



HOPE Community of Practice

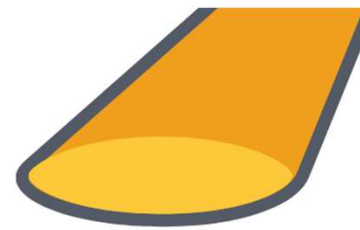
Facilitators: Ariane Porras & Brandi Paniagua

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Speaker SPOTLIGHT



ARIANE PORRAS & BRANDI PANIAGUA

Trainers

Partners in Prevention

YMCA San Diego Childcare Resource Service (CRS)

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HOPE Community of Practice

March 2, 2022



COMMUNITIES OF PRACTICE

What can you expect?

- **Participant led.** These sessions will be facilitated but the focus and direction will be led by what you agree to as a group.
- **Discussion heavy.** The bulk of our time together will be structured around discussion groups so you can share how and what the training concepts will look like in action in your scope of work.
- **Collaborative Practice.** We are engaging in social learning where we can share ideas on how to move concepts into practice. It requires participation and reification (making concepts concrete) in order to make learning meaningful.



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HOPE ReCAP

Healthy Outcomes from Positive Experiences:

- Strengths based framework
- Type 1 & 2 thinking
- ACEs and PCEs
- Four Building Blocks of HOPE:
 - Relationships
 - Environment
 - Engagement
 - Emotional Growth



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HOPE core assumption:

“The positive exists, it is real and worth growing.”



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SMALL GROUP BREAK OUT

What came up for you? Thoughts or ruptures?

What ideas or questions did the HOPE framework spark for you?

Do you have experience integrating strengths based frameworks into your scope of work?

Did you have some awareness around Type 1 and Type 2 thinking prior to this training?



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LARGE GROUP SHARE OUT

Please share two points of reflection from your group discussion:



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SMALL GROUP BREAK OUT

How do PCEs influence the work you might be doing around ACEs?

When you consider the HOPE Building Blocks: Relationships, Environment, Engagement and Emotional Growth;

Which one feels easiest to engage with? Which feels like the hardest or outside your scope of influence?



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LARGE GROUP SHARE OUT

Please share two points of reflection from your group discussion:



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SMALL GROUP BREAK OUT

What strengths are present in your role, team and organization that you can start from and build upon?

What about your organizational culture will support the implementation of this framework? What will make it difficult?

Do you have who you need at your table to enact change?



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LARGE GROUP SHARE OUT

Please share two points of reflection from your group discussion:



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WRAP UP

What was this like for you?

- Make note of the connections you made today both with colleagues and ideas.
- Think of what would be most helpful to share and get feedback on for next time.

Next session we'll be discussing barriers and action steps...



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Thank you

