

Personal Values Worksheet

Instructions: Think about two of your personal values and write or type one in each of the center boxes. In the four boxes surrounding the center box, write or type the ways your family, friends, co-workers, or community see you execute that value.

A worksheet template for the first value. It features a large rounded rectangle divided into four quadrants by a vertical and a horizontal line. In the center, there is a smaller, rounded square with a light orange gradient and a horizontal line for writing a value.

A second identical worksheet template for the second value, positioned below the first one.