

Welcome! **THE TRAINING WILL BEGIN SHORTLY**
While you're waiting...

Icebreaker Question
 What is your biggest prevention "opportunity" right now?
Please tell us in the Chat.

Recording & Resources
 Sent to your registration email within the next 2 days.

Survey & Certificate of Completion
 Available following the training.

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Housekeeping

Recording
 This presentation is being recorded.

Controls
 Locate the controls on the toolbar at the bottom of your screen.

Slides
 The presentation slides are available now in the Chat!

Chat
 When using the chat, please reply to all attendees (when appropriate and within comfort level).

Survey
 Complete the survey at the end of this webinar to receive your Certificate of Attendance.

Email
 A follow-up email will be sent to all participants within 2 days.

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Hi, We're CalTrin!

Who we are

- The California Training Institute
- Funded by the State of California, Dept. of Social Services, Office of Child Abuse Prevention (OCAP) to provide training to FRCs and CAPCs
- We support child abuse prevention in California through professional development and extended learning.

What we offer

- Live webinars & small group training
- Virtual, self-paced courses
- Job aids & other resources

This training was made possible with funding from the California Department of Social Services, Office of Child Abuse Prevention. Any opinions, findings, conclusions, and/or recommendations expressed are those of the OCAP-CALTRIN and do not necessarily reflect the views of the California Department of Social Services.

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UPCOMING TRAININGS

mark your calendars!

Visit caltrin.org to view and register for upcoming Protective Factor of the Month webinars or workshops

- SEPT 1:** Trauma Informed Leadership
- SEPT 6:** Addressing Problematic Sexual Behaviors in Children & Adolescents
- SEPT Protective Factor:** Knowledge of Parenting & Child Dev 09/13 Webinar - or - 09/27 Workshop
- SEPT 15:** Leading Through Change
- SEPT 18:** Intro to Motivational Interviewing
- SEPT 21:** Ensuring Quality & Fidelity to Achieve Outcomes (Comprehensive Prevention Planning)

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A Prevention Planning Journey: Lessons Learned from San Diego

Aimee Zeitz, MFT



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Speaker SPOTLIGHT



Aimee Zeitz, MFT
YMCA San Diego Director of Strategic Advancement & Partners in Prevention Project Director

- Supports programs across YMCA SD to provide comprehensive, family-centered services
- Building out the YMCA Community Connection Hub model
- Oversees early childhood and mental health programs
- Provides leadership for for local collaborative efforts to increase child and family wellbeing through Partners in Prevention

RCHSD is not responsible for the creation of content and any views expressed in its materials and programming.

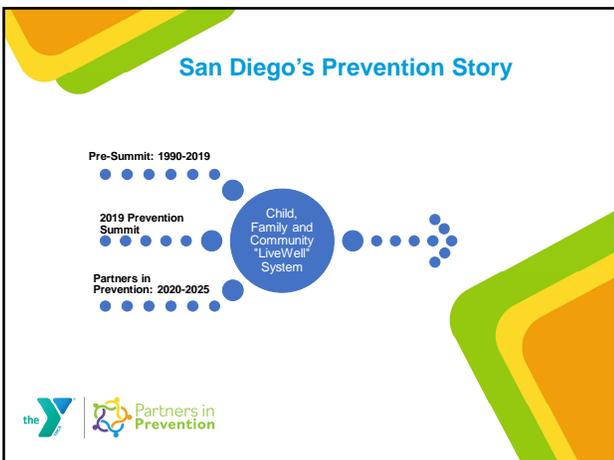
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Context for Prevention Planning

Child Welfare Services	<ul style="list-style-type: none">Prevention FrameworkChild and Family Strengthening Advisory Board
Early Care and Education	<ul style="list-style-type: none">First 5 + Healthy Development NetworkQuality Improvement activitiesEarly Childhood Mental Health
Community Information Exchange	<ul style="list-style-type: none">Integrated platform for shared client records and coordinated health and social services



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Context for Prevention Planning—Recent developments

Integrated Leadership Team	<ul style="list-style-type: none">Prevention and Complex Care Goals both part of Wellness SystemChild and Family Strengthening Advisory Board's CFS goals completed, pivot towards prevention
FFPSA	<ul style="list-style-type: none">ICF supported Community PathwayEngagement of CBO partnersFiscal system design underway
Community Prevention Hub	<ul style="list-style-type: none">Community Response Guide (Evident Change)Integration of CIEOur Tomorrows lifts authentic voice



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Collective Impact Framing



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Initial Activities

- Partner engagement: who do we need at this “table,” who is already doing work in these areas?
- Co-creation of project vision, prevention definition, shared values and principles, roles and responsibilities
- Consensus on theory of change, strategies, activities, priorities




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PROJECT VISION

To cultivate a connected community that nurtures caring, strong, safe and healthy families



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Shared Values



EQUITY: we will acknowledge, address and actively challenge historical and systemic inequities that disproportionately impact children and families of color and those living in poverty.



IMPACT: we will catalyze culturally appropriate, strengths-based, evidence-informed and outcomes-driven efforts to increase child and family well-being.



INCLUSION: we will seek out diverse voices and honor perspectives of those with lived experiences to inform our work and influence system change to better support all families to thrive.



PARTNERSHIP & COLLABORATION: we will actively build trusting, authentic, and productive relationships to improve outcomes for children and families.



ACCOUNTABILITY: our work will align, leverage and expand partnerships to achieve shared goals for children and families in San Diego.




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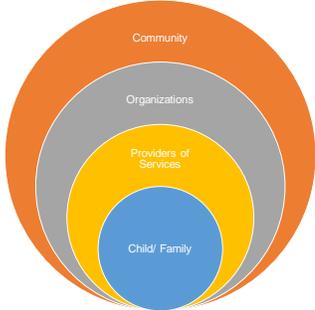
Shared Prevention Definition

Families thrive in a *connected community* that enhances and restores nurturing and responsive relationships and environments. It involves aligning impact on multiple levels so that all *children* are safe and cherished, all *families* are nurtured to build up protective factors, and *systems/structures* create equitable pathways to wellness. For Partners in Prevention, the focus is on primary prevention. Our shared approach will reflect the innovation required to meet the evolving priorities and needs of children, families and communities.



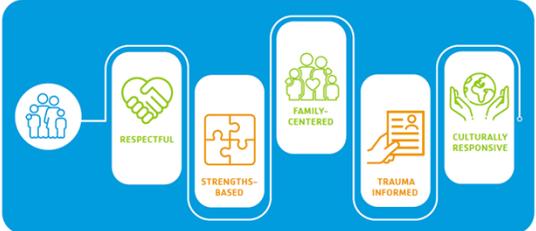
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Context of Prevention: Our Scope of Influence



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Grounding Principles



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Theory of Change

To increase protective factors, we will:

- More consistently assess family strengths and needs
- Link families to supports when, where and how they want them
- Improve coordination between services, programs, agencies
- Build adult and agency capacity to increase family wellbeing

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Increasing Protective Factors

- Parental Resilience
- Social Connections
- Knowledge of Child Development
- Social and Emotional Competence
- Concrete support in times of need

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Project Infrastructure

Local Project Team

- YMCA (lead)
- SPI (consultant)
- H+C (evaluator)
- CWS

Federal Project Team

- Project Officer
- Evaluation TA
- Implementation TA
- Cohort of 12 other communities to learn from

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Community Information Exchange






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What is CIE?

A CIE is an ecosystem of multidisciplinary network partners that use a shared language, a resource database, and an integrated technology platform to deliver enhanced community care planning. Care planning tools enable partners to integrate data from multiple sources and make bi-directional referrals to create a shared longitudinal record.

By focusing on these core components, a CIE enables communities to shift away from a reactive approach to providing care toward proactive, holistic, person-centered care.



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211/CIE San Diego



211 San Diego

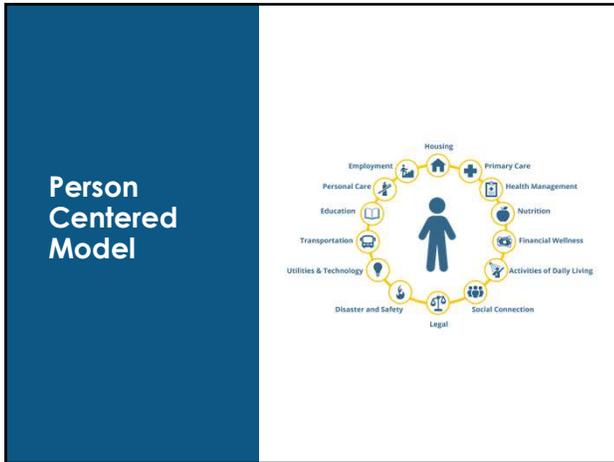
- Free, 24/7 service, 3-digit dialing code
- Access to community health, social and disaster services
- Tailored programs take the client beyond just a referral—movement towards navigation



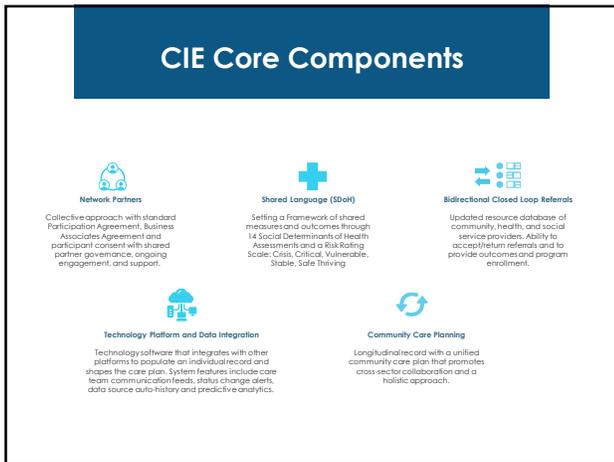
Community Information Exchange

- An ecosystem of partners that fosters collaboration across multi-disciplinary networks
- Connections to 100+ organizations through direct system access or data integration between systems
- Improved health and wellness for individuals and populations.

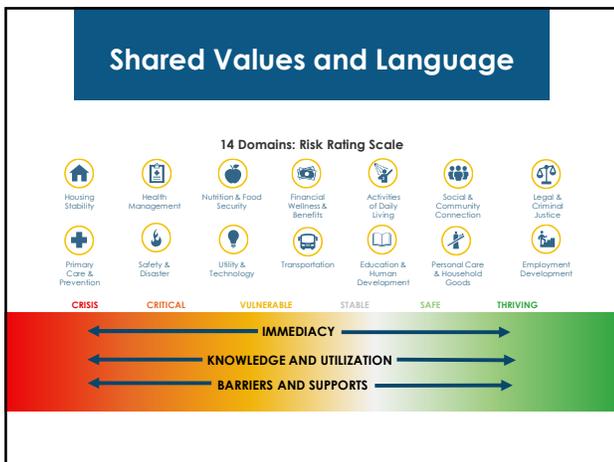
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Resource Development, Distribution & Referral

Hub for social and health sites and providers

- Shared taxonomy language for referrals
- Dedicated resource staff
- Regular updates made to resources
- Standards to listings and requirements
- Inclusion/Exclusion Criteria
- Linked to health conditions
- Tracks resource availability and unmet needs

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Bi-directional Closed Loop Referrals

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Pause & Reflect

- What questions or curiosities do you have?

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2022 Priorities

Increase and improve cross-sector partner engagement and coordination

Access and utilization of services

Capacity building for service delivery best practices and CIE

Equity, inclusion, lived experience

Early Childhood Mental Health Consultation

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2022 Key Activities

<p>Increase and improve cross-sector partner engagement and coordination</p> <ul style="list-style-type: none"> • Convene and facilitate partners • Align, leverage and connect with other efforts/initiatives • Conduct partner assessments (annually + years 1, 3 and 5) 	<p>Improve access and utilization of services</p> <ul style="list-style-type: none"> • Readiness assessment • FFPS Community pathways (assessment and referral tools and processes, use of CIE, FRC alignment, etc.) • Fostering a culture of support; Community Response Guide 	<p>Increase capacity for service delivery best practices and CIE</p> <ul style="list-style-type: none"> • Offer trainings and TA sessions for integration and implementation of best practice service delivery • Offer TA support for integration of CIE
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2022 Key Activities

<p>Center equity, racial justice, inclusion & belonging</p> <ul style="list-style-type: none"> • Leadership work from the inside out (head, heart, hands) • Strategy development, including compensation model • Ongoing listening, learning and engagement- Our Tomorrows • Compensation and intentional inclusion/ belonging (Community Response Guide) 	<p>Increase capacity for Early Childhood Mental Health Consultation</p> <ul style="list-style-type: none"> • Provide Early Childhood Mental Health Consultation to families/caregivers • Convene partners to expand and sustain ECMHC within existing continuum of services 	<p>Integration, Dissemination, Sustainability</p> <ul style="list-style-type: none"> • Document and share lessons learned • Identify project elements to sunset, transition, maintain
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Success Factors

- Role definition: being able to serve as a neutral and trusted convener with community at the center; steward of the grant
- Matching capacity with expectations/priorities
- Relationship building: the work is the relationship building and nurturing at the individual, agency, sector and system levels
- Acknowledging self and shared interests
- Facilitation for connectedness; linking pieces together and cross-pollination
- Dream big and then build from where there's alignment

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Lessons Learned/Fail Forwards

- More and deeper community engagement earlier. "nothing about us without us"
- An authentic commitment to equity has been an inside out process
- Finding the right balance of inclusion and co-creation
- Go to where the work is happening (it's not just at "our tables")
- Innovation and true transformation take time- be patient
- Meeting immediate/ current needs while addressing upstream prevention
- The "how" matters just as much, if not more than the "what"

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Breakout Questions

1. What's going well and how can you build on existing strengths/ community momentum?
2. What are the gaps/ needs in your community that your prevention plan could possibly address?
3. How do you/ will you center equity, justice and belonging in your prevention work?
4. If you were to "dream big", what would you reimage for your community?

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