

RESILIENT LAKE COUNTY

Comprehensive Prevention Plan



July 2023



Background		2	TABLE OF
County Overview Vision, Purpose & Core Values		3	CONTENTS
Resilient Lake Co. Partners & Governance Structure		4	
Cross-Sector Collaboration & Partner Engagement		6	
Asset Mapping		7	
Community Engagement		8	
Target Candidacy & Needs Assessment		12	
Candidacy Population & Evidence-Based Programs (EBI	P)	13	
Integrated Core Practice Mode	el	13	
Lake County Prevention Goal (2023-2025)]	ls	15	
Theory of Change		24	
Probation Department		25	
Tribal Consultation & Collaboration		26	
Spending & Sustainability	y	26	
Contact Information		29	
Appendix A- E		30	

BACKGROUND

The Lake County Department of Social Services (LCDSS) and the Lake County Probation Department, in conjunction with Lake County Children's Council, collaborated with partners in the decision-making of local community-based organizations serving children and families such as the Department of Behavioral Health Services Department, Department of Health Services, Non-profits, Family Resource Centers, Robinson Rancheria of Pomo Indians of CA, Scotts Valley Band of Pomo, Habematolel Pomo of Upper Lake, Big Valley Band of Pomo Indians, Lake County Office of Education, and First 5 Lake County. The Comprehensive Prevention Plan (CPP) was developed through a series of planning sessions, facilitated by Strategies Technical Assistance (Strategies T.A.). The planning sessions began in July 2022 through monthly virtual and in-person sessions, to ensure community input, engagement, and assessment of county prevention priorities.

The Federal Family First Prevention Services Act (Family First) became law in 2018 and the FFPS was established in California in July of 2021. California Department of Social Services (CDSS) requires each county that desires to utilize Federal Family First funding to develop a Comprehensive Prevention Plan (CPP) which describes the full array of prevention services and resources available for families to prevent child welfare involvement. The CPP also responds to each of the required elements by CDSS including the Family First candidacy populations, evidence-based programs (EBP's), primary prevention, and Lake County plans to use the State block grant (SBG) funding available from the CDSS through June of 2025.

Lake County served as 1 out of 22 counties in California that participated in the 2019 Office of Child Abuse Prevention Summit held in San Diego, in which the county developed an Action plan that launched county-wide planning efforts to develop a collective approach to focus on prevention efforts. Today, Lake County prevention efforts have been led by the Resilient Lake County Collaborative, an ad-hoc group under the Lake County Children's Council. The Lake County Collaborative has actively participated with cross-sector partners to develop a community prevention plan that addresses the priorities identified through the facilitated planning sessions. A series of facilitated sessions launched the planning of the CPP, and the Resilient Lake County committee worked on their purpose, vision, and core values to solidify their intentions in leading a collaborative approach to the development of a comprehensive prevention plan that expanded outreach efforts to increase partnerships and reach community families, stakeholders, and caregivers.

RESILIENT LAKE COUNTY

VISION

Building a healthy community, where Lake County families and youth can flourish.

PURPOSE

Strengthening families by building and maintaining resilient & transparent community collaborative partnerships

CORE VALUES:

Collaboration, Resilient, Consistent, Trustworthy, and Transparency.

LAKE COUNTY COMMUNITY

Lake County is a rural county that forms the Clearlake, California micropolitan statistical area. It is directly north of the San Francisco Bay Area. Lake County is part of California's Wine Country, which also includes Napa. Sonoma, and Mendocino counties. The county has a total area of 1,329 square miles, of which 1,256 square miles is land and 73 square miles is water. Consisting of 68,191 population, according to the 2022 US. Census Bureau. Lake County is surrounded by mountainous terrain and is divided into northern and southern "shores" by Clear Lake, California's largest all-natural lake. Lake County has two incorporated cities, Clearlake on the south shore and Lakeport on the north shore. There are numerous small towns surrounding the lake and situated throughout the County. Lake County has been inhabited by Pomo Native Americans for over ten thousand years. Pomo people continue to live in Lake County. The county's poverty rate is 16.5% which is greater than the State rate of 12.3%. The county's demographics consist of 86.4% White, in comparison to the state of 71.1%, which is lower, 23.9% Hispanic or Latino, and 4.7% American Indian & Alaska Native. The median household income for the

community is \$53,399 (U.S. Census Bureau, 2022).





PREVENTION PARTNERS

Lake County Comprehensive prevention planning partners

Lake County Department of Social Services	First 5 Lake County	North Coast Opportunities (NCO)
Lake County Probation Department	Lake County Public Health	Scotts Valley Band of Pomo Indians
Lake County Children's Council	Lake County Family Resource Centers	Robinson Rancheria of Pomo Indians of California
Lake County Office of Education	Easter Seals	Redwood Community Services
Lake County Employment Services	Lake County School districts	Big Valley Band of Pomo Indians
Lake County Behavioral Health Services	Kno Qoti Native Wellness	Habematolel Pomo of Upper Lake
Redwood Coast Regional Center	Lake County Tribal Health	Adventist Health



GOVERNANCE STRUCTURE

A description of the county's governance structure to ensure that required cross-sector collaboration was utilized in decision-making for the CPP.

The governance structure will ensure to collaborate as a cross-sector collaborative group to reduce child abuse incidents and cases in the county, through a collective approach, leveraging resources, and aligning efforts to meet the prevention goals identified in the comprehensive prevention plan. The planning process created opportunities to address local gaps through data sharing and community needs assessment results that aided in the development of priority areas and local prevention goals, as a group.

In addition, the group has committed to implementing the four (4) goals and assessing the progress through monthly/quarterly/bi-annual outcome assessment(s). The core group will be comprised of the Resilient Lake County, an ad-hoc group of the Lake County Children's Council (CAPC).

Resilient Lake County will lead the discussions and facilitate ongoing collaborative meetings to address the adopted CPP priorities to implement the strategies identified by the group. The Department of Social Services, Probation Department, and the Lake County Children's Council will continue to lead efforts, coordinate prevention plan efforts, and monitor prevention plan performance by partners/groups. Communication is a priority for the governance group and CPP performance updates will be coordinated and provided through the Resilient Lake County Collaborative. The CPP plan was developed with local partners to respond through a collective impact approach and through a community engagement framework. Performance assessments will be conducted by the Resilient Lake County Governance to maintain the progress of the goals identified to prevent child abuse in Lake County.



CROSS-SECTOR COLLABORATION & PARTNER ENGAGEMENT

Resilient Lake County will ensure that the required partners for cross-sector collaboration will occur with the ongoing monitoring of the FFPS Program and the input will be incorporated by the partners below:

- Child Abuse Prevention
- Council (CAPC)
- Child Welfare Agency
- Probation Department
- Tribal Representation
- Office of Education
- Behavioral Health Department
- Non-Profit/Community-Based
- Organizations
- Family Resource Centers

The process to review and consult on necessary guidance and implementation decisions. provide feedback. and receive notification regarding the recommended priorities will be discussed in the monthly meetings of the Lake County Resilient Governance ad-hoc committee. Which notifies collaborative partners of the monthly meetings, documents notes/minutes, and reviews the strategic priorities, as a group. The Department of Social Services, the Probation Department, and the Children's Council serve as the core governance group to address the ongoing coordination of planning sessions. Strategies Technical Assistance will support Lake County's planning, implementation, and evaluation process, as required by the governance body. The CPP will be documented and tracked through a logic model to assess progress or challenges.





CPP Planning sessions were conducted since July 2022 and the collaborative group identified the priority areas and goals for **Lake County Comprehensive Prevention Plan. The** performance and outcomes of the plan will be assessed. evaluated, and monitored by the Lake **County Children's** Council, ad-hoc committee, Resilient **Lake County** Governance

Asset Mapping

The Comprehensive Prevention Plan (CPP) was led through a community-wide survey, in partnership with the Lake County Behavioral Health Department. The survey was developed and coordinated by the agency to identify community priorities and current gaps in the areas of mental health. The Lake County Suicide Prevention Asset Mapping Survey was released for community residents, families, and service providers to provide input on the local community needs and help identify the target population needing supportive

Community Survey Findings:

Needs	Priorities
Reduce Stigma among residents that are seeking help	Increase awareness of programs or services in suicide prevention or intervention for families/parents
Engaging underserved populations in suicide prevention efforts	Training for staff and for community-based providers on Suicide Prevention
Preparing community members to recognize warning signs and intervene with a loved one	Identifying an assessment/screening tool to use in the county across systems

The Lake County Asset mapping process led the Lake County prevention team to launch community engagement efforts, to gather input which would aid in seeking input on prevention priorities. The community engagement efforts were created through multiple modalities, to expand outreach efforts and increase opportunities for community residents to participate.

The results of the Lake County Asset Mapping survey (as shown in the table above) were assessed, discussed and analyzed to better understand the county's current capacity and address the need to increase primary, secondary, or tertiary services. The Lake Co. prevention team throughout the planning sessions, identified the need to increase suicide prevention awareness, education, and training for service providers.

The asset mapping results yielded a need to increase community outreach efforts, to promote awareness and education for parents, families, and individuals. As a result of the survey results, the Lake County Behavioral Health Department and the local CPP collaborative will strengthen the prevention efforts county-wide, to increase access to mental health, staff assessment trainings, reduce stigma, and decrease rates of suicide in the county.

The CPP prevention team mobilized multiple community engagement opportunities between September 2022 through April 2023. The combination of the asset mapping results and the community engagement feedback allowed for the Lake Co. Prevention team to develop the CPP goals. The community engagement efforts were coordinated, tracked, and documented by the prevention team and facilitated by the Strategies T.A. Consultant. Debrief sessions followed each community engagement session and were utilized to further develop the plan. The candidacy population was established by the results captured through the multiple community engagement modalities, as delineated in the Community Engagement section.





COMMUNITY ENGAGEMENT-MODALITIES

Resilient Lake County through planning sessions identified the various opportunities to engage with the community residents, stakeholders, partners, and clients to seek input and/or feedback on what barriers and gaps in supportive services were faced by community residents, caregivers, and families. This process supported:

1) Engagement of county-wide parents, guardians, caregivers, heads of household, and families with children, 2)Empowered healthy discussions on current challenges and opportunities faced by parents/providers and 3) promoted awareness to the community on the purpose of the Comprehensive Prevention plan efforts and purpose.

Barriers, challenges, and opportunities were identified through these community engagement efforts, which included the following engagement modalities and county-wide strategies:

1. Community Engagement Session- a public inperson meeting held at the Konocti Vista Casino — February 21, 2023

Facilitated by Strategies T.A. -48 total attendees

- Guided discussion on community needs and priorities by parents and local service providers
- Identification of candidate target groups/priority target populations based on community input
- Identification of strategic prevention goals
- Promotion of the CPP process and purpose
- Community Dinner to increase collaboration between parents and local service providers/community-based organizations; agency booths to promote resources.





- 2. Lake County Suicide Prevention Asset Mapping Survey— Developed and led by Lake County Behavioral Health Department-September 2022
 - Identification of existing issues/needs faced by residents
 - Services needed and challenges faced in accessing services
 - Reasoning why it is a concern or potential threat in the escalation of suicide(s) in the community
 - Limited information or lack of awareness by the community



COMMUNITY ENGAGEMENT- MODALITIES

3. Community Engagement Social Media Campaign—launched during December 2022-results tallied and collected by all partnering local agencies and community-based organizations, which participated by posting the social media campaign questions during the month of December.

Part I- December 1st through December 15th - Question #1-"What has helped you be the parent you are today?"

- 1. Primary response: Family and Friends
- 2. Secondary response: Compassion/Love
- 3. Third response: Setting Example/Past Experiences (Good & Bad)

Part II- December 16th through December 31st Question #2-"What would make parenting easier for you?"

- 1. Primary response: Place/Things for Kids to Go/Do
- 2. Secondary response: Help from family/friends/community/law
- 3. Third response: Safer parks/outdoor spaces (Fewer drugs/homeless)



- 4. State Convening—Office of Child Abuse Prevention & Strategies
 - a. Invitation to local service providers & community stakeholders, to further develop strategic prevention goals and strategies
 - b. Define the outcome and resources needed to achieve the goals
 - c.Decision-making on the implementation and coordination of the Comprehensive Prevention Plan
 - d. Identify responsible parties and/or providers for each strategy

The following data was gathered through the community engagement process from December 2022 to April 2023; The results were assessed by the prevention team. The data and input was incorporated into the CPP plan.

COMMUNITY ENGAGEMENT PRIORITY RESULTS

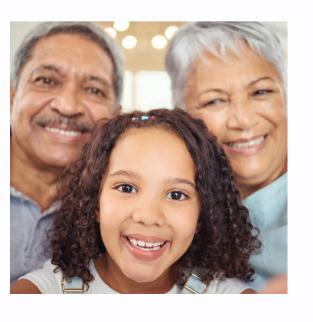
Parent Input-Top Needs				
Resources	Higher	Specialized		
for Special Education	Income/better pay	help (Complex cases)		
Affordable childcare	Outside activities for children	Sharing data between programs		
Affordable healthy food choices	Transportation	Behavioral Health/Access to services		
Respite Care	Housing	Medical care/meet medical needs		

Caregiver Input-Top Needs

Garegiver input-rop needs			
Advocates for change	Aftermath of Covid	Transportation	
Lack of access to programs or services	Affordable HealthCare	Higher Income/better pay	
Respite Care	Specialized Medicine	Housing	
Trauma	Childcare	Sobriety programs	

Local Community Challenges-Top Needs

Childcare availability, especially for children with complex needs	Safety-Not enough law enforcement	Back up childcare when reliable care is unavailable
Cost of living, activities for children 0-4	Policy makers need to be at the table; policy changes needed	Cost of childcare when you don't qualify for support.
Unaware of available services, do not know how to access services	Developing self-esteem in the child	Mental Health access.
Access to services for my non- needy children	Lack of Health Care specialty	Lack of understanding of services available.



The priorities identified by parents, providers, and partners were utilized in the planning process of Lake County's priorities. The Comprehensive Prevention Planning team utilized the information to assess the needs and develop a responsive prevention plan. The Community Engagement results (shown in the table above) were obtained on February 2023.

TARGET CANDIDACY POPULATIONS & NEEDS ASSESSMENT-STRATEGIES

Resilient Lake County conducted the following community assessments and processes to capture input to aid in the comprehensive prevention plan:

- 1) Asset Mapping through Lake County Behavioral Health Department- Suicide Prevention Survey
- 2) Resilient Lake County planning sessions: July 2022 to July 2023.
- 3) Community Engagement Public Session to seek input from residents, parents, and stakeholders. To identify priorities for families and caregivers—February 2023.
- 4) Social Media Campaign-Community Engagement- kicked-off in December 2022 to seek parents' and families' community input on their local needs, gaps, and what current support systems they access.
- 5) Parent Focus Group Input- Parents attending parenting classes under the Lake County Office of Education provided gaps, needs, and identified priorities (Spanish-speaking parents)- March/April 2023

TARGET POPULATION(S) IDENTIFIED:

The following target populations were identified and prioritized through community engagement efforts and asset mapping survey results. Adopted as the target populations in the CPP plan:





General
Population/
Parents





Parents of Children with Disabilities





Native
American &
Latino
Parents/
Families with
Children

12

Candidacy Populations Selected for Family First EBP's (State Funds)
Lake County has identified the following
four (4) Evidence-Based Programs
(EBP's)
to implement in the county
Comprehensive Prevention Plan (CPP)

EBP'S PRIORITIES

- Family Check-Up
- Motivational Interviewing
- Parent-Child Interaction Therapy (PCIT)
- Healthy Families



INTEGRATED CORE PRACTICE MODEL (ICPM)

Resilient Lake County established planning sessions that included all service providers in the local area, region, and county. Through the planning sessions, partners that were not attending or missing from the table were identified and a plan was established for outreach efforts to invite them personally to the following CPP planning session. Each partner contributed with support in reaching out to organizations that were not being represented during the planning series.

Integrated Core Practice Model (ICPM)

Child Welfare Services (CWS) has contracted with several community partners for various prevention and intervention programs to assist in the safety and well-being of children and families in Lake County. The Probation Department uses reasonable candidacy and the PACT assessments to determine the risk level of a minor and if a juvenile is at risk for out-of-home placement. The Comprehensive Prevention Plan process incorporated the following local strategies, to aid in the development of the plan to increase family engagement, service delivery, and align efforts to support family stabilization & and transition. The following practices and strategies are incorporated locally and were utilized in the CPP planning:

- Both Lake Family Resource Centers (LFRC) and Lake County Office of Education (LCOE) have a contract for Differential Response with CWS. The core elements of Differential Response include a broad set of responses for working with families at the first signs of potential abuse and/or neglect: Meaningful family engagement to ensure that needed changes are recognized and acted upon, family support services, and tracking outcomes. These services are preventative activities designed to alleviate stress and to promote competency and behavior that will increase the ability of families to successfully nurture their children, to enable families to use other resources and opportunities that are available in the community, to create supportive networks that enhance childrearing abilities of parents, to help compensate for the increased social isolation and vulnerability of families, and to prevent recurrence of maltreatment and/or entry to foster care.
- LFRC offers via another contract with CWS, the Nurturing Parenting Program (Nurturing Skills for Parents) to be offered in-home to all parents who are Differential Response (DR) clients in Lake County.
- LCOE receives Lake County's Community Based Child Abuse Prevention (CBCAP) allocation from CWS and the County Children's Trust Funds (CCTF). These funds are used to support the Children's Council and their prevention activities throughout the year, including supporting Resilient Lake County meetings.
- The Probation Department uses reasonable candidacy and the PACT assessment to determine the risk level of a minor and if a juvenile is at risk for out-of-home placement. Motivational Interviewing is used while conducting interviews with the juveniles and families to inform the tools. With the PACT assessment, the Probation Department can determine and focus on the top three areas of need for juveniles. Once these areas of need are determined, the Probation Department will typically meet with the juvenile and family and discuss the services available to them to assist the juvenile in these areas of need. Using these discussions and tools, the Probation Department and the family develop specific case plan goals to generate a case plan to guide these efforts
- The Probation Department utilizes local services to assist the juveniles and their families. These services include Lake County Behavioral Health and Lake County Tribal Health for both behavioral health counseling and substance abuse counseling needs. The Probation Department also uses preventative services such as the Boys Council and Girls Circle curriculums at three of the local schools, and a diversion program with the Lake County Office of Education called Probation Family Pro. Probation Family Pro which provides the juveniles and their families with support, including parenting support and educational support.
- The Probation Department also works with the Lake County Office of Education to utilize a Family WRAP program. Family WRAP provides the juveniles and families with a team to support them. This team includes a care coordinator, who facilitates Child Family Team meetings (CFT), a skills coach who directly works with the minor, and a parent partner who works with the parents. Family WRAP is designed to be a shorter-term program (approximately three to six months), but it can be extended if necessary, according to the needs of the family.
- The Probation Department works with Redwood Community Services, a local non-profit organization, to provide WRAParound services to juveniles and their families where the juvenile is designated at risk for out-of-home placement. WRAParound also provides the juveniles and families with a team that includes a care coordinator, a skills coach, and a parent partner. WRAParound also has in-house behavioral health services, so if the family chooses, they can utilize a therapist from Redwood Community Services instead of going to other behavioral health providers, such as Lake County Behavioral Health or Tribal Health. WRAParound services can be in place for anywhere from six to eighteen months, depending on the families' needs. Aftercare WRAParound services are utilized when a juvenile transitions back home from being in out-of-home placement.

RESILIENT LAKE COUNTY PREVENTION GOALS-THEORY OF CHANGE/LOGIC MODEL

The following logic model has been adopted by the Resilient Lake County Committee, leading the Comprehensive Prevention Planning efforts for Lake County. The Comprehensive Prevention Plan Goals were developed in conjunction with county-wide efforts, assessments, and community engagement efforts. The goals have been defined into action steps and strategies, to provide guidance to each of the partners supporting the CPP.

GOAL/Level (Primary Prevent Increase Behavioral/Mental Health I prevention Education Community Outreach/education	ion Level) e Education & Suicide on through	Data Collection & Tracking	Outcomes
Goal 1 Strategy 1.1.1 Community Outreach/Education to the public (ex: Suicide prevention, hope, resource line); Campaign with HOPE messages or signs of help;	Action 1: Support & implement the Lake Co. Suicide prevention plan goals & strategies as a collaborative through our agencies/work	 Number of Trainings provided and county location; Number of participants/parents reached or trained Post to Website & through social media outlets: Resources/Tools/Documents for the public 	 Increase parent's awareness & education Increase providers awareness & education Resources, tools and documents are accessible to public
Strategy 1.1.2	Action 2: Assess and evaluate the 'Asset Mapping' Survey results for Lake Co. Suicide Prevention Plan.	 Develop outreach information/materials in conjunction with Child Abuse Prevention material on priorities from the Suicide Prevention Plan Data from First Responders, medical staff & providers on delivering, utilization or education of information/strategies to public 	 Create joint outreach campaign that addresses suicide prevention plan priorities First Responders and providers educate & provide information on suicide prevention to public

Strategy 1.1.3	Action 3: Mobile Outreach campaign by Behavioral Health;	 Track how many individuals interact or access services from the outreach efforts and/or mobile services Track individuals that access mental health services for the first time Collect data on what barriers are preventing utilization of mental health services 	 Increase outreach to individuals in remote areas Increase access to mental health services Reduce Stigma
Strategy 1.1.4	Action 4: Campaign with HOPE messages or signs in the community	 Number of Activities supported during Mental Health Awareness month- in May (joint campaign) Number of campaign methods provided in the community and multi-languages 	 CCBH offered in schools Counseling offered in all schools Increase messaging in the community
Strategy 1.2.1 Remove Stigma about accessing mental health; campaign to increase access & acceptance by all;	Action 1: Behavioral Health will share the list of county-wide 'Activities around removing stigma' will be shared & assessed to support the activities and/or develop new activities in our agencies/work; coordinate with Behavioral Health.	 Track number of Activities around removing stigma offered Track methods of distribution: Social media, websites, poster locations, format/modality, languages 	 Promotion of Activities increases to reach a broader audience and target populations Culturally appropriate materials are distributed in county campaign

Strategy 1.2.2	Action 2: Reduce stigma in our own organizations (internal work) how to help our staff access services/help; system change needed; how to increase access for staff.	 Track trainings offered to staff/professionals/service providers Number of staff offering outreach services 	 Increase trainings for staff & organizations Behavioral Health provide trainings and coordinates outreach to staff
Strategy 1.2.3	Action 3: ACES how are we incorporating into our organizational work and with our clients/parents.	 Track the number of trainings for staff/service providers Number of Assessments conducted by organization Number of participants in ACES overcomers 	 LCOE provides counseling services ACEs assessments completed countywide Incorporation of ACEs assessments in case planning by organizations
Strategy 1.2.4	Action 4: Linking resources to help parents navigate; Assess our county-wide services.	 Number of parents linked to mental health services Number of parents that follow through/obtain mental health services 	 Increase mental health services for parents/caregivers Increase accessibility

(Second Offer Pa & Support which is avail Tee Grandparents (raising the Chil special needs. Ensure services	AL/Level: #2 dary Prevention Level) renting Classes able for: the General population, n parents, eir grandchildren) and Parents & dren with our county is providing these for the multiple populations.	Data Collection & Tracking	Outcomes
Goal 2 Strategy 2.1.1 Increase classes and supportive services county-wide; build county capacity through various modalities/options	Action 1: Promote parenting class information county-wide (currently offered) offered through: -Classes -Outreach -Support Groups -Stabilization Services -In-home Services	 Track parenting classes offered county-wide; one document to share with organizations and public Number of locations classes offered 	 Increase accessibility of parenting classes Increase awareness of classes for parents Improve communication with parents and organizations
Strategy 2.1.2	Action 2: Assess the current programs & evaluate potential Evidence-based programs available to adopt county-wide	 Number of assessments completed Findings of assessment Evaluation results from parents attending classes 	 Increase quality of classes Assess classes for continuous improvement
Strategy 2.1.3	Action 3: Data sharing; evaluate current programs effectiveness; assess the data by Resilient Lake Co. to help in deciding if we need to move to an evidence-based program	 Results of Evaluation of current programs Track program effectiveness/progress Identify Evidence-based programs, available as options 	Increase quality of programs/classes

Strategy 2.1.4	Action 4: Utilize the asset mapping tool/results from Goal #1/Strategy 3/Action#3 to help in planning to meet the gaps in service needs under these areas.	 Results are evaluated Track progress of strategies Identify/track gaps in services 	 Increase evaluation of existing programs/services to assess the gaps in services Improve planning efforts with data
Strategy 2 Strategy 2.2.1 Increase Access to services: Iocations transportation non-traditional hours on-call available	Action 1: Assess the ability of organizations to offer in- person + Capacity + transportation and/or virtual models (Via survey)	 Track organizational capacity to offer services Number of new services Development of survey and collection of results Number of Transportation provided by each agency 	 Increase options for parents Increase capacity to deliver services by organizations/part ners Community survey to assess county capacity and effectiveness
Strategy 2.2.2	Action 2: In-home visiting expansion to serve families	 Track organizational capacity to offer services Number of homes in the county visited Number of expanded homes served Track the number of families served 	 Increase services county-wide Increase the number of families served
Strategy 2.2.3	Action 3: Mapping parenting services: Promote parenting programs through outreach	 Number of programs being promoted in outreach efforts Identify parenting programs Number of referrals 	 Parenting programs promoted through a coordinated effort

Strategy 3 Strategy 2.3.1 Develop Friendship groups/support groups for parents and children with disabilities	Action 1: Identify agencies that are offering support and support and build upon their services.	 Number of participants Number of referrals Number of completions Number of PDI Special families served Number of Regional Center participants 	 Community Resource Lists created/developed Promotion of CANS/ECBI/PSC- 35/ACES Services of BHS are promoted among organizations
Strategy 2.3.2	Action 2: Apply for Grants that are available for this and support those agencies that do.	 Identify Funding opportunities Track grants that are submitted and status of funding Track funds awarded 	 Increase sustainability of CPP prevention goals, efforts, and strategies
Strategy 2.3.3	Action 3: Explore new parenting classes/groups	Identify & Track new parenting programs/classes	 Expand capacity in the county Increase options for parents Serve and assist target population groups identified in candidacy

GOAL/Level: Goal #3—Tertiary Level Peer support/Friendship groups (parents, youth, children with disabilities) open to the community; Mentoring outreach/education.	Action	Data Collection & Tracking	Outcomes
Goal 3 Strategy 3.1.1 Identify other partners to support or non-traditional approaches available (faith- based etc.)	Action 1: Reach out by email to agencies and poll what is in place	Number of self- reported areas of support needed	Expand opportunities and services
Strategy 3.1.2	Action 2: Google doc survey of agencies to poll what is in place	Data needed is establishedAssess the impactHow many participants attendingAre participants completing the full program	Assessment of current services and impact
Strategy 3.1.3	Action 3: Have an analyst do a social media survey of what's advertised and make a spreadsheet of what is advertised.	Track results from surveyData and results utilized for planning purposes Identify the marketing/outreach efforts	Community survey on marketing and outreach effortsDevelopment of services/outreach based on community results
Strategy 2 Strategy 3.2.1 Identify mentoring programs in the community and build capacity in mentoring services. (Mapping of services available)	Action 1: Reach out by email to agencies and poll what is offered	Assess dataCompare data with peer groups (focus groups)Qualitative Data (stories)	Develop a map of what is available & effectiveness
Strategy 3.2.2	Action 2: Google doc survey of agencies to poll what is in place	Assess data; Compare data with peer groups (focus groups); Qualitative Data (stories)	Develop a map of what is available & effectiveness

Strategy 3.2.3	Action 3: Have an analyst do a social media survey of what's advertised and make a spreadsheet of what is advertised.	Survey results Identify what is advertised and what is not being promoted	Increase outreach and marketing of all programs/servicesCoordina te efforts based on survey results
Strategy 3 Strategy 3.3.1 Identify gaps from the results from above	Action 1: Review data and categorize it.	ldentify gaps from results of surveyData assessed	Community survey to seek inputUtilize for planning purposes
	Action 1: Identify agencies that are offering support and support and build upon their services.	ldentify support needed	Increase IocationsCoordinate community input/surveys
Strategy 4 Strategy 3.4.1 Strategy 3.4.2 Strategy 3.4.3 Fill community & local gaps	Action 2: Apply for Grants that are available for this and support those agencies that do.	Track grant funds awardedTrack grants applied forldentify local community-based organizations that can offer services	Increase capacity, services and programs in the county
	Action 3: Explore new parenting classes/groups	Track new parenting classes/groups Identify local community-based organizations that can offer new services	Expand capacity of classes/groups in the countyIncrease options for parents/families/caregivers
GOAL/Level: Goal #4 Level Build and Strengthen Tribal Partnerships	Action	Data Collection & Tracking	Outcomes
<u>Goal 4</u>	Action 1: Identify who will make contact.	Tribal partners participation through sign-in sheets, minutes, agenda items	Increase tribal partner attendanceEstablish working relationships
Strategy 4.1.1 Identify Tribal Leaders, Stakeholders and Advocates	Action 2: Personal Invite to the table.	Tribal partners participation through sign-in sheets, minutes, agenda items	 Increase tribal partner attendance Establish working relationships Culturally Competent services provided

Strategy 4.1.2	Action 1: Plan Event with a publicized agenda and why it benefits to attend	Tribal partners participation through sign-in sheets, minutes, agenda itemsJoint community event flyers, outreach efforts, email list established, and coordinated services	 Increase tribal partner attendance Establish working relationships Culturally Competent services provided
Facilitated Stakeholder Meeting to present CPP	Action 2: Have Breakout sessions where funding options and Programs are discussed	Collection of resourcesFrequency of useEBP program that is culturally appropriately selected/identified	 Increase tribal partner attendance Establish working relationships Culturally Competent services provided
	Action 3: Hybrid option	Joint coordinated effortsTribal leaders at the table	 Culturally Competent services provided
	Action 1: Make a consolidated list from the StakeholderMeetin g of Programs identified	Joint coordinated effortsTribal leaders at the table	 Increase tribal partner attendance Establish working relationships Cultural Competent services provided
Strategy 4.1.3 Identify Resources that each entity has	Action 2: Have an analyst consolidate all data gathered at the Stakeholder Meeting	Joint coordinated effortsTribal leaders at the table	 Increase tribal partner attendance Establish working relationships Culturally Competent services provided
	Action 3: Promote the data learned	Increase coordination meetingsTrack how many ICWA children are being served	 Increase tribal partner attendance Establish working relationships Culturally Competent services provided
Strategy 4.1.4 Build a collaboration with	Action 1: Establish quarterly meetings	Increase coordination meetingsTrack how many ICWA children are being served	 Increase coordination efforts Coordination of culturally appropriate services for American Indian/Alaskan Native
tribal communities for programs to work together.	Action 2: MOU between all agencies on commitment to work Together to promote prevention	Development of MOU Increase prevention services for ICWA eligible childrenTrack trainings attended by staff in cultural competenceldentify the tribes and leadership in our county	 Strengthen working relationships with tribal leaders & partners Cultural appropriate services are provided and coordinated

THEORY OF CHANGE

CHILD WELFARE SERVICES(CWS)PREVENTION EFFORTS

Lake County Child Welfare Services has selected several strategies to address outcomes at the primary, secondary, and tertiary levels for our focus population. The desired outcomes include decreasing entries and reentries into foster care, decreasing the rate of substantiated referrals to child welfare, decreasing referrals to CPS, increasing the number of parents that have access to prevention services, and reducing the disproportionality and disparity in investigations and removals. The Logic Model outlines the strategies identified for child welfare, at every level, primary, secondary, and tertiary, to achieve the desired outcomes, using the State Block Grant funding. CWS has partnered with the Probation Department to allocate staff time—Analysts to assess and monitor the CPP outcomes and data.

	Time Period				
Age Group	JAN2019- DEC2019 per 1,000	JAN2020- DEC2020 per 1,000	JAN2021- DEC2021 per 1,000	JAN2022- DEC2022 per 1,000	
Under 1	44.6	41.3	32.8	27.3	
1-2	M	М	M	M	
3-5	11.3	10.9	10.2	9.7	
6-10	8.4	7.3	7.8	6.3	
11-15	5.8	4.7	5.2	5.0	
16-17	M	M	M	M	
Total	10.2	9.0	8.6	7.4	

	Interval			
Age Group	JAN2019- DEC2019	JAN2020- DEC2020	JAN2021- DEC2021	JAN2022- DEC2022 n
Under 1	32	29	24	20
1-2	M	М	М	М
3-5	25	24	23	22
6-10	32	28	30	24
11-15	22	18	20	19
16-17	M	М	М	М
Total	137	121	117	101

	Point in Time				
Age Group	Jul 1, 2019 per 1,000	Jul 1, 2020 per 1,000	Jul 1, 2021 per 1,000	Jul 1, 2022 per 1,000	
Under 1	M	M	M	19.1	
1-2	15.9	13.1	7.8	M	
3-5	9.9	6.8	7.5	9.7	
6-10	7.9	6.0	М	M	
11-15	7.7	10.2	10.5	9.7	
16-17	M	M	M	8.5	
Total	9.4	8.5	7.2	7.6	

	Point In Time				
Age Group	Jul 1, 2019 n	Jul 1, 2020 n	Jul 1, 2021 n	Jul 1, 2022 n	
Under 1	718	703	731	733	
1-2	1,511	1,448	1,418	1,435	
3-5	2,217	2,193	2,265	2,277	
6-10	3,815	3,823	3,850	3,833	
11-15	3,789	3,807	3,815	3,808	
16-17	1,439	1,460	1,494	1,521	
Total	13,489	13,434	13,573	13,607	

	Point In Time			
Ethnic Group	Jul 1, 2021 n	Jul 1, 2022 n		
Black	266	257		
White	8,002	8,091		
Latino	4,057	4,018		
Asian/P.I.	184	200		
Nat Amer	404	373		
Multi-Race	660	668		
Missing	0	0		
Total	13,573	13,607		

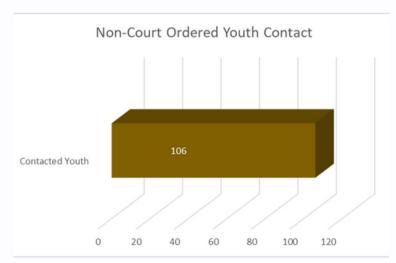
	Point In Time			
Ethnic Group				
	n	n		
Black	M	M		
White	69	70		
Latino	13	13		
Asian/P.I.	M	M		
Nat Amer	M	12		
Multi-Race	0	0		
Missing	M	M		
Total	98	103		

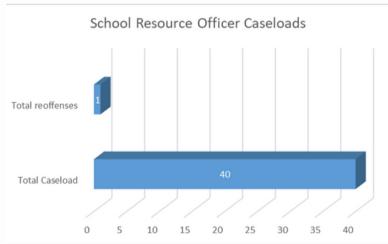
PROBATION DEPARTMENT PREVENTION EFFORTS

The Probation Department is dedicated to data-driven decision-making and evaluating initiatives and interventions using real-time, unbiased outcome information that includes the Wraparound interventions being utilized in the CPP. Probation will be evaluating data points to evaluate the outcomes for the focus population; the Department has made a commitment to allocate an Analyst to assess the CPP outcomes and data on behalf of the county.

Probation focuses on prevention in several ways. First, it contracts with the Lake County Office of Education for Family Wrap which is a 60–90 day program for youth that have had some contact with law enforcement and there is an identified need for the family. Data is collected for outcomes of Family Wrap and it has had a consistent outcome of keeping youth from entering the justice system. Additionally, Probation has School Resource Officers (SRO) in four Lake County School Districts. The SROs provide education on tobacco use, anger, supporting each other, substance use, and other topics by interacting with youth, conducting group classes, and being in the classroom. It is hoped Probation will have SROs in the remaining two school districts in the near future.

Probation also conducts an annual Exploring Horizons Summer Program for at-risk youth. During the program, youth are exposed to education, cultural, adventure, and prosocial activities.





TRIBAL CONSULTATION AND COLLABORATION

The Department of Social Services, the Probation Department, and the Children's Council have led the discussion among the collaborative Resilient Lake County group, in which tribal partnerships are essential in the coordination of prevention and supportive services for children who are American Indian/Alaskan Native (AI/AN) in order to provide prevention services. During the process, the tribal partners were invited and reached to seek input on the CPP plan, which they attended during the early planning sessions and did not attend in the last six months. Resilient Lake County decided this was an important goal to strengthen local tribal partnerships and opted to include this as Goal #4. This goal will aid in tribes being involved in determining culturally appropriate prevention services for the children. American Indian/Alaskan native children will receive services that are coordinated among the Child Welfare System (CWS) and Indian Child Welfare Act (ICWA), through a coordinated effort with tribal partners, as a goal under the CPP. Coordination of culturally appropriate services will be documented through mutually agreed upon policies and procedures, to ensure appropriate practices are being provided by all staff. All family-serving departments are committed to working towards proactively providing the support families need to live safe and healthy lives, through connection to accessible and effective services that are provided by traumainformed professionals in their own neighborhoods and Tribal communities. Tribal Engagement <u>Challenges during the CPP planning process included:</u> 1) A long process in order to complete the plan with our tribal partners, 2) CPP Instructions/Directives changing throughout the process, 3) Role during the process was not clear, as the planning process was long and time commitment was an issue, strengthen local engagement, 5) The utilization of funding was not clear and how specifically could be utilized to support tribal partner(s) needs and 6) Additional engagement efforts were observed during the process, therefore Goal #4 (Strengthen Tribal Partnerships) was adopted as part of CPP plan.

SPENDING & SUSTAINABILITY PLAN

What prevention services included in the CPP are already available in the community and what funding sources are available to support the implementation of the CPP?

The prevention services below address current prevention efforts in the county.

Motivational Interviewing is currently one of two Evidence-Based Programs (EBP) offered in Lake County.

<u>Evidence-Based Prevention:</u> Motivational Interviewing

Funding Sources leveraged in the CPP: Standards & Training for Correctional Officers and Youth Defender Block Grant.

- Motivational Interviewing: Behavioral Health, Probation Department, Redwood Community Services (sub-contractor)
- Probation Department serves as the county's Train-the-trainers (ToT): offering Standards &
 Training for Correctional Officers (STC), and receives funding to provide motivational interviewing.
 The Second funding source is: Youth Defender Block Grant (YDBG).
- The Comprehensive Plan will expand, strengthen and/or build capacity throughout the county to offer motivational interviewing for professionals serving families & children through various organizations and programs.
- The Resilient Lake County collaborative will be addressing the progress of Motivational Interviewing (as a county EBP) expansion to be utilized by community-based organizations and to provide county-wide trainings to increase capacity in the county.

Suicide Prevention (CPP-Goal 1) Curriculum: Question, Persuade & Refer

- Behavioral Health Services- Offers Suicide Prevention Curriculum—Question, Persuade, Refer, will be utilized to train professionals (as indicated under Goal 1) to expand mental health access, services, and training that will increase services county-wide.
- Behavioral Health Services- Offers Mental Health First Aid, which will incorporate into Goal 1--for county-wide training offered to professionals.
- Increase access to community residents and education through staff development to reduce stigma when accessing mental health and prevent child abuse.

How will the State Block Grant, Federal, and Title IV-E prevention funding sources be used?

Funding	Amount \$	CPP Activity
FFTA	\$100K	FFTA provides one-time, flexible funding to counties and tribes to support FFPSA evaluation activities and implementation of the FFPSA eligible prevention services, and purposes allowable under Title IV-B of the Social Security Act. Expand Evidence-based programs in Lake County; the Resilient Lake County collaborative will oversee and manage the CPP progress, assessment, outcomes and evaluation results; The collaborative will determine the adoption and implementation of the potential four (4) EBP's-Motivational Interviewing (expansion), Family Check-up (in lieu of Nurturing Parenting), Healthy Families, and Parent-Child Interaction Therapy -PCIT (expansion); Evaluation of CPP activities and outcomes by third-party firm (procured through an RFP) to conduct in-depth CPP assessment, analysis and capture progress of CPP; evaluate CPP sub-contractor organizations and reports completed for Title IV-E agency's and Resilient Lake Co. collaborative.; Training of Motivational Interviewing offered county-wide to providers and organizations to expand the EBP; Covers training costs, expenses and materials needed to build county-wide capacity of EBP's (Motivational Interviewing & other EBP's adopted); evaluation costs to evaluate EBP's expansion & delivery fidelity.
State Block Grant	\$411K	State General Fund that provides funding for comprehensive prevention activities including, administrative activities, services, and training to establish a comprehensive prevention program. Lake County CPP Activities, Services & Programs will be provided through community-based organizations that are selected through a Request for Proposal (RFP) process lead by the Title IV-E - CWS & Probation Agency. Each entity sub-contracted to provide CPP prevention services will be required to develop a sustainability plan, leverage other funding and provide in-kind/match services.

ARPA/ CBCAP	\$53,375	Provides the opportunity to make investments promoting the safety and well-being of children and families by enhancing community-based and prevention-focused programs and activities to prevent child abuse and neglect. Hire AmeriCorps members (Staff cost/fringe benefits & overhead costs) to expand current AmeriCorps positions in Lake County to support CPP activities and outreach services. Development of local prevention planning efforts. Administrative activities & business processes required to support the implementation of an OCAP prevention plan or CPP Positions will be coordinated/supervised by the Lake County CAPC; Support CPP prevention Activities county-wide; work with CPP Analyst to track performance.
Title IV-E	TBD	Establishes the Title IV-E prevention program to allow states with an approved state plan the option to claim federal Title IV-E funds for eligible prevention services Prevention Administration & Training: Developing processes for ongoing monitoring of the Title IV-E Prevention Services for continuous quality improvement (CQI). Data Collection of CPP progress and outcomes; Analyst staff to coordinate reports and performance management of CPP; develop reports for Resilient Lake County. Prevention Training-Other Agencies/Providers: Training topics provided by CBO include but are not limited to: prevention principles, Federal FFPSA, foundational best practices, shifting the mindset to prevention, model fidelity for EBP, trauma-informed practice, ICPM, Diversity, Equity and Inclusion (DEI), implicit bias, disproportionality, culturally relevant services, ICWA, Mandated reporter and Title IV-E prevention planning; Leverage Title IV-E funds with current Chabot Contract for T/TA services.

How will Lake County leverage other funding sources (grants, local county funds, state general funds, etc.) to ensure a continuum of prevention services are available to primary, secondary, and tertiary services for selected populations? to ensure a continuum of prevention services are available

Once the plan is approved by the Office of Child Abuse Prevention (OCAP) and the county allocations are received Resilient Lake County will launch the CPP plan, implementation, execution of prevention activities, conduct assessment of the process, and evaluate the goals. seek supplemental funds to sustain the funded activities, request sub-contractors to provide sustainability plans in their proposals, and seek support from local stakeholders, partners, and elected officials to seek support for CPP prevention activities. Which will help Resilient Lake Co. expand prevention services as addressed in the CPP. Resilient Lake County will evaluate the opportunities of leveraging funds, track funding augmentations, and support the application of grant applications.

Contact Information

Lake County Department of Social Services (LCDSS)

Amber Davis, Deputy Social Services Director Child Welfare Services 707-262-4545 Amber.Davis@lakecountyca.gov



Developed by Strategies T.A. Lucy Hernandez, Consultant



Appendix A-COMMUNITY PATHWAY MODEL

agency, etc.

Family In Need of Supports and Services

Family is identified as in need of services and either self-identifies or is referred to a service provider (e.g., Family Resource Center (FRC), community-based provider (CBO) or behavioral health agency) by friend/neighbor, school, Indian Tribe, faith-based organization, local association, or a direct referral from a Title IV-E

PROPOSED COMMUNITY **PATHWAY**

Through the lens of an Integrated Core Practice Model

Service Provider (FRC, CBO, Behavioral Health Agency)

Intake worker completes an assessment to determine immediate needs and identify if the family is at imminent risk, a referral is submitted to the IV-E agency to determine candidacy

If the family indicates they are a member of an Indian Tribe the service provides will contact the respective Indian Tribe of which a child and/or their family may be a member of to coordinate initial determination of candidacy and possible



Title IV-E Agency Candidacy Determination

Title IV-E agency (IV-E Tribe, Probation, Child Welfare) reviews requests for authorization and determines candidacy

Authorization is sent to the service provider (FRC, CBO, behavioral health agency) to begin prevention planning



*Coordination of services may be held by

just one provider

Delivery of Services

The service provider (FRC, CBO, behavioral health agency) will ensure the delivery of service is conducted to model fidelity standards and communicate with other providers for the coordination of



Coordination of Services*

- (I) Identify the service provider(s) that will best meet the family's needs including FFPSA well-supported
- Refer the family to the provider(s) for services
- Conduct case management services if indicated and coordination through multi-disciplinary teaming
- (4) Providing oversight and ensure the needs of the



Prevention Plan Completed by Service Provider (FRC, CBO Behavioral Health Agency)

Through further assessment, a child and family specific prevention plan is created to support the family in their well-being goals

Indian Tribes will be included in the assessment and prevention planning process

Oversight and Safety Monitoring



Coordinator and/or service provider (FRC, CBO, behavioral health agency) will oversee progress and monitor safety through consistent engagement practices and follow mandated reporter protocols

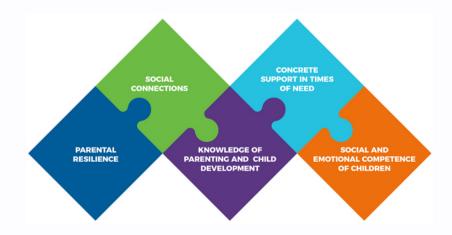
Title IV-E agency monitors administrative functions to ensure the deliverables

**All service providers are mandated reports and based on their training appropriate referrals to Child Welfare hotline will be made

Benefits of using data for prevention planning

- Create holistic prevention strategies
- Focus prevention efforts for greater impact
 - Create a realistic **Theory of Change**
 - Communicate the importance of prevention

Lake County The Five Protective Factors framework



Appendix B-CWS & Probation Data

CWS Data for Lake County







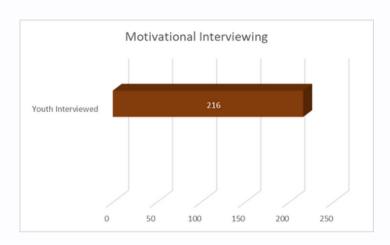




				Point i	n Time			
Sex at Birth	Jul 1, 2015 per 1,000	Jul 1, 2016 per 1,000	Jul 1, 2017 per 1,000	Jul 1, 2018 per 1,000	Jul 1, 2019 per 1,000	Jul 1, 2020 per 1,000	Jul 1, 2021 per 1,000	Jul 1, 2022 per 1,000
Female	10.6	8.9	10.1	11.4	8.3	7.4	7.0	6.9
Male	11.2	10.8	11.5	12.5	10.5	9.5	7.4	8.2
Intersex								
Missing								
Total	10.9	9.9	10.8	12.0	9.4	8.5	7.2	7.6

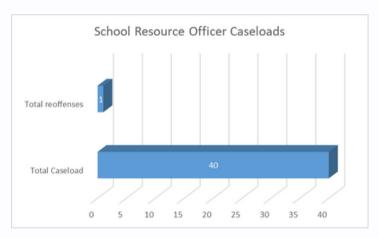
Probation Department Lake County Data

Data for 7/1/22 through 6/30/23











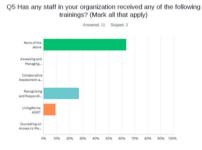
Appendix C-

Behavioral Health Community Survey Results

Lake County Suicide Prevention Asset Mapping Fall 2022 Data to Support Goal #1

What protective factors for suicide does your program address? (Mark all that apply)

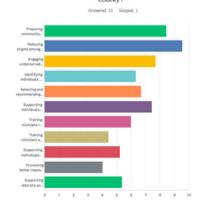


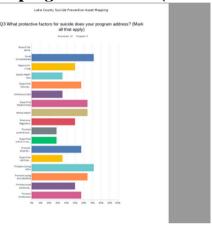


ANSWER CHOICES	RESPONSES	
None of the above	63.64%	7
Assessing and Managing Suicide Risk (AMSR)	0.00%	0
Collaborative Assessment and Management of Suicidality (CAMS)	0.00%	0
Recognizing and Responding to Suicide Risk (RRS)	27.27%	3
LivingWorks ASIST	9.09%	1
Counseling on Access to Means (CALM)	0.00%	0
Total Respondents: 11		

Lake County Suicide Prevention Asset Mapping

Q12 Recognizing that all of these priority areas are important, please identify which, in your opinion, should be prioritized to impact suicide in our county?





Q7 Are you have atte						trans							
					Ans	owered: 1	4 Sk	pped: 0					
	Yes												
	No												
	-	2%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%	
ANSWER CHOICES								RE	SPONS	ES			
res								21.	43%				3
No								78.	57%				11
TOTAL													14

	1	2	3				7			30	11	TOTAL.
Proposing (secondly members to ecopyical second signs and interces	31.30% d	9.00% 1	27.27% 3	0.00%	0.00% 0	9.00% 1	0.00%	10% 1	0.00% 0	100%	0.00%	TOTAL
with a loved one. Sentucing oligina among equidents that prevents halp- pervents halp- pervents	51.50 to	11.11% 1	0.00%	13.10% 1	HHW.	11.11% 1	0.00%	0.00m. 0	0.00% 0	0.00% 0	0.00%	,
Engaging orders mined oppulations in nucleit prevention offers	31.00% 1	40.00% 4	10 HHz. 1	10.00m. 1	0.00% 0	0.00%	10.00% 1	0.00m. 0	0.00% 0	20.00% 2	0.00%	30
dentifying individuals at to for suicide effectively and effectively and esting to care in least esting possible	0.00% 0	11.11%	2204	11.13%	11.12%	0.00%	22.22%	0.00%	11.11%	0.00%	11.11%	,
Celecting and economicaling one six screening tools or use in our county across systems	0.00% 0	20.00% 2	10 00% 1	20.00%	20.00% 2	0.00%	0.00%	10.00% 1	0.00% 0	20.00% 2	0.00%	10
Supporting reductively effer a suicide energy	11.11%	22.22% 2	0.00%	11.13%	22.23% 2	11.11%	11.11%	0.00% 0	11.12%	0.00% 0	0.00%	,
feeining Sociates in assessing and namaging con a.g. AMSR, SAMS, 1995(f)	0 00%	0.00%	12.50%	37.50%	0.00% 0	12.50% 1	12.50%	0.00%	12.50% 2	0.00% 0	12.50% 1	٠
Indicating Services and service provides to white services to whit clinical recitions that cooperate cooperate seeks of multicultural and multicultural and moleculars and moleculars and publishes	0.00% 0	0.00%	0.00%	14.29%	14.29%	14.29%	0.00%	28.5%	0.00%	0.00%	28.0%	,
Supporting adviduals after a suicide bass	0.00% 0	11.11%	11.12%	0.00%	11.12%	11.11%	11.11%	11.17%	11.12% 1	11.11% 1	11.11%	9
frameting ethal means eduction/safety ethans (a.g. ounceting on ouncets to lethal means	1.00% 0	0.00%	0.00%	10.00m. 1	10.00% 2	10:00% 1	10.00% 1	20.00% 2	0.00% 0	20.00% 2	20:00% 2	35

Appendix D-

Lake County Community Engagement Social Media Campaign-December 2022



Resilient Lake County **QUALITATIVE DATA** Ouestion 1 - What has helped you be the parent you are today? Total Child Education & Teaching-Attending Classes Compassion/Love Consistency/Structure Family/Friends 15 Firm/Fair Rules Involvement/Encouragement in Child's Life Community Programs & Services Rewards/Honor System Self Care Setting Example/Past Experiences (Good 10 Small Town/No Malls Sobriety Treating Child as a Person Working with Kids Ouestion 2 - What would make parenting easier for you? Total Affordable Child Care Ask Kids What Would Make a Good Parent Retter Public Transportation Retter Schools/Retter Test for Disabilities/No Bullies Committing/Family Working Together Communicating the Programs that ARE Help at Home to Free Up Time With Kids Help From Family/Friends/Community/Law Love/Routine More Doctors/Retter Healthcare/Mental Health More Time with Kids Place/Things for Kids to Go/Do Police/First Responder Programs Programs Cost Money and/or No Transport to Them Respit Safer Parks/Outdoor Spaces (Less drugs/homeless) Taking Away Vape Teaching Morals/Itegrity/Respect Work Programs/Partenerships w/Businesses to

Answers for Question 1: What has helped you be the parent you are today?

M.Z. Consistency

nsistency

Getting off drugs & alcohol getting out of the shit town for a while came back up here and I'm still clean and sober but living miserably in a place that is falling apart was hoping my kids wouldn't have followed in my footsteps

Remaining absolutely based.

A.F.L.

Thinking of my kid as a person, not pretending to have all the answers discussing things with him, letting him come to his own conclusion even though I already knew the answer. He always seeks me out for advice now that he's grown, doesn't always agree.....

D.Z.

God. God helped me get to where I am and to raise my kids. I talk to him like's my dad. It helps a lot when I get lost in it all. I lost one kid to cancer and the other one is 16

E.Z.

Setting the best example for my daughter and grand kids being a good healthy living contributor to society. Children follow by example and generally become like their parents.

J.M.

D.L.

Sobriety, the Mother-Wise - The Village staff members and my family and friends

N.M

Facilitating many parenting classes over several years.

D.O.

Accountable, firm and fair rules. Rewards and honor system.

L.W.

Be involved in your kids life. Be there for them at every turn. Be a good role model in everything you do.

T.L

The feeling of failure alone can take you to great lengths if noticed or acknowledged in time. If you ask me, the attempt of being better than you were yesterday is the best step you can begin to take. Love, structure, discipline, and coherence.

K.P.

The absence of strip malls. Though my son complains about the lack of his preferred stores I know there is a lot less drama in our home. I lost quality time with him when spending the day at the mall was difficult to compete with.

M.A.

I spent time with all three of kids and to were all three of them have their own place in different county's and still talk to them and see them to when I go to the country's they live in also to and talk them online too.

G.G.

The shitty schools. When Covid shut down the schools, we went fully online. This forced me home with them full time. They are absorbing the curriculum, conversing with us parents more, indulging in artistic passions, seeking new thing to learn and on...

A.I

Teaching them to bounce back from Lake County hardship and to love unconditionally. Treat my kids like people.

D.D.

Compassion, attention, interest, intention, time, listen, and be involved at the control of th

J.M.

My beautiful mother. I miss her wisdom.

A.H. Sobriety

K.M.

Teaching my son that "failure" is temporary and losing is part of life. Taught him resilience and to keep trying ... not complain that this or that wasn't "fair."

B.H.R.

Knowing where they were and who they were with, being their parent, and not trying to be their best budding, finding educational opportunities beyond the walls of school, and taking them regularly to a library.

Spanish responses:

El ejemplo de mis padres, el amor a mis hijos , y mas que nada el ir aprendiendo algo nuevo cada dia con ellos cada uno es diferente y con cada uno aprendo cosas distintas.

The example of my parents, the love for my children, and more than anything, learning something new every day with them, each one is different and with each one I learn different things.

La ayuda de mis papas me ayudado ami The help of my parents helped me

Creo que el amor amis hijos la nesecidad por que no les falte nada..el mundo de no estar para ellos cuando me neseciten ayudarlos en todo momento creo que padres perfecto no los hay pero tratamos día día de ser mejores padres para nuestros hijos I believe that love for my children is the need for them not to lack anything... the world of not being there for them when they need me to help them at all

The never that love for my enddren is the need for them not to lack anything... the world of not being there for them when they need me to neip them at a times. I believe that there are no perfect parents but we try every day to be better parents for our children

Primero que nada el amor por mis hijas, y en segundo lugar ser consiente de las necesidades fisicas,emocionales de ellas. Por ese motivo trato de informarme y aprender para poder ayudarlas.

First of all the love for my daughters, and secondly being aware of their physical and emotional needs. For this reason I try to inform myself and learn to be able to help them.

Qualitative Data- Social Media Campaign Facebook Comments from Community Parents December 2022

R.T. Country livin is the best.

> LM. Love

C.R.H. Rirth control

> 2.1 Children

> > T.P.

I was raised by my great grandma born in 1895 I think I got the best of both worlds as I also believe our senior citizens are the best history books there could ever be...

R D

The hardest thing to do as a parent is to watch your child fail but sometimes it's the best lesson to teach them. Children need consistency and rules along with parental love and emotional support. When I was a child and did something wrong my dad would ask me to explain my feelings while I was doing it, and would ask me what I though others would feel if it was something I did wrong to another person, this made me always think about my actions and the impact my actions could have on others.

G.S.

I think it's funny to ask people what makes them the parent they are today. Egos will run wild on this one! LOL.. We have all make mistakes as parents. It would be better to ask grown children how good their parents were.. I suspect in most cases, people are much better grandparents than they were parents..

I'm internally grateful for the love and support from my family, friends, community and local agencies who have provided services to me and my children over the last 9 years. Lake Family Resource Center has provided DV services and the shelter, Housing First program helping me relocate due to my DV situation, Early Head Start home-based program me when I was pregnant until my children turned 3 yrs old, CHAT program for my oldest who's unfortunately witnessed the DV and been there by my side through it all... North Coast Opportunities, Inc. has made the capability to work by paying for adequate childcare for both my children. North Coast Energy Services helped my by providingUtilities assistance when times got rough and financial difficulties arise and also the American connectivity program provides a \$25-\$30 credit to Cell phone and internet providers bills very month. I could not be the parent I am today without my past experiences and aid from CALworks when I was a young stay at home mom and a baby and a toddler, CALfresh to provide food for my family and MediCAL/Partnership as well to provide health and dental care for me and kids. Easter seals has helped also be a good parent by home visiting and teaching me infant massage therapy for my kids and the Out of county medical expense program so I could take my child to UCSF for his surgery and appointments. CCS for covering the cost of medical expenses that weren't covered my MediCal. I'm truly blessed to have the job I have which understand the home/work life balance and self care. So many great resources in Lake County and amazing people have helped me over the years to be the mom I am today!

Friends who give suggestions, child development classes, working with kids before becoming a parent, being an auntie.

Having a loving family, being raised in a happy home

Honestly, trial and error. I just knew I wasn't going to be the same parent as I had.

Family, local agencies like early head start and hilltop and many more, and the love of my children gets me through every day.

Knowing the environment my husband and myself were raised in and not allowing that for my child.

Having a good support system love and guidance

Strength, local family agencies, and the deep love for my children

Support from my mom, family, and Parenting classes.

Teachers and People I have met from my children attending Early Head Start, Preschool and school building friendships. Which also helped me find more support from this page aswell as from ORIS PROGRAM, Learning from my childhood and avoiding what I felt I didn't want my children around.

Breaking cycles; not putting our children through things we had to go through at young ages.

Practicing self-care and my strong support system

Support from my family and my husband!

The Wie program helped me with the parent I am with how and what I feed my children. Eating healthy and buying healthy food is very important and I learned a lot from the program. I continue to use their pamphlets and books I received from them.

Learning from my past traumas, healing my inner child and having a supportive husband to break generational cycles! Discovering my triggers to help better prepare my responses to certain situations. Remembering to always do better to be better and that mistakes happen as I am learning and finding my way through motherhood. Never being ashamed to apologize to my children. Allowing myself to be a kid with them and be silly. Lastly the amazing community resources like Mother-wise to ask for help around the lake and community events for having an area for kids like crafts and help me be present and interactive with my children to hopefully make lasting memories for my whole family.



Having schools that don't push agendas, or confuse kids. Schools that value parental input in THEIR child's education. It really does take a village to raise our babies, so having support from schools is huge!

Like Reply Hide 2v A future that does not look ultra bleak Atm 2050 is not looking too cool

Reply Hide

Hide

Easter access to mental health care. The wait list for behavioral health is ridiculously long! Testing for learning disabilities like dyslexia, since the schools cannot facilitate that. More reliable transportation to school in south county. Tutoring services would be awesome because todays curriculum is very different than ours was. Clubs and activities for older kids and teens that aren't into sports or FFA. Cooking classes or introduction to other hobbies and work skills would be wonderful. Something like Mother-Wise for families with school age children. Drop in Healthcare like Sonoma and Napa counties have. The peds offices rarely have same day urgent appointments and the ER takes hours to be seen. Free family activities year round, not just around the holidays. Parenting support groups and classes for all age groups, not just babies and toddlers.

Like Renly Hide 2u

A break!!!Most parents need a brake and so does the child. Too bad they don't have the Big Sister Big Brother program here. It was a awsome program.

Like Reply Share 2w

Open up the school grounds and have events on campus for children on the weekends free to all children!

We need more patrols, remove people who are intoxicated. They shouldn't be at a childrens park. ... See more

Like Reply Share 2v

Our kids never had a problem getting themselves clear across town to the water park (when there was one) for free. It was called walking or riding a bicycle. 😩

Reply Share 2w



Teach your kids morals and you shouldn't have many problems with them. America is losing all its morals and marbles.

Like Reply Steve Tuttle

Having a gf.



Admitting I have no idea what the hell I'm doing and working together with my kid to figure it out.

Integrity and commitment to my children Like Reply Share 3w

Like Reply Share 3w Edited



Surrounding myself with really outstanding mothers, and fathers. Just watching them taught me everything I needed to know.



Having great parents as a child. Graduating from a good school, and not being divorced.

Like Reply Share 1w

The love and support from close family and friends

Qualitative Data--Social Media Campaign Facebook Community Engagement December 2022



Community Engagement Focus Group

Lucerne Parenting Class "FOCUS GROUP" -October 26, 2022

Notes from Spanish Parent Cafe

Present: Barajas Family, Buenrostro Family, Lopez Perez, Giron Martinez Angela Cuellar-Marroquin, Megan Grant

Presented a summary of what protective factors are and why we want to address them

Concrete Supports in Times of Need
Asked what are things their family is struggling with or what supportive services their family is in need of

Financial Help, utilities are high, cost of groceries, cost of fuel, Spoke of food pantries in the community and around the county North Coast Energy Services- HEAP for PG and E and Water Child Care, so they can go to work Transportation

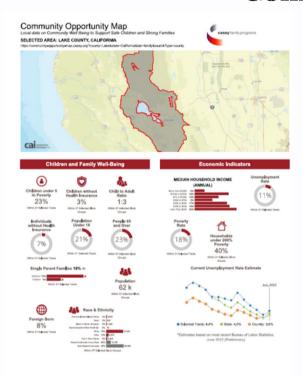
to appointments, no vehicle or cannot drive
Diversity in Food Services at schoolKids are picky, unknown foods to them
School communication/Notices in Spanish
Mrs. Grant will check to see why not happening already
Adult learning classes

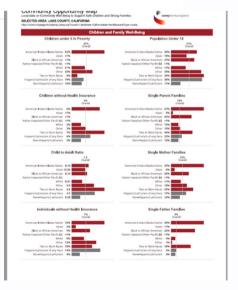
HEP

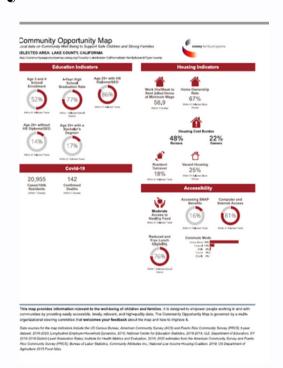
English (CBET), Computer, internet, how to help kids with homework/reading program
Internet Safety and how to navigate
Angela presented on home day care needed in community, NCO RCCC can help es
Career Exploration/Job Search
Immigration Clinic

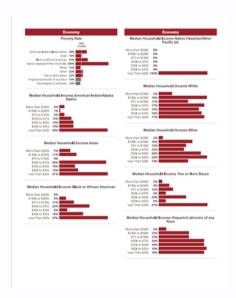
Appendix E-

Lake County, CA Community Data











CALIFORNIA HEALTH & HUMAN SERVICES AGENCY **DEPARTMENT OF SOCIAL SERVICES**

744 P Street • Sacramento, CA 95814 • www.cdss.ca.gov



ATTACHMENT B- ASSURANCES TEMPLATE

Family First Prevention Services (FFPS) Program Assurances County of Lake

Instructions: These assurances must be submitted by local child welfare services (CWS) and probation agencies that opt into the FFPS Program and are a required component of the local comprehensive prevention plan (CPP). These assurances will remain in effect unless changed by the submission of updated assurances and an updated CPP. Any changes to the local CPP must include resubmission of these assurances.

Title IV-E Prevention Program Reporting

In accordance with section 471(e)(5)(B)(x) of the federal Social Security Act and California Welfare and Institutions Code (WIC) section 16587(d)(9), LCDSS and Lake County Probation Department, (Name(s) of participating child welfare services and/or probation agency) is providing this assurance, consistent with the local CPP and the California Title IV-E Prevention Services State Plan, to collect and report to the CDSS information and data required for the FFPS Program, including all information and data necessary for federal financial participation, federal reporting, to determine program outcomes, and to evaluate the services provided. This includes, but is not limited to, child-specific information and expenditure data.

Child Safety Monitoring

In accordance with section 471(e)(5)(B)(ii) of the federal Social Security Act and California WIC sections 16587(d)(7)-(8), the LCDSS and Lake County Probation Department (Name(s) of participating child welfare services and/or probation agency) assures it will provide oversight and monitoring of the safety of children who receive services under the FFPS Program, including oversight and monitoring of periodic risk assessments throughout the period of service delivery. The agency further assures it will monitor and oversee the safety of children and periodic risk assessments for children who receive FFPS program services through its contracted community-based organizations. If the local child welfare and/or probation agency determines the child's risk of entering foster care remains high despite the provision of the services, the agency assures that it will reexamine the child's prevention plan during the 12-month period. In the case of an Indian child, the agency assures the assessments, and any reexamination of the prevention plan will be conducted in partnership with the Indian child's tribe.

Workforce Development and Training

In accordance with section 471(e)(5)(B)(viii) of the federal Social Security Act, the LCDSS and Lake County Production American (Name(s) of participating child welfare services and/or probation agency) assures it will adhere to the FFPS training plan as outlined in the California Title IV-E Prevention Services State Plan, and ensure caseworkers within both the community and Title IV-E agency pathways under the FFPS program are supported and trained in assessing what children and their families need, connecting to the families they serve, accessing and delivering the needed trauma-informed and evidence-based services, overseeing and evaluating the continuing appropriateness of the services, and all other foundational requirements, including but not limited to, understanding how the requirements of the federal Indian Child Welfare Act (ICWA) and implementing state laws intersect with prevention services provided through the community based and Title IV-E agency pathways.

Trauma-Informed Service Delivery

The LCDSS and Lake County Probation Department (Name of participating child welfare services and/or probation agency) assures that in accordance with section 471(e)(4)(B) of the federal Social Security Act and California WIC section 16587(d)(6), each service in the CPP provided to or on behalf of a child will be provided under an organizational structure and treatment framework that involves understanding, recognizing, and responding to the effects of all types of trauma, including historical and multigenerational trauma, and in accordance with recognized principles of a trauma-informed approach and trauma-specific interventions to address trauma's consequences and facilitate healing.

Model Fidelity for Evidence-Based Programs and Continuous Quality Improvement

In accordance with section 471(e)(5)(B)(iii)(II) of the federal Social Security Act and California WIC sections 16587(d)(10) and 16587(d)(11)(A), the LCDSS and Lake County Probation Department (Name of participating child welfare services and/or probation agency) assures that services provided in the CPP will be continuously monitored to ensure fidelity to the practice model, to determine the outcomes achieved, and to refine and improve practices based upon information learned, using a continuous quality improvement framework, developed in accordance with instructions issued by the CDSS. The agency agrees to participate in state level fidelity oversight, data collection, evaluation, and coordination to determine the effectiveness of a service provided under the FFPS program.

Equitable and Culturally Responsive Services and Supports

In accordance with the Governor's Executive Order N-16-22, and consistent with California Five Year Prevention Services State Plan, the LCDSS and Lake County Probation Department (Name of participating child welfare services and/or probation agency) assures that the implementation of interventions, services and supports should be equitable, culturally responsive and targeted to address disproportionality and disparities experienced by black, indigenous, and people of color, as well as lesbian, gay, bisexual, transgender, queer and plus (LGBTQ+) children and youth.

Coordination with Local Mental Health

In accordance with section 471(e)(10)(C) of the federal Social Security Act and California WIC section 16588(f)(3), the LCDSS and Lake County Probation Department (Name of participating child welfare services and/or probation agency) assures the agency will establish a joint written protocol, based on the model developed by the CDSS and Department of Health Care Services for use among the child welfare agency, probation department, behavioral health agency, and other appropriate entities to determine which program is responsible for payment, in part or whole, for a prevention service provided on behalf of an eligible child.

Signatures

Signature: These assurances must be signed by the official with authority to sign the CPP and submitted to the CDSS for approval.

Amber Davis (Jul 31, 2023 11:57 PDT)
Signature of Authorized CWS Representative
07/31/2023
Date
Wendy Mondfrans Jendy Mondfrans (Jul 31, 2023 12:01 PDT)
Signature of Authorized Probation Representative
07/31/2023
Date