

Welcome to

Building an Interagency Wellness System: School Wellness Centers

THE TRAINING WILL BEGIN SHORTLY

While you're waiting...



Icebreaker Question (answer in the chat)

if you organized your friends together this weekend for an adult playground date - what games would you want to play?



Survey & Certificate of Completion

Available following the training.

**CONNECT
WITH US!**



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Hi, We're CalTrin!

Who we are

- The California Training Institute
- Funded by the State of California, Dept. of Social Services, Office of Child Abuse Prevention (OCAP) to support child abuse prevention through professional development and extended learning opportunities.
- Designed for staff of family strengthening and child abuse prevention organizations in California, including Family Resource Centers, Child Abuse Prevention Councils, community-based organizations, and other child and family serving systems.

What we offer

- Live webinars & small group training
- Virtual, self-paced courses
- Job aids & other resources



Before We Begin...

DURING



Access your participant guide now! The link can be found in the chat.



Review interactive features for today's session. Locate the controls on the toolbar at the bottom of your screen.



This presentation is being recorded.

AFTER



Complete the survey at the end of this webinar to receive your Certificate of Attendance.



A follow-up email will be sent to all participants within two days.



Building an Interagency Wellness System: School Wellness Centers

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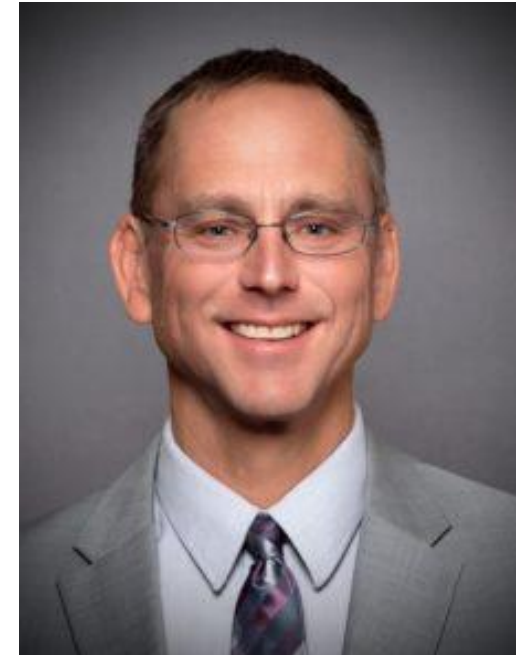
CÉSAR MORALES, EdM

Superintendent of Schools
Ventura County Office of Education



REGINA REED, MA

Director, Personnel Department
Ventura County SELPA



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HOLLINGER, MSW, MPH**

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County of Ventura HSA,
Dept. of Children & Family Services



Ventura County

CHILD, YOUTH, AND FAMILY
WELLNESS SYSTEM

Building a Wellness System

Context: Ventura County

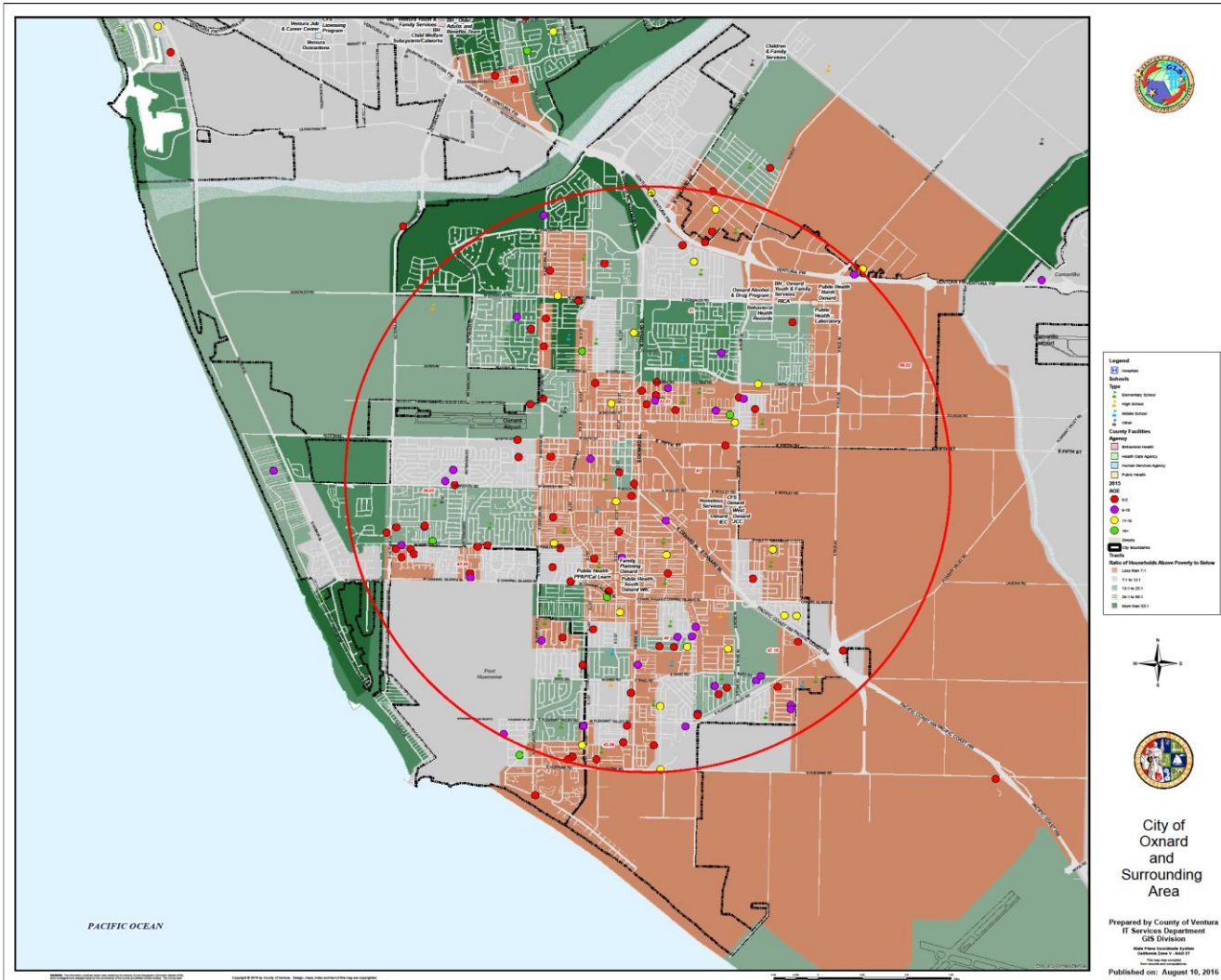
	Kamala/McKinn a Neighborhood	Ventura County	California
# Births/Year	252	9,248	450,971
# Under 5	1,001	47,323	2,377,839
Total population size	14,569	846,006	39,512,223
% Single Mother Families	25%	16%	19%
Average Family Size	4.88	3.58	3.53
Median Household Income	\$69,307	\$94,657	\$84,692
At or below Poverty Rate	21.41%	7.90%	11.80%



Double State average & Triple County average

Data Source:
CRP 2015/16

Place-based Approach to Wellness



5 Zip Code Characteristics*

- 50% of the child welfare removals (60% children 0-5 years old)
- 40% of overall referrals
 - 26% of Ventura County population
 - 34% of child population

*2015/2016 data



Ventura County
CHILD, YOUTH, AND FAMILY
WELLNESS SYSTEM

Our **VISION** going forward is to create a **Child, Youth, and Family Wellness System** by aligning government, community and family stakeholders to maximize wellness and quality of life so all children, and their families, are safe, healthy, educated and well with a sense of belonging, purpose and opportunity to achieve their aspirations.

We want to help create a new system to help link county agencies with those in the community, where families feel safe and can receive support and education to get help with things they need when they need it, with the goal of being strong parents.



A Wellness System is possible when...

...we move beyond prevention (preventing “bad things” from happening) to maximize the conditions and opportunities for all children, and their families to be cherished and thrive.

To achieve a child, youth, and family wellness system in Ventura County, we will:



Increase access to services, supports, and wellness



Increase alignment of public systems and community

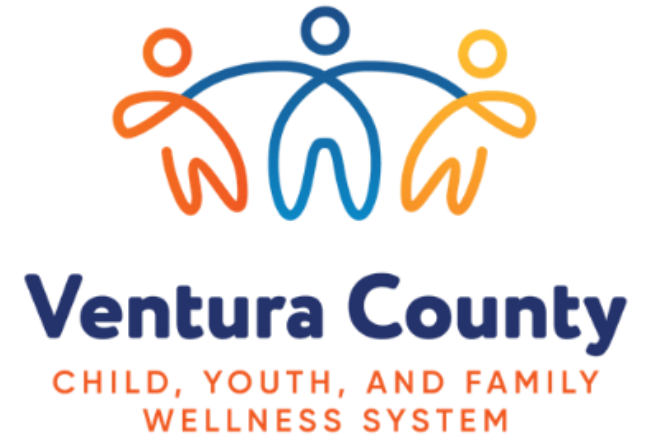


Strengthen protective factors and address SDOH

and



Decrease formal system involvement



AB 2083 (Wellness System) Priorities

INFRASTRUCTURE

*Information &
Data Sharing*

PRACTICE

ICPM Implementation

FAMILY ENGAGEMENT

*Parent & Youth
Engagement*

CAPACITY BUILDING

*Shared Metrics of System
Level Outcome*



Wellness System Partners

Interagency Leadership Team:

- ❖ **Ventura County (VC) Office of Education***
- ❖ **Tri-Counties Regional Center***
- ❖ **VC Human Services Agency***
- ❖ **VC Behavioral Health***
- ❖ **VC Probation***
- ❖ **VC Public Health**
- ❖ **Ambulatory Care**
- ❖ **Gold Coast Health Plan**

* Required by AB 2083



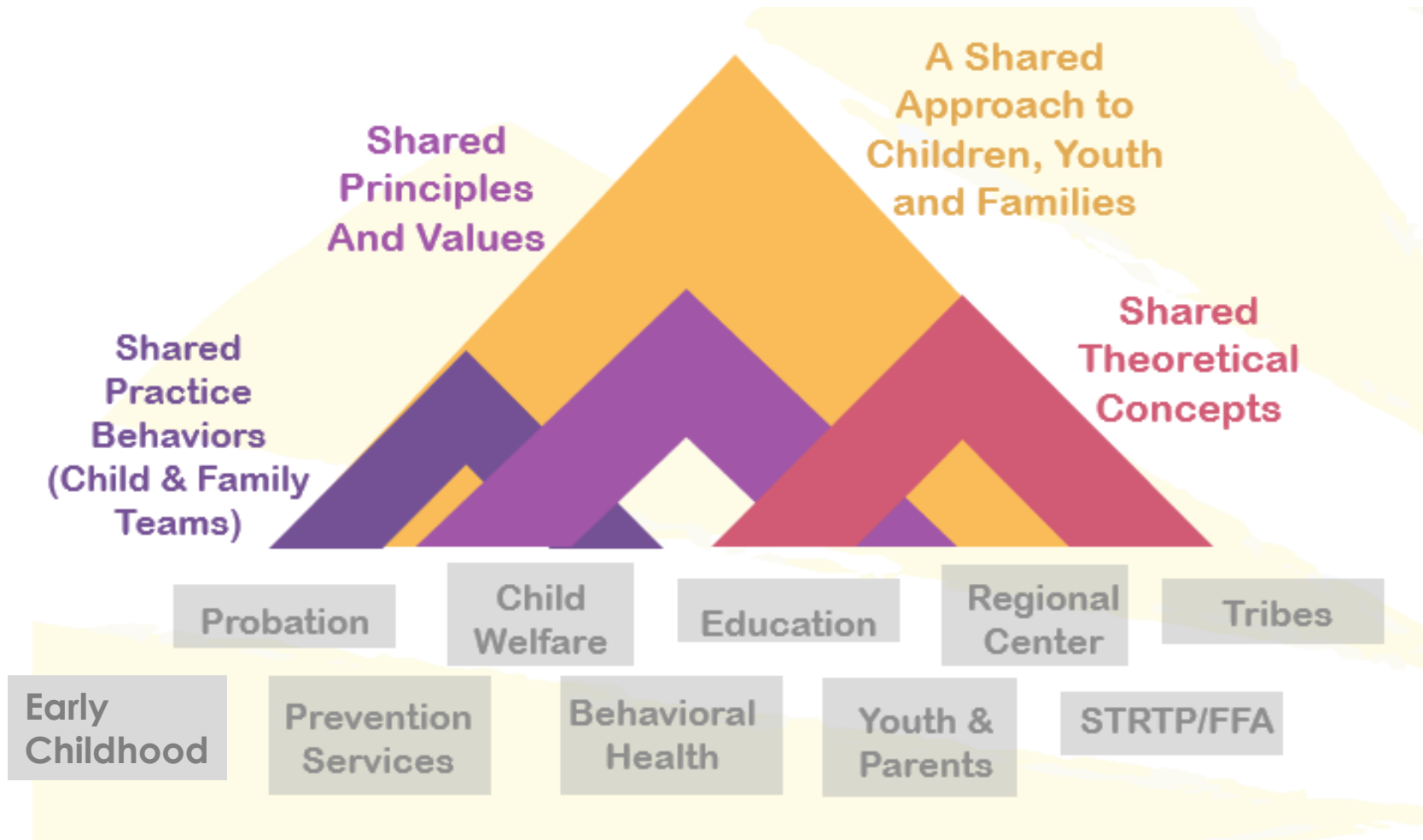
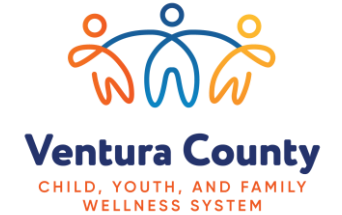
Ventura County
CHILD, YOUTH, AND FAMILY
WELLNESS SYSTEM

Wellness System Partners (continued)

- ❖ **First 5 Ventura County**
- ❖ **Child Development Resources**
- ❖ **Partnership for Safe Families and Communities**
- ❖ **Parents and youth with lived expertise**
- ❖ **Tribal Partners**
- ❖ **Community-based organizations**



Blueprint for System & Practice Change: Integrated Core Practice Model (ICPM)



Four Wellness Center Models

**VCOE Wellness
Centers K-12**

**Hueneme School
District Wellness
Centers/
Community
Pathway Pilot**

**Neighborhoods
for Learning &
Wellness**

**BHCIP-funded
Youth and
Family Center**



Ventura County
CHILD, YOUTH, AND FAMILY
WELLNESS SYSTEM

Model 1: VCOE Wellness Centers K-12

GOVERNANCE

Ventura County Behavioral Health, Ventura County Office of Education, & Ventura County School Districts

FUNDING/FINANCE

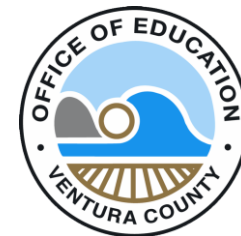
Ventura County Behavioral Health via Mental Health Services Oversight & Accountability Commission and Mental Health Services Act

DATA

Data is collected on quarterly basis

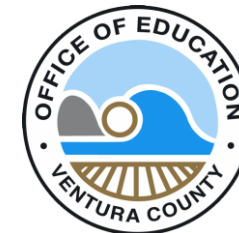
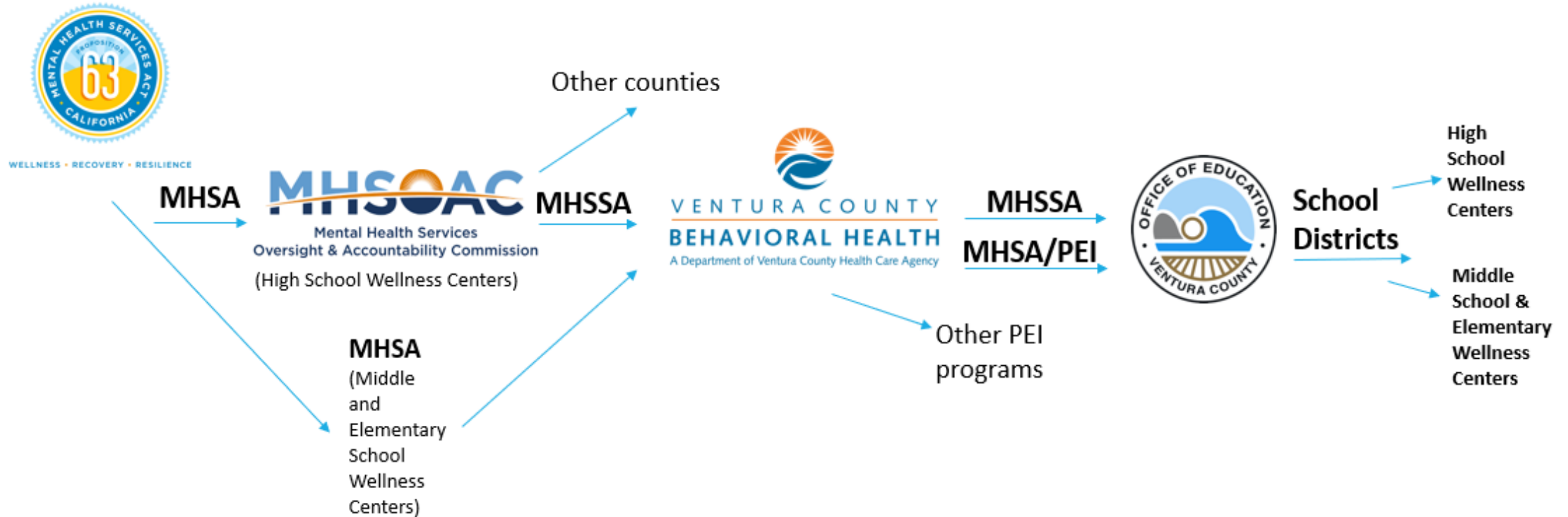
PARENT & COMMUNITY ENGAGEMENT

Parent and community workshops, many centers open before/after school for families



VCOE Wellness Centers K-12

GOVERNANCE & FINANCE



VCOE Wellness Centers K-12

GOALS

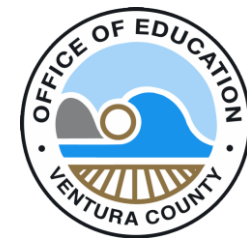
Prevent mental illness from becoming severe and disabling

Reduce risk factors that negatively affect mental health and academic success

Improve access to school and community based mental health services

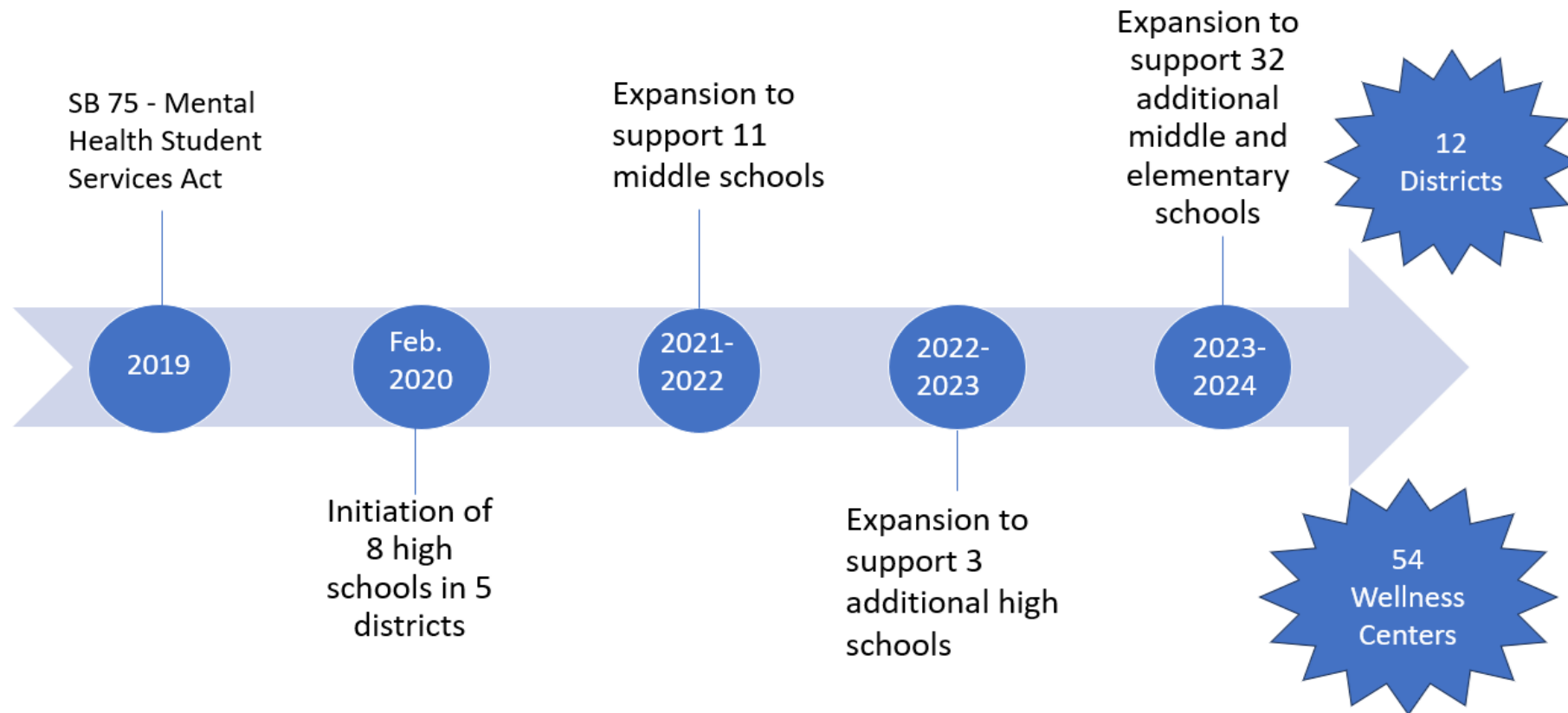
Provide safe and supportive environments where high school students can discuss concerns and needs in a confidential, nonjudgmental space

For Peers by Peers



VCOE Wellness Centers K-12

Expansion of Ventura County District Wellness Centers



*Student Behavioral Health Incentive Program (SBHIP) has 7 Wellness Centers opening in June 2024



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WELLNESS SYSTEM

Wellness Centers K-12

DATA & ENGAGEMENT

2022-23 Middle School Student Impact & Outcomes

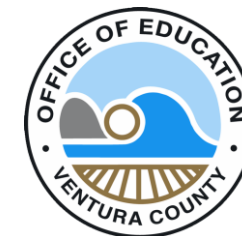
(Eleven Middle Schools)

DATA

- 54,954 visits to the Wellness Centers
- 88% of students are aware there is a wellness center on their campus, of those, 45% have utilized the center.
- 1,236 referrals to school-based mental health services
- 30,000 students received early intervention services for mental health
- 200+ trainings/presentations on mental health topics for staff & students
- Of the 200+ trainings/presentations, 2,000 staff and 8,000 students were in attendance

ENGAGEMENT

Middle School
community engagement



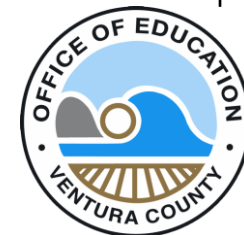
Wellness Centers K-12

DATA & ENGAGEMENT

2022-23 High School Student Impact & Outcomes

(Eight High Schools)

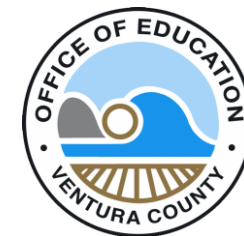
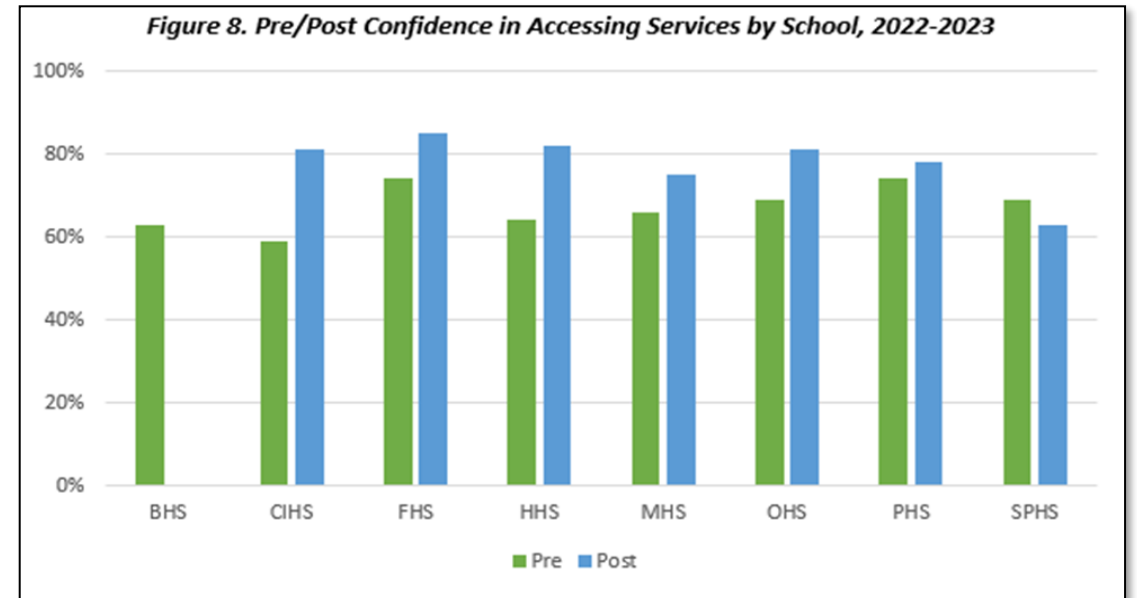
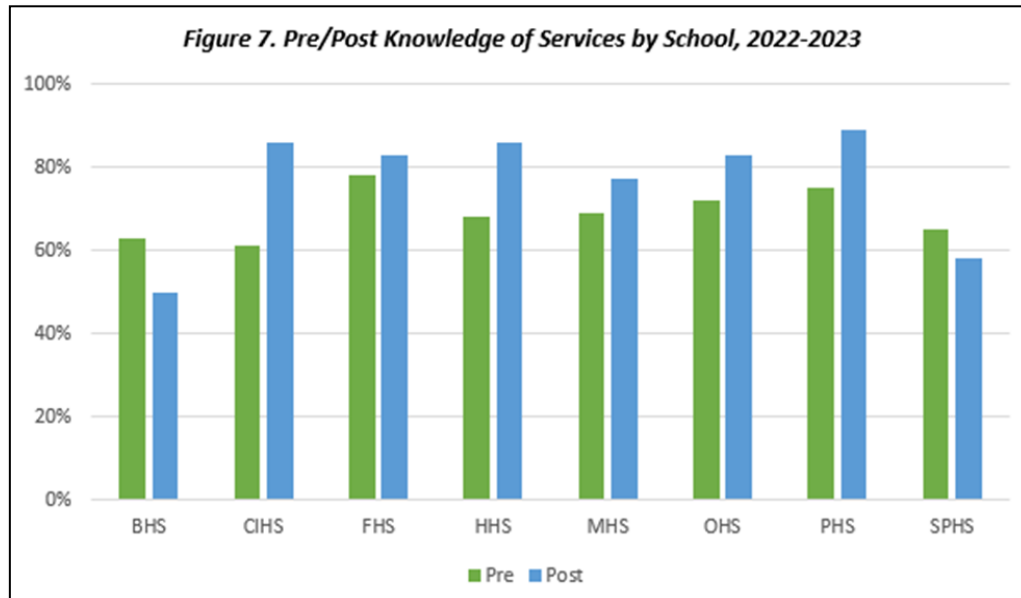
DATA	ENGAGEMENT
<ul style="list-style-type: none">• 25,644 visits to the Wellness Centers• 1,218 students enrolled in a mental health service• 476,000+ students reached through 950+ awareness & education events• 3,704 9th grade students accessed their Wellness Center• 130 students identified having a serious emotional disturbance. Of these, 105 received a referral, enrolled in mental health services and/or a safety plan was completed	High School community engagement



Wellness Centers K-12

DATA & ENGAGEMENT

2022-23 High School Student Impact & Outcomes (Eight High Schools)

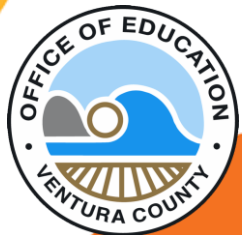


Wellness Centers K-12

DATA & ENGAGEMENT

2022-23 Parent & Community Impact & Outcomes (All Schools)

DATA	ENGAGEMENT
<ul style="list-style-type: none">• 100+ trainings/presentations on mental health topics for families in middle school wellness centers• Of the 100+ trainings/presentations, 11,000 individuals attended these events• 130+ trainings/presentations on mental health topics for families in high school wellness centers	Parent & Community engagement



Student & Family Engagement - Peer Led

Promote the center through events and communication plan activities

Provide support to Wellness Center Participants

Connecting students with appropriate community resources

Provide mental health education to students

Distribute information about on-site resources

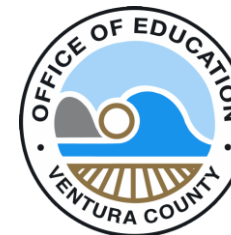
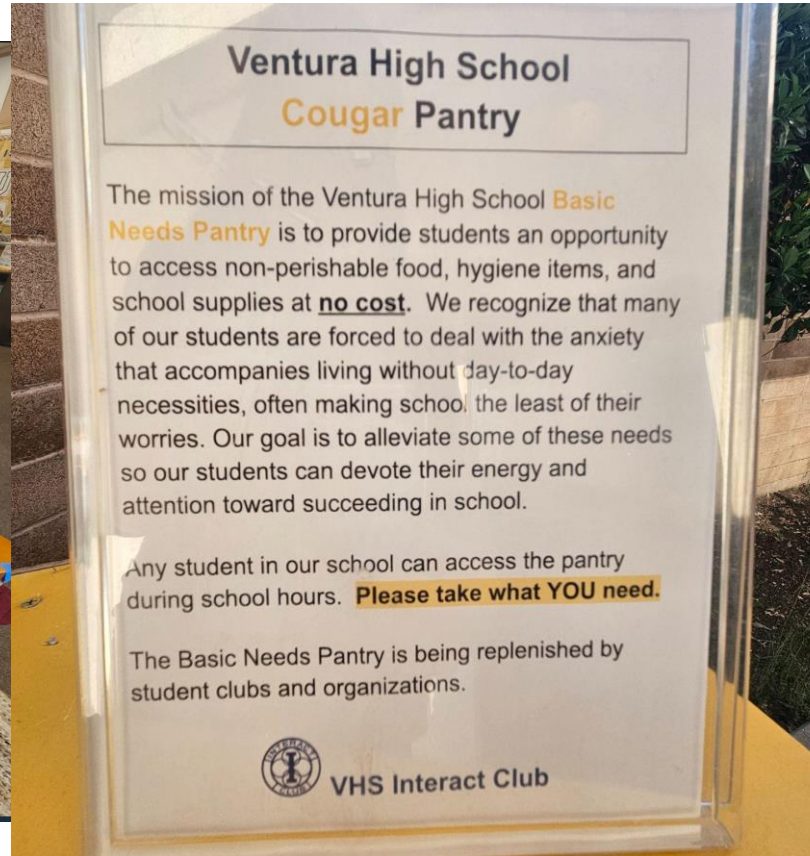
Develop and participate in Wellness Center workshops

Refer students to the center for additional support



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Student & Family Engagement - Centers



Ventura County Office of Education

Wellness Centers K-12

"I've learned it's normal to have lows. That feeling won't last forever."

"If it wasn't for the Wellness Center I wouldn't be graduating."

"A foster student who often skips classes because they dislike school met with a Wellness Counselor to learn about the benefits of the wellness room. The student typically shies away from conversations with admin/counselors. After a couple of visits, the student began engaging with mindfulness and other activities. The student is now making progress in class attendance, showed a decrease in oppositional behaviors, and shares that they enjoy accessing the Wellness Center to keep calm throughout the school day."

"There has been a shift in school culture across our middle schools in recognition of the importance of social emotional support. The schools have implanted school-wide social emotional learning and have been increasingly identifying and referring students for wellness support."

"I feel that school is now a safe space because of the Wellness Center."

"The Wellness Center saved my life."



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WELLNESS SYSTEM

Model 2: Hueneme Elementary School District Wellness Center/Community Pathway Pilot



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Hueneme Elementary School District Wellness Center/Community Pathway Pilot

Healthy Start Program Model

- Existing partnership between HESD and CFS
- Child welfare social workers stationed at middle schools
- Provides prevention/early intervention supports & services to at risk students and their families

Pilot Leverages Healthy Start Model

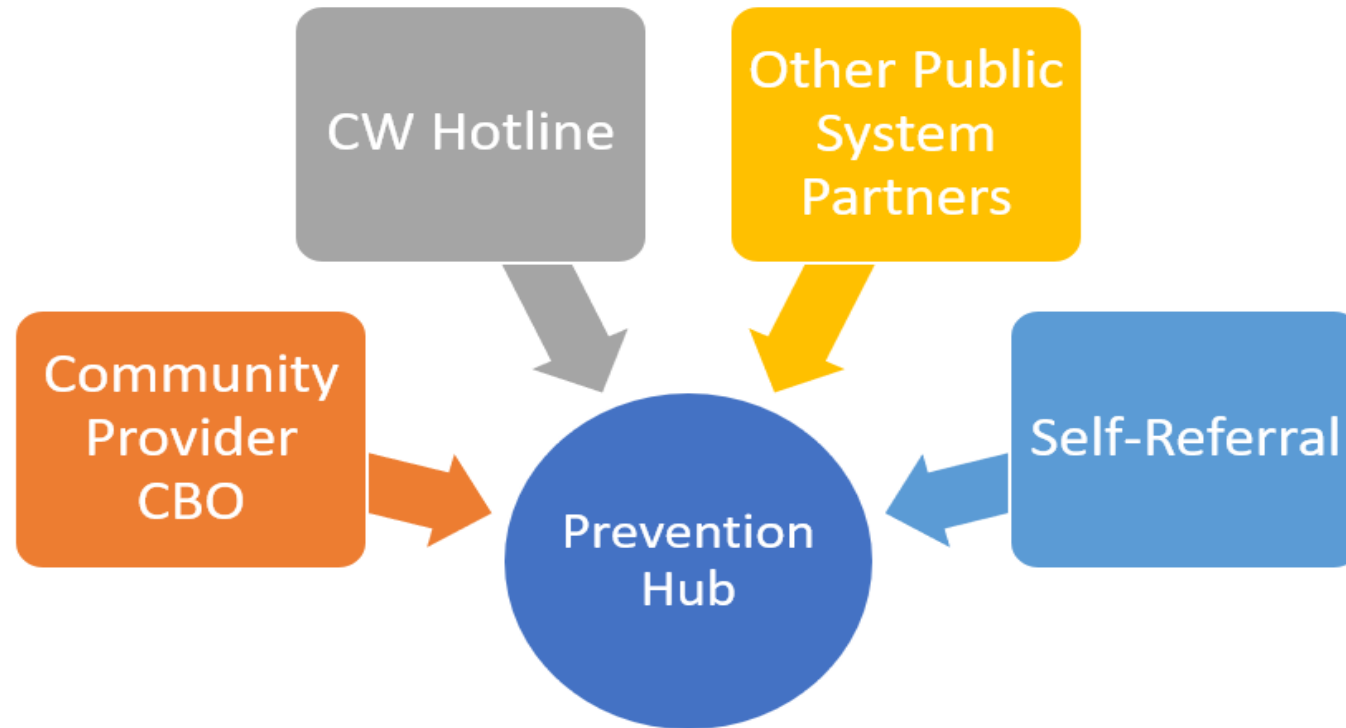
- Staff hired by the school district
- Participation in CFS new social worker training
- Liaison with other Healthy Start social workers, and with child abuse hotline with development of community supporting model



Community Pathway

Ventura County Community Pathway

Every Right Door Points of Entry



Builds on Existing Infrastructure



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WELLNESS SYSTEM

Hueneme Elementary School District Wellness Center/Community Pathway Pilot

Community Pathway Pilot Site

- Opportunity to coordinate & streamline services/supports to families across community partners
- Promote integration and braiding of funding and resources to address service gaps and build provider capacity
 - E.g., CalAIM service categories and provider types
- Avenue that families can use to access title IV-E funded prevention services outside the formal child welfare system
- Coordination and linkage with other primary and secondary supports
- Likely early/initial site for guaranteed income pilot referrals



Ventura County Community Information Exchange (VCCIE):

- Create a multidisciplinary network of partners who share data, resources, and use a common technology platform to advance cross-system care planning and delivery at the community level.
- A collaborative approach that involves health and social service providers, to support individuals and families in navigating the Ventura County social service delivery system
- Shared language, common outcome measures, evaluation and data analysis, VCCIE can identify resources and funding opportunities



Hueneme Elementary School District Wellness Center/Community Pathway Pilot

<h2>Governance</h2> <ul style="list-style-type: none">▪ SBHIP MOU/Agreement▪ CFS/HESD Contract▪ PHI Participation Agreement/Contract	<h2>Funding/Finance</h2> <ul style="list-style-type: none">▪ SBHIP▪ CFS Block Grant▪ PH funding for CIE – COVID Relief Grant/ARPA
<h2>Data</h2> <p>Children with at least one allegation of maltreatment during FY 21/22 (CCWIP)</p> <ul style="list-style-type: none">▪ Ages 0-5 – 28.3%▪ Ages 5-10 – 28.6%▪ Ages 11-15 – 31.6%▪ Ages 16-17 – 11.5%	<h2>Parent & Community Engagement</h2> <ul style="list-style-type: none">▪ Leveraging a known and trusted location within community where families can get linked to services▪ Aligns with parent-voice focus group input▪ Co-designing with parent voice



Model 3: Neighborhoods for Learning (NfL) & Wellness



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WELLNESS SYSTEM

NfLs Incorporate National FRC Standards

Family Centeredness

Family Strengthening

Diversity, Equity and Inclusion

Community Stengthening

Evaluation



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WELLNESS SYSTEM

Model 4: BHCIP funded Youth and Family Center

PROGRAM GOAL 1

Wellness-focused safe that promote resilience, pro-social behaviors; avert development of mental and behavioral health disorders; and prevent them from becoming severe and disabling.

PROGRAM GOAL 2:

Reduce risk factors and increase access to culturally competent, developmentally appropriate mental health wellness services by offering screening, early intervention, and address mental health needs of children and youth up to age 25.



PROGRAM GOAL 3:

Build partnerships and cross-system collaborations to promote youth and family well-being and increase and improve access to sustainable culturally competent and developmentally appropriate community-based mental health and wellness focused supportive services.

The accomplishment of these programmatic goals will not only support the VCBH's strategic direction but will have direct and lasting positive outcomes on the youth and families who access the Youth Wellness Center's services.



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Wellness System Next Steps

Thanks for joining us!

WHAT'S NEXT?

- Survey and certificate in the chat now
- Follow-up email with resources within two days
- Watch your inbox for the next issue of *CalTrin Connect*



STAY CONNECTED FOR MORE FREE TRAINING & RESOURCES!



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