

Trauma-Informed Leadership Self-Assessment

Instructions: Please take a moment to reflect and respond to the following statements. In the "Comments" section for each question, provide some reasons for your responses and examples as helpful. This is for your reflection only. Your responses will not be shared.

1. Team members feel comfortable communicating with each other and/or their leader when concerns arise.

- Never
- Rarely
- Sometimes
- Often
- Always

Comments.

2. When mistakes happen, they are viewed as learning opportunities.

- Never
- Rarely
- Sometimes
- Often
- Always

Comments.

3. Everyone in the group takes responsibility for what they do.

- Never
- Rarely
- Sometimes
- Often
- Always

Comments.

4. The workplace is conducive to humor and laughter.

- Never
- Rarely
- Sometimes
- Often
- Always

Comments.

5. Team members feel comfortable both setting and respecting each other's boundaries.

- Never
- Rarely
- Sometimes
- Often
- Always

Comments.

6. Team members do what they say they're going to do.

- Never
- Rarely
- Sometimes
- Often
- Always

Comments.

7. Team members engage in difficult conversations as needed.

- Never
- Rarely
- Sometimes
- Often
- Always

Comments.

8. There is a culture of non-judgment and support.

- Never
- Rarely
- Sometimes
- Often
- Always

Comments.