

COLUSA COUNTY COMPREHENSIVE PREVENTION PLAN (CPP)



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COMPREHENSIVE PREVENTION PLAN OF COLUSA COUNTY

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GOVERNANCE STRUCTURE

This section provides a description of the county's governance structure or engagement strategies to ensure that required cross sector collaboration was utilized in decision making for the Comprehensive Prevention Plan.

As a result of the passage of AB 2083 (Chapter 815, Statutes of 2018) each county was required to develop and implement a memorandum of understanding (MOU) setting forth roles and responsibilities of agencies and other entities that serve children and youth in foster care who have experienced severe trauma. The purpose of the MOU is to ensure that children and youth in foster care receive coordinated, timely, and trauma-informed services.

This MOU seeks to ensure that the Systems Partners' programs and policies reflect a coordinated, integrated and effective delivery of services for children, youth and families. The System Partners agree that consistent interdepartmental and interagency leadership is essential to successful collaboration and solutions on behalf of youth and families.

The goal of this MOU is to address systemic barriers to the traditional provision of interagency services. It is the intent of the agency partners to create a single service plan and maintain an administrative team with collaborative authority over the interrelated child welfare, juvenile justice, education, and mental health children's services.

The System Partners seek to ensure that all public programs for children, youth and families will provide services in an integrated, comprehensive, culturally responsive, evidence-based/best practice manner, regardless of the agency door by which children and families enter. This mission includes an awareness of and a commitment to incorporate foster youth experience and voice into county level collaborations and partnerships that manage or oversee the delivery of services affecting youth in foster care.

The following System Partners participated in these efforts:

- County Department of Health and Human Services ("DHHS")
- County Probation Department ("Probation")
- County Behavioral Health Department ("CCBH")
- County Office of Education ("CCOE")
- Alta California Regional Center ("Alta")

The MOU formally outlines several additional committees and practices to ensure that all public programs for children, youth and families will provide services in an integrated, comprehensive, culturally responsive, evidence-based/best practice manner, regardless of the agency door by which children and families enter.

The Interagency Leadership Team (ILT)

The ILT is committed to the sharing of information, providing mutual training of staff, identifying and resolving conflicts, and identifying where in the child welfare or probation systems our agencies are working in silos and or there are gaps in services, in order to develop a system that promotes safety and permanency for our youth that places them in the least restrictive environment/system/placement and makes efforts to further reduce the traumatic experiences youth may face.

The Interagency Placement Committee (IPC)

System Partner managers or other qualified staff from the placing agency and the county behavioral health department will jointly convene to discuss youth currently placed or at risk of placement in a Short Term Residential Treatment Placement; determination of appropriate therapeutic treatment; review of current services and identification of gaps; and monitoring and supporting youth transitioning to a lower level of care.

The System Partners further agreed to support and participate in the following:

- Child and Family Team meetings (CFT)
- Unified Service Planning
- Child and Adolescent Needs and Strengths assessment (CANS)
- School Stability and School of Origin Transportation
- Use of the Integrated Core Practice Model (ICP)
- Practice collaborative, uniform and consistent efforts to recruit, train and support professional Resource Family caregivers in order to foster safe, permanent and healthy out-of-home placement when necessary.
- Information and Data Sharing
- Staff Recruitment, Training And Coaching
- Staff Recruitment, Training And Coaching

For the planning purposes of the Comprehensive Prevention Plan and the decision on how to utilize the Block Grant Funding input was sought and the final decisions and design of the program was put before the ILT.

CROSS-SECTOR COLLABORATION

This section provides a description of how agencies will ensure that the required partners for cross-sector collaboration will occur with eh ongoing monitoring of the FFPS Program and how the input will be incorporated into strategies and continuous improvement of the local FFPS Program.

Colusa County has a well-established Children’s Multidisciplinary Team that meets monthly. This group includes the following partners.

- Colusa County Child Welfare
- Colusa County Public Health
- Colusa County Department of Health and Human Services
- Colusa Advocates for Parents and Children (CAPC)
- Colusa County Probation Department
- Tribal TANF
- Colusa County Office of Education
- Colusa County Behavioral Health
- First 5 Colusa Family Action Centers
- CAPC Family Resource Center
- Colusa County Sheriff’s Office
- Colusa Police Department
- Williams Police Department
- Current or former foster youth

While the primary focus of the MDT is to address specific youth and families, this meeting provide a perfect forum to agendize efforts related to Colusa County’s FFPS Program. Members of the MDT are committed to working together in a collaborative manner to identify gaps in our service array, reduce barriers and duplication of services, and assist in creating possible solutions. This group will serve as a review committee to provide input and recommendations on the prevention plan, its activities and provide strategies for continuous improvement of the CPP. Feedback and recommendations from this group will be presented to the Interagency Leadership Committee (ILC) for approval and direction.

Colusa County is committed to an ongoing collaborative process to develop and maintain a viable countywide prevention plan.

TRIBAL CONSULTATION AND COLLABORATION

This section provides a description of efforts to invite and engage Tribes, and/or tribal organization to gather input into the CPP.

Colusa County has two tribes located within the county, the Cachil De he Tribe of Wintun Indians and Kletsel Dehe Band of Wintun Indians. Colusa County Child Welfare and Probation make every effort to ensure proper consultation and collaboration is achieved for any identified Indian Child Welfare Act (ICWA) youth to ensure they are served with culturally appropriate services. Our tribes are supportive of any efforts provided to our community as a whole. Input includes ensuring continued inclusion/invites to various stakeholder convenings to ensure continued collaboration and that whenever possible trainings/outreach/education includes a view through the Native American lens.

The Colusa County Tribal Temporary Assistance Program for Needy Families (TANF) participates in countywide efforts to provide input through their cultural lenses.

Colusa County Child Welfare Staff participate in quarterly Northern Indian Child Welfare Act (ICWA) meetings and attend ICWA trainings when available.

INTEGRATED CORE PRACTICE MODEL (ICPM)

This section includes strategies for the use of the Integrated Core Practice Model regarding candidacy assessment, family engagement, service delivery and transitioning, etc.

The AB 2083 MOU includes a mutual commitment to and use of the California Integrated Core Practice Model for Children, Youth and Families. Partner agencies agree to mutually use the principles, values, and practice behaviors in their interactions with youth and family, with one another, with contractors and county partners.

The ICPM provides guidance and direction to support partner agencies to deliver timely, effective and integrated services to youth and families. The principles of the ICPM include:

- Family Voice and Choice
- Team-Based
- Natural Supports
- Collaboration and Integration
- Community-Based
- Culturally Respectful
- Individualized
- Strength-Based
- Persistence
- Outcomes-Based

The UC Davis Northern Academy provides ICPM training that is available to all system partners. Training topics that support the ICPM include but are not limited to:

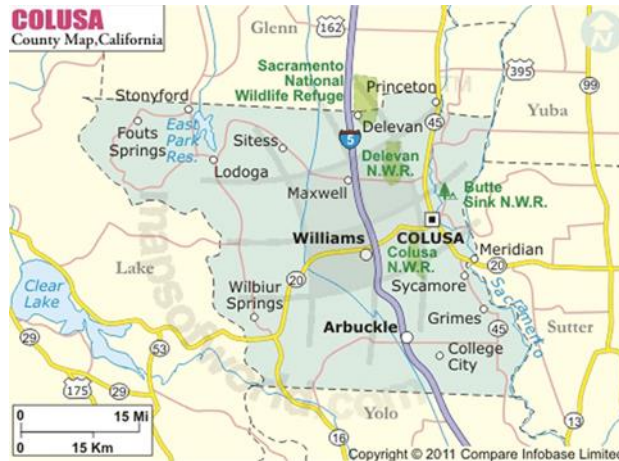
- Trauma Informed Care
- ICPM Overview
- Safety Organized Practice
- Child and Family Team Meetings
- CANS

Colusa County will incorporate ICPM principles in elected prevention strategies that are part of our CPP, through on-going stakeholder meetings to come together to address the progress

of our CPP. These meetings will provided feedback regarding the strengths and areas needing improvement and will serve as continuous quality improvement and identify changes needed in either strategies and/or service delivery.

DEMOGRAPICS

Colusa County is located in California’s Central Valley, approximately 70 miles north of Sacramento. The county covers approximately 1,200 square miles along the west side of the Sacramento River.



The first incorporated city is Colusa. The second incorporated city is Williams. The other unincorporated towns, such as Arbuckle, Maxwell, and Grimes, etc. are under county jurisdiction. Please see the map above of Colusa County for the layout of the county itself. The estimated population of Colusa County was 21,914 for 2022 according to U.S. Census data; (<https://www.census.gov/quickfacts/fact/table/colusacountycalifornia/PST045222>).

Other key data points from the U.S. Census data includes:

- Colusa County’s population is identified as 60.5% Hispanic; 32.6% White; and 2.7% of mixed race.
- 6.4% of the population is under 5 years of age.
- 26.4% of the population is under 18 years of age.
- 16.1% of the population is over 65 years of age.
- The median income in 2021 was \$61,861; however, 10.8% of the population lives in poverty.

Colusa County Child Welfare currently has a caseload of 47. 36 of these youth are in out-of-placement. Approximately 35% of these cases involve a youth under the age of 5. Child Welfare currently has no youth placed in a short-term residential treatment program (STRTP). Child Welfare investigates an average of 23 referrals of child abuse and/or neglect each month.

It is difficult to accurately quantify the impact of demographics on outcome data trends for Colusa County given the relatively small number of youths who enter the system of care or receive services. Fluctuations in small sample sizes are not accurate indicators of trends because unidentifiable unique variables or even simple chance can impact data.

Colusa County Probation does not currently have any youth experiencing out-of-home care and historically has had a low number of out-of-home placements. Due to our size, DHHS provides probation support in program provision such as the Resource Family Approval Program and the Independent Living Program. We have a policy in place to support dual jurisdiction of youth, when appropriate.

The population of Colusa County has experienced little demographic change in the past five years. Notably, there is a large population of Hispanic youth and Spanish speakers. The county works to have consistent and accessible bilingual staff to ensure service delivery in the appropriate language. Staff also attend cultural sensitivity training.

TARGET CANDIDACY POPULATION(S) & NEEDS ASSESSMENT

This section provides a description and rationale for the selection of the candidacy population(s) to be prioritized and services to be included in the plan.

Several previous community assessments completed in Colusa County were utilized to determine the service gaps and community needs. Such assessments included the 2017 Colusa County Self-Assessment; 2017 and 2018 Needs Assessment from our Strengthening Community Collaborative Meeting, and the Colusa Glenn Trinity Community Action Partnership strategic plan.

Colusa County Department of Social Services number of referrals received by age for Calendar year 2022.

0 to 5	6-10	11-15	16-17
63	74	95	26

Colusa County Department of Social Services referral data by type of alleged abuse for Calendar year 2022

Type of Abuse	Number received
Sexual Abuse	35
Physical Abuse	27
General Neglect	164
Emotional Abuse	22
Severe Neglect/Caretaker Absence/At Risk	10

The vast majority of the general neglect allegations are associated with suspected substance abuse and/or domestic violence issues in the home. Therefore, Colusa County has selected the eligibility criteria of children with caretaker experiencing substance use disorder.

Available services, prevention or otherwise are not provided throughout the county and are primarily located in the town of Colusa. Active efforts are being made to increase service provision in the town of Williams and other sites in our more rural settings.

Colusa County intends to work with county agencies and community based organizations to develop services for all children and families meeting our selected candidacy. Given our rural size, these services will be available to the community as a whole dependent on capacity. Building this capacity will take time, staffing and resources currently not available.

SERVICE/ASSET MAPPING

Colusa County is a small rural county and the availability of key services such as comprehensive drug and alcohol assessment and treatment, affordable and available housing, transportation, aftercare, employment, youth activities and post adoptive services, are very limited or not available in county for children/youth and families. As a result, it is often difficult for families to receive the very services that are needed to support their progress and stability.

Most services provided in Colusa County are delivered through county agencies. The county’s Department of Health and Human Service, Department of Behavioral Health, Library, Probation and Office of Education provide an array of direct client services. Like many counties, Colusa County struggles with recruitment and retention issues which negatively impacts the capacity of each entity to sustain continued programming. Additionally, there is a need for more community-based organizations and an increase in capacity for existing CBOs.

Below is a list of current programs and a summary description of services provided.

Agency/Organization	Description
Colusa County Department of Health and Human Services (DHHS)	DHHS serves Colusa County residents by offering services that improve their health, promote their well-being and help them become productive and independent contributors to the community. DHHS determines eligibility and provides aid payments for CalWORKs, CalFresh (formerly Food Stamps), Health Care, General Assistance and Homeless Programs. DHHS administers child welfare, adult services, In Home Supportive Services and Public Guardian programs. Public Health is under the DHHS umbrella. Public Health provides programs to protect and promote the health of all Colusa County residents. These programs include California Children’s Services, Senior Nutrition, Tobacco Education, Oral Health, Immunizations, Vaccines,

	Emergency Preparedness and Maternal, Child and Adolescent Programs.
Colusa County Behavioral Health	Behavioral Health has both an Adult System of Care and a Children’s System of Care. These care teams work to provide services to meet mental health and substance abuse treatment needs. Behavioral Health operates Bright Vista Youth Center for youth ages 12-17 and Safe Haven Wellness and Recovery, a peer supported drop in center. In collaboration with the Colusa County Office of Education, they operate the Behavioral Emotional Support Team (BEST) providing various interventions within each district to improve students’ well-being.
Colusa County Probation	The mission of the Colusa County Probation Department is to ensure the safety of our community by implementing a balanced justice model including: community protection; development of offender competency by means of integrity, fairness, resourcefulness, professionalism, and excellence; and offender accountability. Probation operates the Day Reporting Center and Juvenile Justice Services.
First 5 Colusa	First 5 Colusa is committed to enhancing the lives of all children, prenatal through age 5, through education, outreach & systems change. First 5 Colusa operates two Family Action Centers, one in Arbuckle and the other in Williams.
Colusa County Library	The mission of Colusa County’s Library system is to maintain and improve the lives of all county residents by providing access to information and resources to enhance and contribute to individual knowledge and an increased quality of life. To accomplish its mission, the Library operates branch locations, in each of Colusa County’s seven communities. The Library system offers free programs to encourage patrons to become life-long learners .
Colusa County Community Advocates for Parents and Children (CAPC)	Colusa County CAPC is the designated Child Abuse Prevention Council for Colusa County. They are a local non-profit organization serving families in Colusa County by collaborating with other local entities to prevent child abuse. CAPC operates a Family Resource Center in the town of Colusa. CAPC provides prevention programming such as From Lightness to Dark; Girls on the Run; Nurturing Parent; Parent Child Play Groups; Parent Partner and Seeking Safety.
Tri Counties Community Action Partnership (TCCAP)	Enhanced Care Management. Local Indigent Needs. Services include outreach, health promotion, family support, coordination of referrals and comprehensive case management.
Ministerial Association of Colusa County (MACC)	The Ministerial Association of Colusa County is an association of 21 churches and parishes, along with their ministers that coordinates charitable endeavors, extends

	Christian benevolence, and advocates for affiliated ministries and mission partners throughout Colusa County. They provide food, clothing and shelter support services. They operate Pneumacare, a program designed to support community care and provide case management services.
A Hand Up	A Hand Up provides a free meal twice a week that is open to anyone in the community. There is no eligibility and no documentation needed to be able to attend the meal.
Karen's House	Karen's House is a local non-profit providing Domestic Violence Services to those in need. Services can include housing, clothing, food, referrals for additional services, and advocacy services.
Tribal TANF	The California Tribal TANF Partnership (CTTP) is associated with 20 tribes and other organizations that operate tribal Temporary Assistance for Needy Families (TANF) programs for Native American people. Temporary services include cash assistance, educational activities designed to increase the family self-sufficiency, welfare diversion assistance, and supportive services.
Colusa County Office of Education	Provides Community School, Head Start Services and Special Education Services. CCOE staffs a Prevention Coordinator assigned to work with homeless and foster youth. In collaboration with the Colusa County Behavioral Health, they operate the Behavioral Emotional Support Team (BEST) providing various interventions within each district to improve students' well-being.
Superior Court of California, County of Colusa, Family Law	The Family Law Facilitator is an attorney who can help individuals represent themselves in child support and family law matters. The Facilitator assists self-represented litigants in handling their child and spousal support cases. A specially trained Court Mediator is available to help families resolve child custody matters
Cachil Dehe Band of Wintun Indians	California Tribal TANF Partnership, Internal daycare, preschool, Wellness Center, Medical Clinic and Dialysis Clinic. Tutoring support and counseling services.
Kletsel Dehe Band of Wintun Indians, Cortina Rancheria Band	California Tribal TANF Partnership, assistance in the areas of housing, medical assistance and education for its tribal citizens.
Colusa County Sheriff's Office	The Colusa County sheriff's office provides drug education to school districts in the county. The Drug Abuse Resistance Education Program (D.A.R.E.) provides children with facts about the consequences of substance abuse. D.A.R.E.'s goal is to install the positive mental attitudes necessary to arm

	young people in avoiding these pitfalls. The school resource officers are integral parts of the MDT.
Colusa County District Attorney's Office	The DA's Office provides Victim Witness Services to those effected by a crime. Services include crisis counseling, food, shelter, clothing, and medical care. Advocates provide education regarding the criminal justice system, aide in applying for the State Victim Compensation Program, and make referrals to appropriate programs.
Alta California Regional Services	Alta California Regional Center (ACRC) is a private, non-profit corporation working under contract with the State of California, Department of Developmental Services, to provide services to persons, age three and above, with a developmental disability pursuant to the Lanterman Act. ACRC also provides services to infants and toddlers, between birth and 36 months, who have a need for early intervention services and who meet the eligibility criteria for the California Early Start program.

THEORY OF CHANGE

The section describes the activities and intended outcomes for children, youth, parents, caregivers, and families. The logic model helps to connect the goals of the cross-sector partnership to align with the intent of both the state and federal legislation.

While Colusa County does provide limited prevention services, additional and expanded services are need to ensure successful family engagement and subsequent prevention of youth entering the foster care system. Through our CPP, Colusa County plans to create a robust array of services provided throughout the county whenever possible. Early engagement and introduction to prevention programs will result in fewer incidents of abuse and/or neglect. Use of evidence-based practices (EBPs) will help Colusa County promote the safety and well-being of its youth and families.

Through cross-system collaboration Colusa County will increase and strengthen the county's capacity throughout our communities to increase access to preventions services thereby reducing stressors and reducing the number of families coming into child welfare/probation services and entering the foster care system. Activities intended to support this effort include provision of a EBP nursing home visiting program and enhanced services at our Family Resource Center including provision of infant-play groups, parenting classes and Seeking Safety classes to name a few.

By providing opportunities for children and families to access prevention education and direct services through the EBPs, Colusa County believes this will enhance child and family well-being and aid in the development of natural community supports reducing entry into the child welfare and probation systems.

SPENDING AND SUSTAINABILITY PLAN

Colusa County is committing the State FFPS Program Block Grant and the Family First Transition Act allocations to support the development of the Comprehensive Prevention Plan through the addition and expansion of available evidence based practices. This will be accomplished by providing funds to our current EBP providers and releasing a request for proposals to bring new EBPs to our county.

This program gives parents the tools and know-how to independently raise their children. It's a preventive intervention focused on promoting positive parenting and child development. Giving children a solid start in their first few years of life increases the opportunity for a brighter, more prosperous future.

Colusa County CAPC is currently the primary provider of prevention-based services in Colusa County. They currently offer infant-play groups, Nurturing Parent Parenting programming, Seeking Safety and Parent Project courses. Use of the CPP funding will help support and enhance programs available. It is the mission of this council that we live in a community where children are Colusa County Public Health will implement the California Home Visiting Program (CHVP), by blending FFPS funding with public health grants utilizing the Parents as Teachers curriculum. valued, nurtured and protected and will reach their full potential; where high-functioning families provide an environment that allows to thrive; where agencies throughout the community will collaborate to provide services to children and families and support them toward achieving their goals. Any community member can access these services. Colusa County CAPC is focused on moving up stream and providing services to the general public as well as at-risk families and those families currently working within the child welfare services arena. Funds will also be used to support the Parents as Teachers provide through the Colusa County Public Health Department and Motivational Interviewing initiatives.

Colusa County will utilize Block Grant Funds to expand the availability of motivational interviewing course to all of our cross-sector partners. Our regional training academy currently provides this training however; additional training days will be needed. Colusa County will train to model fidelity.

Colusa County will leverage other available funds received from such sources as Community Based Child Abuse Prevention (CBCAP); California Work Opportunity and Responsibility to Kids (CalWORKs) and American Rescue Plan Act (ARPA) when appropriate to address the prevention needs of our county.

Colusa County is fortunate that given its size, we are able to provide services at all prevention levels. While primary, secondary and tertiary populations are able to access services equally, Parents as Teachers and Motivational Interviewing programs will prioritize families at imminent risk of removal from the home. Utilizing this cross cutting programming will help

develop the supports needed to provide for their families and be productive members of our community.

CPP Spending Plan

Activity	Contractor	Time Frame	State FFPS	FFTA
CPP Staff time	Colusa County DHHS	2023-2025	\$25,000	\$10,000
CPP Development & Implementation	Colusa County DHHS	2023-2025	\$50,000	\$50,000
California Home Visiting Program (CHVP), Parents as Teachers, implementation and staffing	Colusa County DHHS-Public Health division	2023-2025	\$100,000	\$35,000
Co-Parenting EBP- implementation and staffing	Colusa CAPC	2023-2025	\$100,000	
Motivational Interviewing training	RTA	2023-2025	\$25,000	
Expansion of EBPs in county	Pending RFP	2023-2025	\$75,000	