



Nurturing Parent and Child Development

November 10, 2023

Webinar Resources

- [Touchpoints: Birth to Three](#) by T. Berry Brazelton
- [Strengthening Families and the Protective Factors Framework](#) (Center for the Study of Social Policy (CSSP))
- Developmental Milestones and Screening
 - [Check-up Checklists](#) - Healthychildren.org (American Academy of Pediatrics)
 - [Age-specific development](#) - Healthychildren.org (American Academy of Pediatrics)
 - [CDC Milestone Tracker App](#) (Google Play & Apple Store)
 - [Ages & Stages Questionnaire \(ASQ\)](#)
 - [Free access to the Ages & Stages Questionnaire \(ASQ\)](#) for parents through Easterseals
- Autism Spectrum Disorder (CDC)
 - [Modified Checklist for Autism in Toddlers \(M-CHAT\)](#)
- [Regional Center Early Start Intake and Family Resource Centers](#) (CADDSS)
- [Exceptional Family Resource Center](#) (San Diego/Imperial Counties)
- [California Children's Services](#) (DHCS)
- [First 5 California](#)
- [Help Me Grow](#)
- Social & Emotional Development
 - Zero to Three: [Podcasts, videos, and resources in English and Spanish](#)
 - Zero to Three: [Developing Social-Emotional Skills from Birth to Three](#) (English and Spanish)
 - [Center on the Social and Emotional Foundations for Early Learning](#)
- [Circle of Security](#)
- [Raising a Secure Child: How Circle of Security Parenting can Help You Nurture Your Child's Attachment, Emotional Resilience, and Freedom to Explore](#) by K. Hoffman, G. Cooper, and B Powell
- Post-Partum Depression Screening
 - [Edinburgh Postnatal Depression Scale](#)
 - [Patient Health Questionnaires 2 and 9 \(PHQ 2 and 9\)](#)