

Family Resource Center Association

FRCA Family Support Service Delivery Model & Implementation tool.



General Services Path

Individuals receive referrals and brief assistance from the Family Resource Center. Individuals on this path might receive:

- Phone/walk-in information/referrals to another organization
- Non-cash assistance (clothing, food)

<u>Data tracking</u>, FRC staff tally the number of general services and report it on an aggregate level.

Center Services Path

Individuals participate in programs and services at the Family Resource Center. Individuals on this path might:

- Participate in parenting education programs; life skills, job training or education classes; or health insurance enrollment.
- Receive financial emergency assistance such as housing, utility, or medical aid.

<u>Data tracking</u>, Required demographic and screening questions, program attendance, referrals, and other services

Family Development (FD) Path

Families actively work with staff at the FRC/agency, setting goals, and using assessments to track family progress towards their goals.

Families receive FD work and coordinated case management and might participate in other General or Center services as well.

<u>Data tracking</u>, Required demographic and screening questions, The Colorado Family Support Assessment 2.0 (CFSA 2.0), referrals, and goal progress.

Strengthen Families

Increase
Family
Economic SelfSufficiency

Improve Family Health



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Part A: CFSA 2.0 Domains

This section consists of 14 domains, which assess family stability and self-reliance, including income, housing, food security, transportation, health coverage, etc.

Part B: Protective Factors Survey

Assesses Five Protective Factors that prevent child abuse and neglect: 1. Parental Resilience 2. Social Connections 3. Concrete Support in Times of Need 4. Knowledge of Parenting and Child Development 5. Social and Emotional Competence of Children (Developed by the FRIENDS National Center.)

Part C: Readiness to Change

Families identify up to three areas where they would like to make a change. Families reveal how ready they are to make those changes.

Colorado Family Support Assessment 2.0 tool (CFSA 2.0) ©

Administration of the CFSA



One-time Agency Licensing Agreement



Standards of Quality for Family Strengthening and Support Programs Training



Administering the CFSA 2.0 using Motivational Interviewing Skills, includes Individual licensing agreement



Published Reliability Study in Research on Social Work Practice shows strong psychometric properties for both consistency and accuracy of administration.

Conducted exploratory and confirmatory analysis, finding the tool measures two primary factors: economic self-sufficiency and health.

Submitted the CFSA 2.0 tool to the California Evidence-Base Clearinghouse.

A study demonstrating evidence of the CFSA 2.0's validity is currently under peer review.

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If you are interested in implementing FRCA's Service Delivery Model or utilizing the CFSA2.0 contact Patty Velasquez, Implementation Director at pvelasquez@cofamilycenters.org

Visit our website to register for one of our monthly Model Inquiry Webinar and/or learn about upcoming trainings. www.cofamilycenters.org