



Breakout Discussion

Session 1

Instructions

Discuss with your group members the current experience your Indigenous families. This could be the Indigenous families that you are currently serving or the Indigenous families living in your community.

To ensure everyone in your group who would like to share is able to, we have limited the size of the group so that each person has 2 minutes to introduce themselves and respond to the questions.

When we return from the breakout, we will spend 5 minutes inviting volunteers to share out with the whole group. Please designate a spokesperson for your group if you would like to share a brief summary of your discussion.

Discussion Questions

1. How does historical and contemporary trauma impact the Indigenous families and communities you work with?
2. What barriers do the Indigenous families you work with struggle with?
3. Have you seen healing and resilience with the Indigenous families you work with?