

Welcome to

**Poverty Awareness
Experiential Workshop**

THE TRAINING WILL BEGIN SHORTLY
While you're waiting...

**CONNECT
WITH US!**

 *Icebreaker Question* (answer in the chat)
Today is International Fragrance Day! What is your favorite smell?

 *Survey & Certificate of Completion*
Available following the training.

 caltrin.org  twitter.com/cal_trin

 facebook.com/caltrin  linkedin.com/company/caltrin



Before We Begin...

DURING



This presentation is NOT being recorded.

DURING



Review interactive features for today's session. Locate the controls on the toolbar at the bottom of your screen.


AFTER



Complete the survey at the end of this webinar to receive your Certificate of Attendance.



A follow-up email will be sent to all participants within two days.




Hi, We're CalTrin!

Who we are

- The California Training Institute
- Funded by the State of California, Dept. of Social Services, Office of Child Abuse Prevention (OCAP) to provide training to FRCs and CAPCs
- We support child abuse prevention in California through professional development and extended learning.

What we offer

- Live webinars & small group training
- Virtual, self-paced courses
- Job aids & other resources



This training was made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention. Any opinions, findings, conclusions, and/or recommendations expressed are those of the CEBC /CalTrin and do not necessarily reflect the views of the California Department of Social Services.

UPCOMING TRAININGS

mark your calendars!

Visit caltrin.org to view and register for upcoming webinars or workshops, including:



03/22: Functional Family Therapy:
An Overview for Stakeholders and Providers



03/28 : Knowledge of Parenting & Child Dev
Protective Factor of the Month Workshop



03/30: Trauma, Parenting, & Challenging
Behaviors (School-Age)



04/05: Primary Prevention System Implementation:
Child, Family, and Community Well-Being Learning Series



04/07: Science of Social Support

04/08: Utilizing the Protective Factors Survey (PFS) with
Families



Poverty Awareness Experiential Workshop

CalTrin & Strategies TA





Speakers SPOTLIGHT



JESSICA MATTLY, MBA
Training Facilitator and
Coordinator
CalTrin

- Training Facilitation & Leadership Development
- Gallup-Certified Coach
- Certified Trainer for Protective Factors
- Areas of expertise: leadership development, human resources, building and strengthening teams, community development, curriculum development



TROY NICHOLS
Senior Training and
Consulting Specialist
Strategies TA

- Consultant, Coach, and Trainer
- Areas of expertise: community impact, working with underserved populations, and strengthening families
- Field experience: foster care, adoption, independent living, mentoring, training and policy creation/implementation

RGHSD is not responsible for the creation of content and any views expressed in its materials and programming.



Speakers SPOTLIGHT



Panel of Lived Experts

RCHSD is not responsible for the creation of content and any views expressed in its materials and programing.

Quick Breakout

- Introduce yourself
- Why did you choose to attend today?
- What are you interested to know/learn?





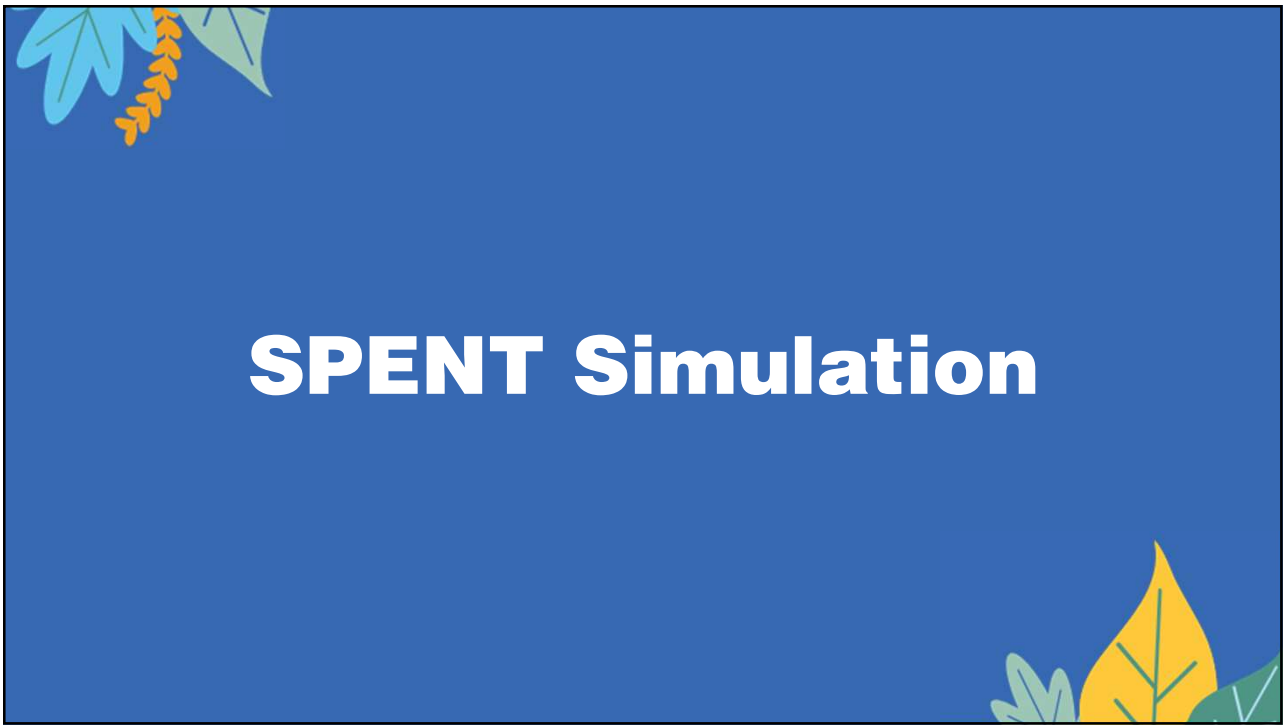
Ground Rules & Best Outcomes

- **Potential triggers for participants**
- **Best outcomes**
 - ✗ I spent time playing a game
 - ✓ I had a perspective shift and came away with some concrete strategies
- **Basic assumptions about poverty**
 - Strengths-Based model
 - Acknowledge your bias
 - Turning judgement to wonder




Agenda








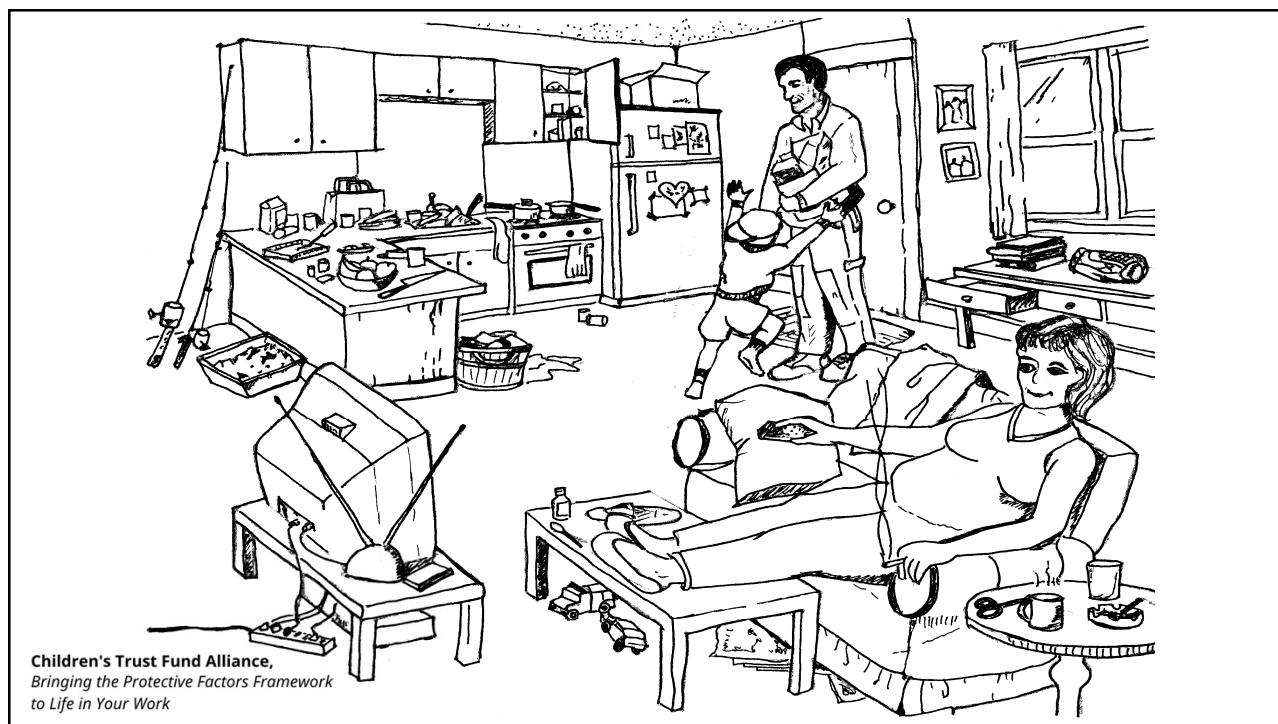


STRENGTHS-BASED APPROACH

What's wrong?

What's strong?





Multiple Material & Economic Hardships Overload Families and Increase Risk for Child Welfare Involvement



Adapted from: (Conrad-Hiebner, 2020) (Slack, 2011) (Sweetland, 2021)

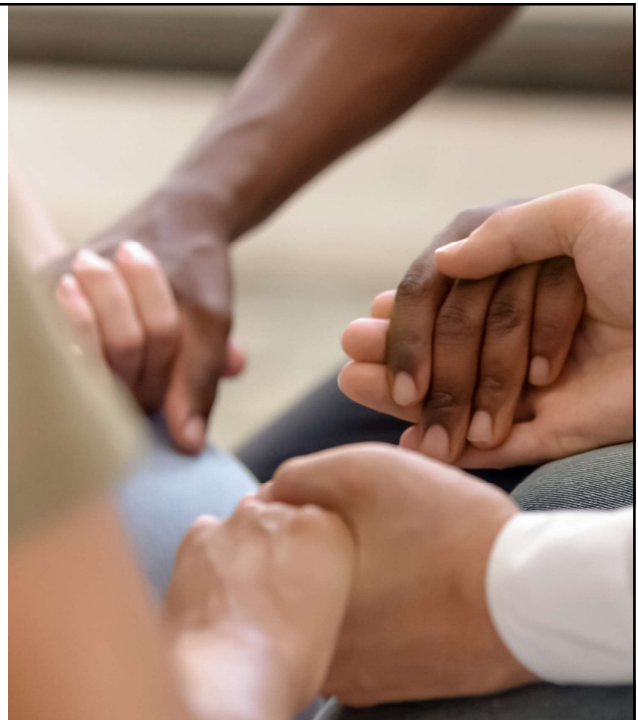
Visual created by
Chapin Hall at the University of Chicago



CONCRETE SUPPORT IN TIMES OF NEED

Access to supports and services that **reduce stress** and help to make families **stronger**.

Children's Trust Fund Alliance,
*Bringing the Protective Factors Framework
to Life in Your Work*





CONCRETE SUPPORT IN TIMES OF NEED

- All parents need help sometimes — day-to-day care of children, figuring out how to soothe a colicky baby, getting to the emergency room.
- When parents are faced with overwhelmingly stressful conditions, they need to seek help, but for some parents asking for help is not an easy thing to do.
- A strengths-based approach helps parents feel valued because they are acknowledged as knowledgeable and competent.

Children's Trust Fund Alliance,
*Bringing the Protective Factors Framework
to Life in Your Work*





CONCRETE SUPPORT IN TIMES OF NEED: WHAT IS YOUR ROLE?

As a professional working with families, your role is not just to provide referrals to needed services, but to identify any barriers the families may have in accessing those services. Helping families overcome those barriers is crucial to ensuring that their concrete needs are met.

[Source: CSSP Protective Factors Action Sheet]



CONCRETE SUPPORT IN TIMES OF NEED: STRATEGIES



 **Center for the
Study of Social Policy**
Ideas into Action

**Link families to services
and opportunities**

**Observe and respond to
early warning signs of
child abuse or neglect**



SOCIAL CONNECTION

The ability and opportunity to develop **positive** relationships that lessen **stress** and **isolation** and help to build a supportive network.

Children's Trust Fund Alliance,
*Bringing the Protective Factors Framework
to Life in Your Work*





SOCIAL CONNECTION

- Parents need people who care about them and their children, who can be good listeners, who they can turn to for well-informed advice, and who they can call on for help in solving problems.
- Availability and quality of social connections are important considerations in the lives of parents.
- Constructive and supportive social connections help buffer parents from stressors and support nurturing parenting behaviors that promote secure attachments in young children.

Children's Trust Fund Alliance,
*Bringing the Protective Factors Framework
to Life in Your Work*





SOCIAL CONNECTION: WHAT IS YOUR ROLE?

You can help parents to think critically about their social network and how they could utilize it more effectively, as well as the skills and tools they need to expand it.

[Source: CSSP Protective Factors Action Sheet]



SOCIAL CONNECTION: STRATEGIES



**Facilitate friendships
and mutual support**

TOOLS AND RESOURCES

strengthening families

SOCIAL CONNECTIONS: ACTION SHEET

Your role as a case manager

As the family case manager you may be able to help families by using effective strategies that may assist you in:

- Model good relational behavior
- When engaging the family, contribute positively
- Encourage the family to contribute positively
- If there are specific social connections such as:

Questions to ask

- Do you have friends or family members that help you out once in a while?
- Are you a member of any groups or organizations?
- Who do you call for advice or help to? How often do you see them?
- What kind of social support do you need?
- Do you find it easy or challenging to make friends? If it is challenging, what specific things represent a barrier for you?
- What have you lost connections?

What to look for

- Does the parent have supportive relationships with one or more people (friends, family, neighbors, community, faith-based organizations, etc.)?
- Can the parent turn to their social network for help in times of need (for instance, when they need help with transportation, childcare or other resources)?
- In the parent setting and able to accept assistance from others?
- Does the parent have positive relationships with other parents of same-age kids?
- Does the parent have skills for establishing and maintaining social relationships?
- Does the parent provide reciprocal social support to peers?

Activities to do with

- Work with the parent to develop an EcoMap showing the people and institutions that are sources of support and/or stress in his or her life.
- Role play with the parent to help them practice skills in approaching another parent to develop a friendship. Have the parent choose a realistic scenario such as starting a conversation at a school event, on the playground or at a place of worship.

strengthening families

SOCIAL CONNECTIONS: ACTION SHEET

Your role

You can help parents to think critically about their social network and how they could utilize it more effectively, as well as the skills and tools they need to expand it. The following strategies may assist you in engaging families in developing social connections:

- Model good relational behavior and use your interactions with families as an opportunity to help parents develop stronger relational skills.
- When engaging the family's broader network in learning or other supports, be sensitive to the quality of existing relationships and help the family identify supports in their network who can contribute positively.
- Invite parents to events where they can get to know each other - with or without their kids - and reach out especially to those parents that may be socially isolated.
- If there are specific issues that serve as barriers to the family in developing healthy social connections such as anxiety or depression, encourage the family to address them.

Questions to ask

- Do you have friends or family members that help you out once in a while?
- Are you a member of any groups or organizations?
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Activities to do with parents

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Social Connections

The Value of Social Connections

Facilitate friendships and mutual support - Help parents connect with each other and develop social networks.

Social connectors help families stay strong, get through the hard times and enjoy family life. Families can have many different types of social connections that provide different types of support. No matter the type of connection, it should be positive - someone that is there for you, treats you well and helps you be the best person you can be!

Everyday Actions that Help Build Social Connections

Concrete Examples of Everyday Action

English & Spanish

need2know

CHILDREN'S ALLIANCE

For more parent-to-parent tools visit

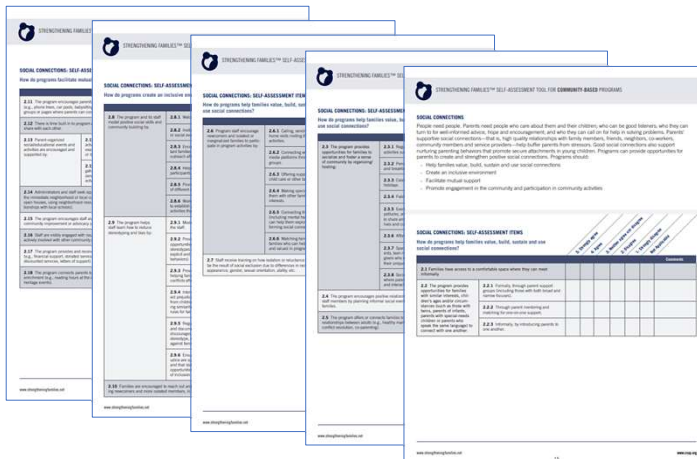
parent2parent.org

CHILDREN'S ALLIANCE

National Parent-to-Parent Helpline (NPPPH)

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SELF-ASSESSMENTS



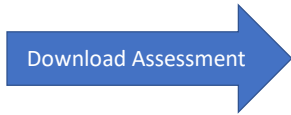
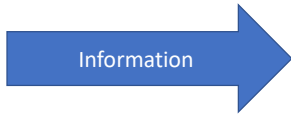
Assessments for:

- Center-Based Early Care & Education Programs
- Family Child Care Providers
- Home Visiting Programs
- Community-Based Programs



Self-Assessments for Programs

The program self-assessment is a key implementation tool for Strengthening Families. It helps programs compare their practices with what was learned from the original national study of exemplary practice. It uses concrete, observable items to show how the Strengthening Families protective factors can be supported through "small but significant changes" in program practice. Over time it has been revised using what has been learned from Strengthening Families implementation across the country and in different kinds of programs.



About the Self-Assessments

- [About the Strengthening Families Self-Assessments for Child- and Family-Serving Programs](#) (Handout)
- [About the Strengthening Families Self-Assessments for Child- and Family-Serving Programs](#) (PowerPoint)
- [The Revised Strengthening Families Self-Assessments: What's Different?](#) (PowerPoint, 2014)

Download the Self-Assessments

- [Strengthening Families Self-Assessment for Center-Based Early Care and Education Programs](#)
- [Strengthening Families Self-Assessment for Family Child Care Providers](#)
- [Strengthening Families Self-Assessment for Home Visiting Programs](#)
- [Strengthening Families Self-Assessment for Community-Based Programs](#)

Develop an Action Plan for Program Improvement

- Strengthening Families Action Plan for Program Improvement ([Word](#) or [PDF](#))

CONCRETE SUPPORTS: SELF-ASSESSMENT ITEMS

How do programs respond immediately when families are in crisis?

5: Strongly agree
 4: Agree
 3: Neither agree nor disagree
 2: Disagree
 1: Strongly disagree
 Not Applicable

									Comments
4.1 Parents are encouraged to turn to staff in the event of a crisis through:	4.1.1 The fact that staff listen, show concern and share their own personal challenges as appropriate in informal conversations and regular interactions.								
	4.1.2 Materials regularly provided to participating families.								
	4.1.3 Information on which staff members can help families with particular issues.								

CONCRETE SUPPORTS: SELF-ASSESSMENT ITEMS

How do programs respond immediately when families are in crisis?

5: Strongly agree
 4: Agree
 3: Neither agree nor disagree
 2: Disagree
 1: Strongly disagree
 Not Applicable

							Comments
4.2 Staff proactively respond to signs of parent or family distress by:	4.2.1 Expressing concern and offering help in line with the program's philosophy and resources.						
	4.2.2 Offering to connect families to resources, including help lines, community resources or public agencies.						
	4.2.3 Making space available for staff to meet with parents privately.						
	4.2.4 Ensuring that parents can talk with staff members with whom they are the most comfortable.						
	4.2.5 Being sensitive and responsive to the impact of family stress on children.						
	4.2.6 Keeping family issues confidential unless given explicit permission to share information (except when potential abuse or neglect is at issue and a report is made).						



CalTrin Blog: A Poverty-Informed Approach to Leadership for Change

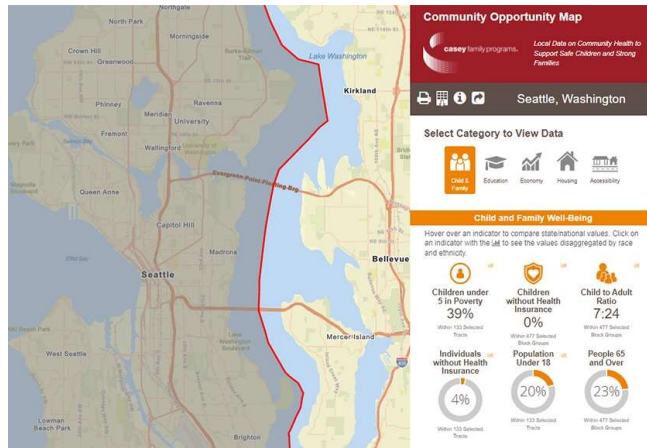
Leading an organization that is responsive and successful in addressing poverty barriers requires a well-considered process and vision.

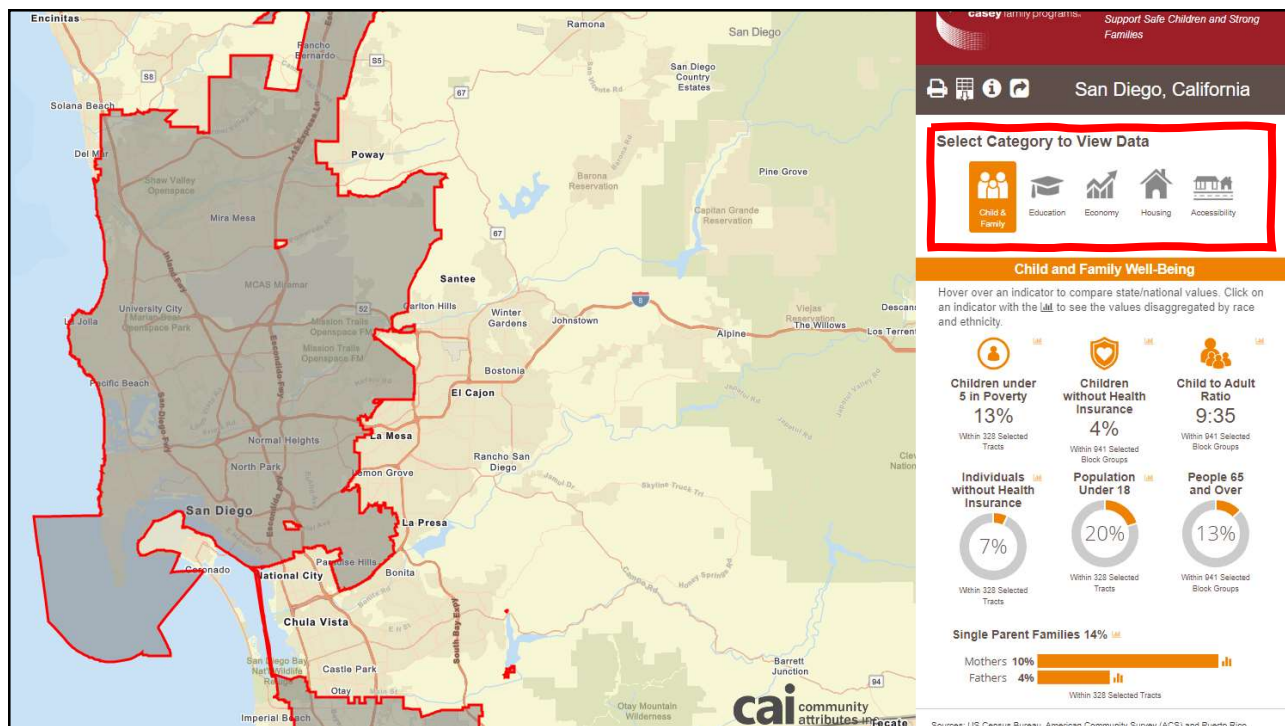
- Community Opportunity Map by The Casey Family programs
- Mind in the Making: Behavioral Economics at Work (Video)
- Policy Research & Policy Podcast on Social Poverty (Audio)
- Poor Kids: What Poverty Means to Children in America (Video)
- Stanford Center on Poverty & Inequality: America's Poverty Course (Free nine-week long course)



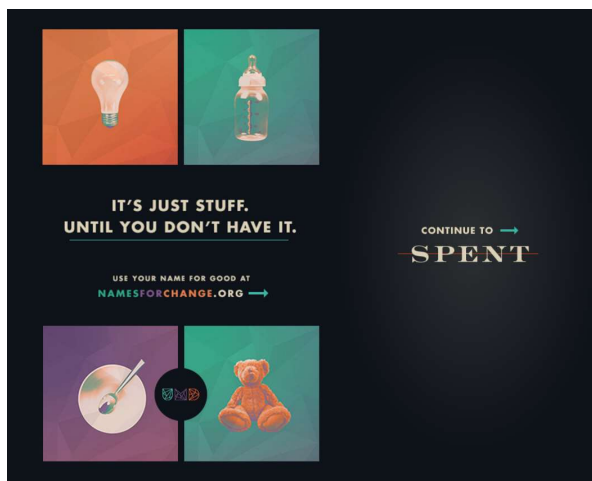
The Community Opportunity Map

- Search and select on the top right-hand corner
- Type in your city or zip code





Take SPENT Back To Your Team



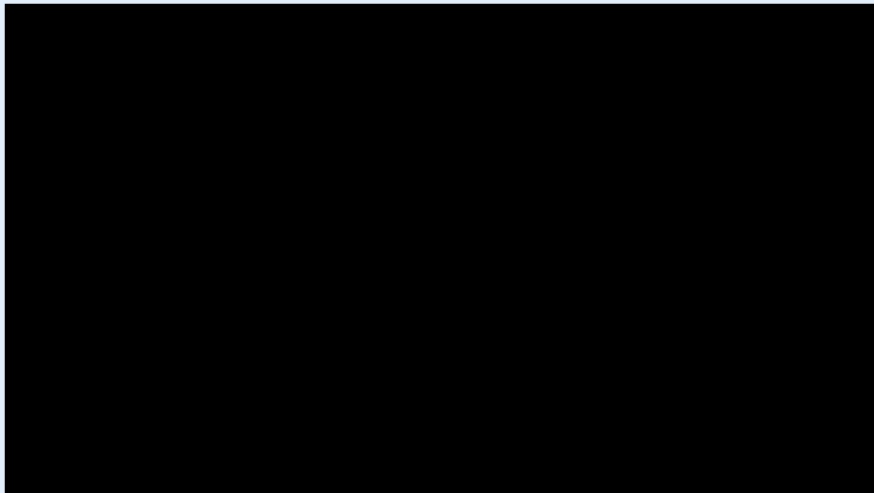
Discussion Questions:

- Which of the decisions were really hard for you?
- Did they surprise you?
- Did anything bother or frustrate you? Why?
- What would you like to learn more about based on your SPENT experience?

Include Lived Expertise



Brené Brown
“Are You Comfortable Asking for Help?”





Thanks for joining us!

WHAT'S NEXT?

- Survey and certificate in the chat now
- Follow-up email with resources within two days
- Watch your inbox for the next issue of CalTrin Connect



STAY CONNECTED FOR MORE FREE TRAINING & RESOURCES!

