

Sample Questions:

To Help Families Identify Natural Supports

- Who do you trust? Who does your child trust? Tell me about them.
- Do you have neighbors, friends, or family members who are aware of your situation and can help you? Tell me about them.
- Are there any activities in the community for your child? What about you? Tell me about them.
- Are you involved in any spiritual or religious activities? What kind and how often? Tell me more about that.
- Who is your emergency contact? Tell me about them.
- If your car breaks down, who will you call? Tell me about them.
- Who helps you now? Who helped you in the past? Tell me about those people.
- Who helps with your kids? Tell me about them.
- Who do you call when you need to vent or are sad about something? Tell me about them.
- Who do you have fun with? Tell me about them.
- Who are the last five people you called or texted? Tell me about them.