

# RESIDENT LEADERSHIP ACADEMY

The MCI Resident Leadership Academy is a learning series co-created by residents and organizations to provide residents the skills and confidence to grow as leaders within their families and in the community at large. Residents are also the facilitators of the sessions. The ultimate goal is to have these residents move into positions of influence with decision-making power in order to create change in the community.

The idea for this academy was born from wanting to mirror a professional fellowship with a focus on community members as the participants.



**2019** A group of community members with support from MCI begin planning out what the academy content should focus on. During this time that the creation of a curriculum began to take shape. The voice of the residents guides this process to ensure it is relevant to their needs.

**2020** The onset of the COVID-19 pandemic halts the curriculum writing process due to restrictions and resident's capacity for the time commitment needed to continue writing process.

**2021** Residents pick up where they left off writing, testing and refining each session of the curriculum. During this phase, residents who are part of the writing process are also honing in their facilitation skills. They complete the curriculum by July 2021.



**2022**

MCI Networks' counterpart team, Network Anaheim (Orange County, CA), completed a successful pilot run of this curriculum in June 2022. The curriculum was adapted for the needs of that specific community.

**2022**

MCI Network begins plans for a cohort launch in the catchment area bringing this project full circle to where it began.

**2023**

1st Resident Leadership Academy cohort is set to kick off in the Spring. The learning series is set to consist of 16 sessions including a culmination ceremony. Each session will be facilitated by residents with support from MCI staff.



## SESSION TOPICS INCLUDE:

- Creating community change
- Built environment
- Social justice & social conditions
- Personal health & social determinants of health
- Protective factors
- Collecting, analyzing, sharing, and using data
- Leadership styles