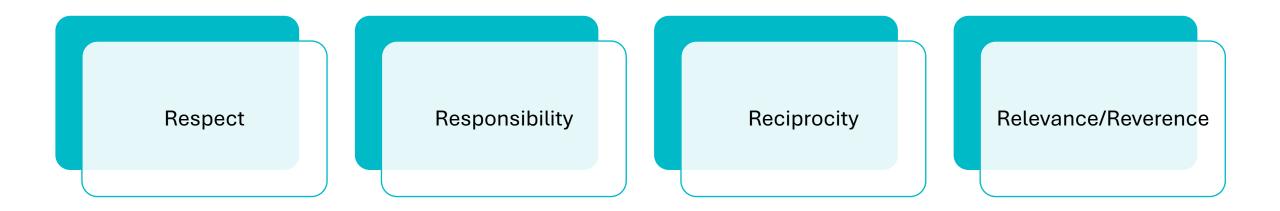
### (Historical) Trauma-Informed Care

### What is wrong with your family/ community?

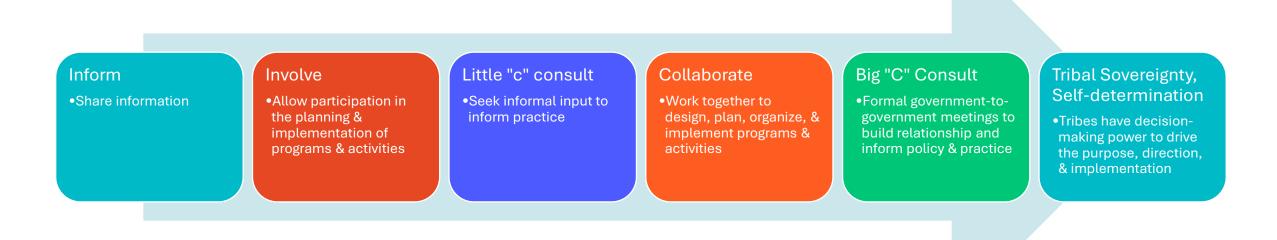


### What happened to your family/community?

## Indigenous 4 R's: Principles & Practices for Working with Indigenous Peoples

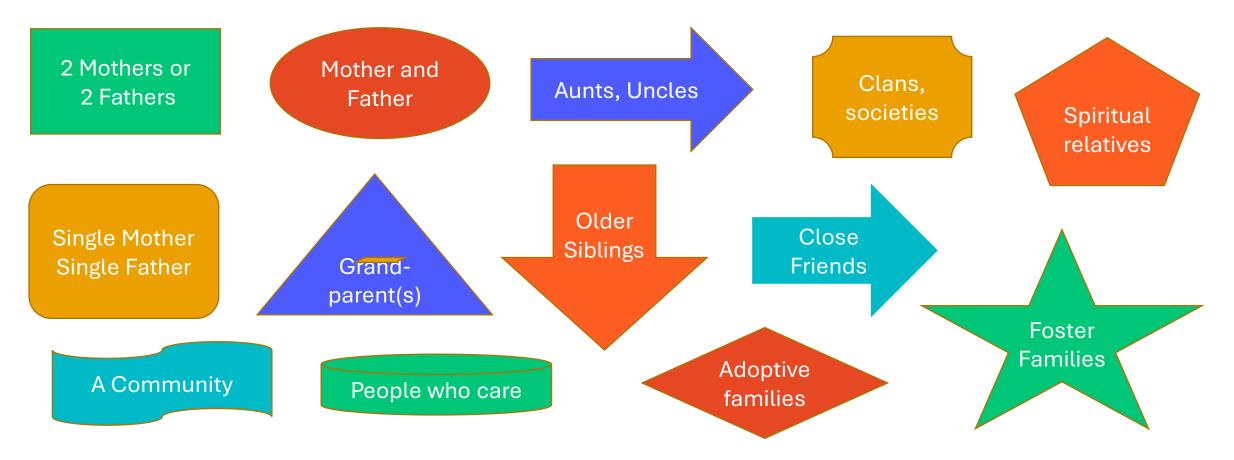


### Types of Relationships with Indigenous Peoples



## **Definition of an Indigenous Family**

A family takes on many different shapes and sizes:



### **Types of Relationships with Families**

Family Engagement

Engage families in services & improve service utilization

Involve families at Family Involvement every step of the service delivery and evaluation process

Partner with families Partnership by valuing and utilizing their input on par with the providers within agencies. Families amily have equal voice and input into processes that may continue after they have left services.

LL

## What does Family-Driven care mean?

Families have a primary decision-making role in the care of their own children as well as the policies and procedures governing care for all children in their community, state, tribe, territory and nation. This includes:

- Choosing supports, services, and providers
- Setting goals
- Designing and implementing programs
- $\circ$  Monitoring outcomes
- Determining the effectiveness of all efforts to promote the mental health and well being of children and youth.

## Thanks for joining ys! WHAT'S NEXT?

• Join us for PART 2 of this training!

Wednesday, March 27, 2:00 - 3:30 P.M. PST

You have already registered for both sessions. Check your calendar now and contact CalTrin if you need help with the link.



