

Welcome to **THE TRAINING WILL BEGIN SHORTLY**
While you're waiting...

**Building an Interagency Wellness System:
 School Wellness Centers**

CONNECT WITH US!

Icebreaker Question (answer in the chat)
 If you organized your friends together this weekend for an adult playground date - what games would you want to play?

Survey & Certificate of Completion
 Available following the training.

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Hi, We're CalTrin!

Who we are

- The California Training Institute
- Funded by the State of California, Dept. of Social Services, Office of Child Abuse Prevention (OCAP) to support child abuse prevention through professional development and extended learning opportunities.
- Designed for staff of family strengthening and child abuse prevention organizations in California, including Family Resource Centers, Child Abuse Prevention Councils, community-based organizations, and other child and family serving systems.

What we offer

- Live webinars & small group training
- Virtual, self-paced courses
- Job aids & other resources

This training was made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention. Any opinions, findings, conclusions, and/or recommendations expressed are those of the CEBC, CalTrin and do not necessarily reflect the views of the California Department of Social Services.

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Before We Begin...



DURING

- Access your participant guide now! The link can be found in the chat.
- Review interactive features for today's session. Locate the controls on the toolbar at the bottom of your screen.
- This presentation is being recorded.

AFTER


- Complete the survey at the end of this webinar to receive your Certificate of Attendance.
- A follow-up email will be sent to all participants within two days.

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**Building an Interagency Wellness System:
School Wellness Centers**


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CHSD is not responsible for the creation of content and any views expressed in its materials and programming.

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Ventura County
 CHILD, YOUTH, AND FAMILY
 WELLNESS SYSTEM

Building a Wellness System

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A Wellness System is possible when...

...we move beyond prevention (preventing "bad things" from happening) to maximize the conditions and opportunities for all children, and their families to be cherished and thrive.

Ventura County
CHILD, YOUTH, AND FAMILY WELLNESS SYSTEM

To achieve a child, youth, and family wellness system in Ventura County, we will:

- Increase access to services, supports, and wellness
- Increase alignment of public systems and community
- Strengthen protective factors and address SDOH
- and
- Decrease formal system involvement

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AB 2083 (Wellness System) Priorities

INFRASTRUCTURE <i>Information & Data Sharing</i>	PRACTICE <i>ICPM Implementation</i>
FAMILY ENGAGEMENT <i>Parent & Youth Engagement</i>	CAPACITY BUILDING <i>Shared Metrics of System Level Outcome</i>

Ventura County
CHILD, YOUTH, AND FAMILY WELLNESS SYSTEM

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Wellness System Partners

Interagency Leadership Team:

- ❖ Ventura County (VC) Office of Education*
- ❖ Tri-Counties Regional Center*
- ❖ VC Human Services Agency*
- ❖ VC Behavioral Health*
- ❖ VC Probation*
- ❖ VC Public Health
- ❖ Ambulatory Care
- ❖ Gold Coast Health Plan

* Required by AB 2083

Ventura County
CHILD, YOUTH, AND FAMILY WELLNESS SYSTEM

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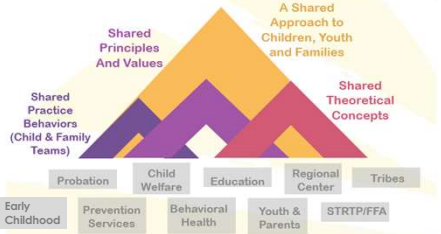

Wellness System Partners (continued)

- ❖ First 5 Ventura County
- ❖ Child Development Resources
- ❖ Partnership for Safe Families and Communities
- ❖ Parents and youth with lived expertise
- ❖ Tribal Partners
- ❖ Community-based organizations



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Blueprint for System & Practice Change: Integrated Core Practice Model (ICPM)

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Four Wellness Center Models


VCOE Wellness Centers K-12	Hueneme School District Wellness Centers/ Community Pathway Pilot
Neighborhoods for Learning & Wellness	BHCIP-funded Youth and Family Center



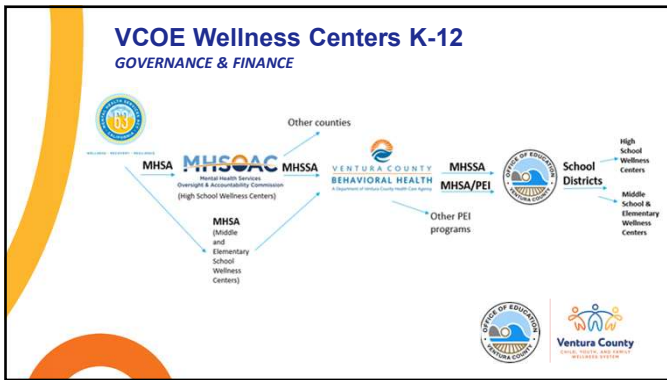
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Model 1: VCOE Wellness Centers K-12

<p>GOVERNANCE</p> <p>Ventura County Behavioral Health, Ventura County Office of Education, & Ventura County School Districts</p>	<p>FUNDING/FINANCE</p> <p>Ventura County Behavioral Health via Mental Health Services Oversight & Accountability Commission and Mental Health Services Act</p>
<p>DATA</p> <p>Data is collected on quarterly basis</p>	<p>PARENT & COMMUNITY ENGAGEMENT</p> <p>Parent and community workshops, many centers open before/after school for families</p>



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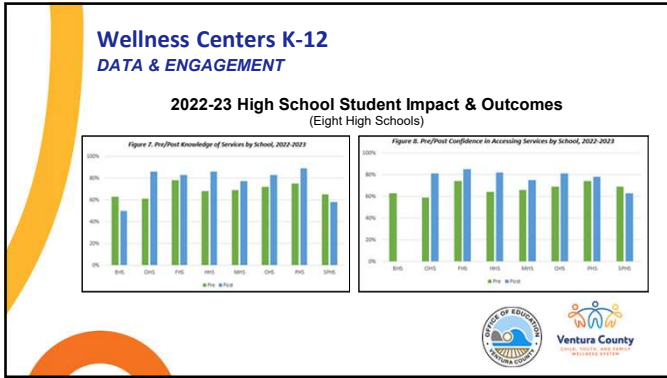
VCOE Wellness Centers K-12

GOALS

- Prevent mental illness from becoming severe and disabling
- Reduce risk factors that negatively affect mental health and academic success
- Improve access to school and community based mental health services
- Provide safe and supportive environments where high school students can discuss concerns and needs in a confidential, nonjudgmental space
- For Peers by Peers



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Wellness Centers K-12 DATA & ENGAGEMENT

2022-23 Parent & Community Impact & Outcomes (All Schools)

DATA	ENGAGEMENT
<ul style="list-style-type: none"> 100+ trainings/presentations on mental health topics for families in middle school wellness centers Of the 100+ trainings/presentations, 11,000 individuals attended these events 130+ trainings/presentations on mental health topics for families in high school wellness centers 	Parent & Community engagement

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Student & Family Engagement - Peer Led

Promote the center through events and communication plan activities

Provide support to Wellness Center Participants

Connecting students with appropriate community resources

Provide mental health education to students

Distribute information about on-site resources

Develop and participate in Wellness Center workshops

Refer students to the center for additional support

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Student & Family Engagement - Centers

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Ventura County Office of Education Wellness Centers K-12

"I've learned it's normal to have lows. That feeling won't last forever."

"If it wasn't for the Wellness Center I wouldn't be graduating."

"There has been a shift in school culture across our middle schools in recognition of the importance of social emotional support. The schools have implanted school-wide social emotional learning and have been increasingly identifying and referring students for wellness support."

"I feel that school is now a safe space because of the Wellness Center."

"The Wellness Center saved my life."

"A foster student who often skips classes because they dislike school met with a Wellness Counselor to learn about the benefits of the wellness room. The student typically shies away from conversations with adults/teachers. After a couple of visits, the student began engaging with mindfulness and other activities. The student is now making progress in class attendance, showed a decrease in oppositional behaviors, and shares that they enjoy accessing the Wellness Center to keep calm throughout the school day."

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Model 2: Hueneme Elementary School District Wellness Center/Community Pathway Pilot

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Hueneme Elementary School District Wellness Center/Community Pathway Pilot

Healthy Start Program Model

- Existing partnership between HESD and CFS
- Child welfare social workers stationed at middle schools
- Provides prevention/early intervention supports & services to at risk students and their families

Pilot Leverages Healthy Start Model

- Staff hired by the school district
- Participation in CFS new social worker training
- Liaison with other Healthy Start social workers, and with child abuse hotline with development of community supporting model



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Hueneme Elementary School District Wellness Center/Community Pathway Pilot

Community Pathway Pilot Site


- Opportunity to coordinate & streamline services/supports to families across community partners
- Promote integration and braiding of funding and resources to address service gaps and build provider capacity
 - E.g., CalAIM service categories and provider types
- Avenue that families can use to access title IV-E funded prevention services outside the formal child welfare system
- Coordination and linkage with other primary and secondary supports
- Likely early/initial site for guaranteed income pilot referrals



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Ventura County Community Information Exchange (VCCIE):


- Create a multidisciplinary network of partners who share data, resources, and use a common technology platform to advance cross-system care planning and delivery at the community level.
- A collaborative approach that involves health and social service providers, to support individuals and families in navigating the Ventura County social service delivery system
- Shared language, common outcome measures, evaluation and data analysis, VCCIE can identify resources and funding opportunities



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Hueneme Elementary School District Wellness Center/Community Pathway Pilot

<p>Governance</p> <ul style="list-style-type: none"> • SBHIP MOU/Agreement • CFS/HESD Contract • PHI Participation Agreement/Contract 	<p>Funding/Finance</p> <ul style="list-style-type: none"> • SBHIP • CFS Block Grant • PH funding for CIE – COVID Relief Grant/ARPA
<p>Data</p> <p>Children with at least one allegation of maltreatment during FY 21/22 (CCWIP)</p> <ul style="list-style-type: none"> • Ages 0-5 – 28.3% • Ages 5-10 – 28.6% • Ages 11-15 – 31.6% • Ages 16-17 – 11.5% 	<p>Parent & Community Engagement</p> <ul style="list-style-type: none"> • Leveraging a known and trusted location within community where families can get linked to services • Aligns with parent-voice focus group input • Co-designing with parent voice



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Model 3: Neighborhoods for Learning (NfL) & Wellness




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NfLs Incorporate National FRC Standards

- Family Centeredness
- Family Strengthening
- Diversity, Equity and Inclusion
- Community Stngthening
- Evaluation



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Model 4: BHCIP funded Youth and Family Center

PROGRAM GOAL 1: Wellness-focused safe that promote resilience, pro-social behaviors, overt development of mental and behavioral health disorders, and prevent them from becoming severe and disabling.

PROGRAM GOAL 2: Reduce risk factors and increase access to culturally competent, developmentally appropriate mental health wellness services by offering screening, early intervention, and address mental health needs of children and youth up to age 25.

PROGRAM GOAL 3: Build partnerships and cross-system collaborations to promote youth and family well-being and increase and improve access to sustainable, culturally competent and developmentally appropriate community-based mental health and wellness focused supportive services.

The accomplishment of these programmatic goals will not only support the VCBH's strategic direction but will have direct and lasting positive outcomes on the youth and families who access the Youth Wellness Center's services.



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Wellness System Next Steps

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Thanks for joining us!

WHAT'S NEXT?

- Survey and certificate in the chat now
- Follow-up email with resources within two days
- Watch your inbox for the next issue of *CalTrin Connect*

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